

# **JOINT HEALTH OVERVIEW & SCRUTINY COMMITTEE AGENDA**

**4.00 pm**

**Tuesday  
9 January 2024**

**Havering Town Hall,  
Council Chamber**

**COUNCILLORS:**

**LONDON BOROUGH OF BARKING &  
DAGENHAM**

**Councillor Muhib Chowdhury  
Councillor Donna Lumsden  
Councillor Paul Robinson**

**LONDON BOROUGH OF  
WALTHAM FOREST**

**Councillor Richard Sweden**

**LONDON BOROUGH OF HAVERING**

**Councillor Patricia Brown  
Councillor Christine Smith  
Councillor Julie Wilkes**

**ESSEX COUNTY COUNCIL**

**Councillor Marshall Vance**

**LONDON BOROUGH OF REDBRIDGE**

**Councillor Sunny Brar  
Councillor Beverley Brewer  
Councillor Bert Jones**

**EPPING FOREST DISTRICT COUNCIL**

**(Observer Member)**

**Councillor Kaz Rizvi**

**CO-OPTED MEMBERS:**

**Manisha Modhvia, Healthwatch Barking  
& Dagenham  
Ian Buckmaster, Healthwatch Havering  
Emma Friddin, Healthwatch Redbridge**

**For information about the meeting please contact:  
Luke Phimister  
luke.phimister@oneSource.co.uk 01708 434619**



## **Protocol for members of the public wishing to report on meetings of the London Borough of Havering**

Members of the public are entitled to report on meetings of Council, Committees and Cabinet, except in circumstances where the public have been excluded as permitted by law.

Reporting means:-

- filming, photographing or making an audio recording of the proceedings of the meeting;
- using any other means for enabling persons not present to see or hear proceedings at a meeting as it takes place or later; or
- reporting or providing commentary on proceedings at a meeting, orally or in writing, so that the report or commentary is available as the meeting takes place or later if the person is not present.

Anyone present at a meeting as it takes place is not permitted to carry out an oral commentary or report. This is to prevent the business of the meeting being disrupted.

Anyone attending a meeting is asked to advise Democratic Services staff on 01708 433076 that they wish to report on the meeting and how they wish to do so. This is to enable employees to guide anyone choosing to report on proceedings to an appropriate place from which to be able to report effectively.

Members of the public are asked to remain seated throughout the meeting as standing up and walking around could distract from the business in hand.



Essex County Council



# NOTES ABOUT THE MEETING

## 1. HEALTH AND SAFETY

The Joint Committee is committed to protecting the health and safety of everyone who attends its meetings.

At the beginning of the meeting, there will be an announcement about what you should do if there is an emergency during its course. **For your own safety and that of others at the meeting, please comply with any instructions given to you about evacuation of the building, or any other safety related matters.**

## 2. CONDUCT AT THE MEETING

Although members of the public are welcome to attend meetings of the Joint Committee, they have no right to speak at them. Seating for the public is, however, limited and the Joint Committee cannot guarantee that everyone who wants to be present in the meeting room can be accommodated.

The Chairman of the meeting has discretion, however, to invite members of the public to ask questions or to respond to points raised by Members. Those who wish to do that may find it helpful to advise the Clerk before the meeting so that the Chairman is aware that someone wishes to ask a question.

PLEASE REMEMBER THAT THE CHAIRMAN MAY REQUIRE ANYONE WHO ACTS IN A DISRUPTIVE MANNER TO LEAVE THE MEETING AND THAT THE MEETING MAY BE ADJOURNED IF NECESSARY WHILE THAT IS ARRANGED.

If you need to leave the meeting before its end, please remember that others present have the right to listen to the proceedings without disruption. Please leave quietly and do not engage others in conversation until you have left the meeting room.



## **AGENDA ITEMS**

### **1 CHAIRMAN'S ANNOUNCEMENTS**

The Chairman will announce details of the arrangements in case of fire or other events that might require the meeting room or building's evacuation.

### **2 APOLOGIES FOR ABSENCE AND ANNOUNCEMENT OF SUBSTITUTE MEMBERS (IF ANY) - RECEIVE.**

### **3 DISCLOSURE OF INTERESTS**

Members are invited to disclose any interests in any of the items on the agenda at this point of the meeting. Members may still disclose an interest in an item at any point prior to the consideration of the matter.

### **4 MINUTES OF PREVIOUS MEETING (Pages 7 - 10)**

To approve as a correct record the minutes of the meeting held on 19 October 2023 (attached).

### **5 HEALTH UPDATES (Pages 11 - 32)**

Report and presentation attached.

### **6 JOINT FORWARD PLAN 2024-25 (Pages 33 - 98)**

Report and presentation attached.

### **7 LONDON AMBULANCE SERVICE (Pages 99 - 146)**

Report and presentation attached.

### **8 COLLABORATION UPDATE (Pages 147 - 156)**

Report and presentation attached.

**Anthony Clements**  
**Clerk to the Joint Committee**

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**MINUTES OF A MEETING OF THE  
JOINT HEALTH OVERVIEW & SCRUTINY COMMITTEE  
London Borough of Barking & Dagenham  
19 October 2023 (4.00 - 6.05 pm)**

**Present:**

**COUNCILLORS**

**London Borough of Havering** Patricia Brown and Christine Smith

**London Borough of Redbridge** Bert Jones, Daniel Morgon-Thomas (Substitute for Beverley Brewer)

**London Borough of Waltham Forest** Richard Sweden

**Epping Forest District Councillor** Kaz Rizvi

**7 CHAIRMAN'S ANNOUNCEMENTS**

The Chairman reminded Members of the actions to be taken in case of an emergency.

**8 APOLOGIES FOR ABSENCE AND ANNOUNCEMENT OF SUBSTITUTE MEMBERS (IF ANY) - RECEIVE.**

Apologies were received from Councillors Julie Wilkes (LB Havering), Beverley Brewer (LB Redbridge), and Sunny Brar (LB Redbridge). Apologies were also received from Ian Buckmaster (Healthwatch Havering).

**9 DISCLOSURE OF INTERESTS**

There were no disclosures of interests.

**10 MINUTES OF PREVIOUS MEETING**

The minutes of the previous meeting were agreed as a correct record and signed by the Chairman.

**11 TACKLING CANCER AT BHRUT**

The Committee was presented with a report on Tackling Cancer at Barking, Havering and Redbridge University Hospitals NHS Trust (BHRUT).

It was explained to Members that progress had been made within BHRUT with regards to cancer targets. It was noted that there was a correction in

the report to more than 700 referrals per week. The progress within the Cancer Service was evidenced by the number of patients waiting for urgent, 2 week appointments having been reduced from over 900 to 0 in 3 months. Members also noted the community diagnostics centre in Barking Community Hospital was due to be operational in early 2024.

In response to questions from Members, it was explained that the demographic for bowel cancer screening was being increased from 60-76 years to 50-76 years by 2025.

The Committee did not make any recommendations and noted the report.

## **12 HEALTH UPDATE**

The Committee was presented with a health update from various NHS services.

Officers from NHS North East London explained to members that the Health & Wellbeing hub at St. George's had been finished. The Freedom for Staff to Speak Up (FTSU) campaign was explained to Members in the aftermath of the high profile Lucy Letby criminal case with all Trusts ensuring they would stop up the activity surrounding FTSU. It was explained to Members that the financial position was challenged but the deficit was in-line with other London and National Integrated Care Boards (ICBs).

Following on, officers from BHRUT gave updates on various issues such as type 1 performance of Urgent & Emergency Care which was over the national target by 20%. It was described to Members that the trust was no longer the lowest performer for seriously ill patients. The financial position was then explained to Members, who noted a deficit of £15.9million year to date but cutting the deficit would not affect the quality or safety of the services. It was noted that the recent strikes had cost the trust £5.9million. The Trust was however looking to upskill staff with a new digital system with all improvements moving the Trust from the bottom 20% of performers to the middle 60%.

North East London NHS Foundation Trust (NELFT) presented Members with their updates. It was explained to members that NELFT had been charged with corporate manslaughter and was currently in a legal process but the Trust was keeping any impacts under review. It was then explained to the Committee that the national Right Care Right Person programme was due to go live in the following weeks after the meeting.

The Committee made no recommendations and noted the reports from the various services.

## **13 SYSTEM RECOVERY AND RESILIENCE**

The Committee were presented with a report on system recovery and resilience.

Officers explained that the winter planning process had started in the previous March with a system strategic coordination centre delivered by the ICB in December 2023.

The Committee made no recommendations and noted the report.

**14 DELIVERY PLAN FOR RECOVERING ACCESS TO PRIMARY CARE**

The Committee was presented with a report on the delivery plan for recovering access to primary care.

Members were pleased to note that care patients received a good quality service with an increase in GPs but the experience within primary care settings and the availability of appointments has decreased. Members noted the need to retain and continue to increase the number of GPs.

The Committee made no recommendations and noted the report.

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**Chairman**

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**OUTER NORTH EAST LONDON JOINT HEALTH  
OVERVIEW AND SCRUTINY COMMITTEE, 9  
JANUARY 2024**

<b>Subject Heading:</b>	Health Updates
<b>Report Author:</b>	Anthony Clements, Committee Services Manager, London Borough of Havering
<b>Policy context:</b>	Officers will give details on a variety of health issues impacting on residents of Outer North East London
<b>Financial summary:</b>	No financial implications of the covering report itself.

**SUMMARY**

NHS officers will give details and update on a number of areas of relevance to NHS services in Outer North East London.

**RECOMMENDATIONS**

1. That the Joint Committee scrutinises the information presented and makes any recommendations or takes any other action it considers appropriate.

**REPORT DETAIL**

This item, part of a regular series of health updates to the Joint Committee, will give details on a number of health issues including system resilience over the winter, vaccination issues, celebrating success, ending sexual violence against women and an update on the local NHS financial position.

**IMPLICATIONS AND RISKS**

**Financial implications and risks:** None of this covering report.

**Legal implications and risks:** None of this covering report.

**Human Resources implications and risks:** None of this covering report.

**Equalities implications and risks:** None of this covering report.

**BACKGROUND PAPERS**

None.





**North East London  
Health & Care  
Partnership**



**North East London**

# Health update

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JHOSCs

January 2024

# NHS North East London: Update

## System resilience over winter

- We are bringing key system stakeholders and leaders together, including Place Partnerships and Collaboratives, to build our resilience and plan for periods of increased demand through winter and beyond. We're doing this through a new clinically led System Coordination Centre that involves everyone, including hospitals, GPs, LAS, community care and more, to discuss what we already have in place, how we can learn from each other and where we need to strengthen our collaborative efforts.
- Our '[Finding the Right NHS Help](#)' campaign is running for the next 12 months - helping people to access the right NHS services at the right time all year round, and to build understanding of all the ways primary care is changing and improving. The campaign includes digital advertising targeting 18-40s, parents of under 9s, and people in close proximity to A&E departments; outdoor billboards; advertising in our hospitals and GP practices; social media and press. A campaign toolkit has been shared with 700+ ICS colleagues and is being widely used by all partners.
- For the first time we have worked in partnership with our local authorities and local people to co-produce [Winter Wellness guides](#) providing residents with holistic information on how to stay well including winter vaccinations, cost of living advice, health and care services and information on support roles in communities based on their input. Printed copies have been distributed directly to targeted vulnerable households in areas of higher deprivation, as well as made available in GP practices, hospitals, warm hubs, libraries and other community venues.
- Welcome committee members support to promote our efforts.

## Vaccinations

- As of 19 December 2023, we have given 169,235 seasonal **Covid-19** vaccines. Uptake is 75% in care home residents, 58% in 75+ and 50% in those aged 70-75. Uptake is 30.3% overall, but that is largely due to lower uptake in those who are 18 and over with health conditions.
- We have given 375,000 seasonal flu vaccines. Uptake in our eligible population is 31.6%.-This is broadly in line with London. We are vaccinating for Covid and flu across NEL until 31 Jan. The National Booking Service closed on 15 December 2023.

# NHS North East London: Update

## **Celebrating success**

- Two north east London projects won prestigious [HSJ Awards](#) in November:
  - Innovation and Improvement in Reducing Healthcare Inequalities Award - Tree Of Life In Schools project for African and Caribbean heritage young people project (City and Hackney)
  - Medicines, Pharmacy and Prescribing Initiative of the Year - Specialist pharmacy-led cardiovascular risk factor management in primary care campaign
- The team at Richmond Road medical centre in Hackney won the Reception Team of the Year award at the National General Practice Awards in December.

## **Ending sexual violence against women and girls**

- Held a system workshop in December as part of an ongoing conversation happening at a London and local level, and a commitment to addressing sexual violence against residents and staff as a whole north east London system.
- We have signed up to the Mayor of London's [six pledges](#) to tackle misogyny, sexual harassment and violence against women and girls (VAWG). We, and other health and care organisations discussed the pledges, which we have since signed up to, and how we can collectively take a public health approach to tackling and preventing. We have adopted NHS England's [sexual safety in healthcare organisational charter](#) as part of our commitment to protecting our staff from sexual violence in the workplace. The aspiration is that all partners across our system will adopt the charter.

# NCL 'Start Well' consultation and potential impact on north east London

- North Central London (NCL) Integrated Care Board have a long term transformation programme looking at children, young people's, maternity and neonatal services in NCL.
- Their consultation on this, 'Start Well' runs from 11 December 2023 to 11.59pm on 17 March 2024. [Start Well: Proposed changes to maternity, neonatal, and children's surgical services - North Central London Integrated Care System \(nclhealthandcare.org.uk\)](https://nclhealthandcare.org.uk/start-well)
- As some of the changes NCL is proposing around maternity and neonatal services specifically may impact residents of north east London, we want to provide reassurance that we have worked within the north east London system to consider NCL's proposals. We will continue to work closely with NCL as these proposals are consulted on and ensure any potential impact on north east London are considered and mitigated where possible.
- NCL is happy to provide briefing on the proposals and consider any feedback as part of the process.

# AT Medics/Operose: Update

We have been notified of a potential change of control of AT Medics Ltd. AT Medics Ltd is part of the Operose Health Group which holds a number of other contracts in London and elsewhere in England. AT Medics Ltd holds seven Alternative Provider Medical Services (APMS) contracts in north east London. The practices are:

The Loxford Practice – Redbridge	Lucas Avenue Practice – Newham
Carpenters Practice – Newham	E16 Health – Newham
Trowbridge Surgery– City & Hackney	Goodman’s Field Centre – Tower Hamlets
Victoria Medical Centre – Barking & Dagenham (short-term caretaking contract until March 2024)	

Operose Health Ltd also has operational management control of John Smith Medical Centre, Barking and Dagenham – Chilvers & McCrae Ltd (PMS practice) Under the terms of the PMS/GMS contract, the contract holder does not have to seek our consent to undergo a change **of control**. However, the change of control and standing of the proposed new owner will nonetheless be scrutinised as part the due diligence, assurance and consent process that applies to the APMS contracts, set out above.

AT Medics Ltd was set up by GPs in 2004 and is a large provider of general practice services. It was acquired by Operose Health Ltd in 2021 who are ultimately owned by Centene Corporation. AT Medics Ltd recently wrote to us to seek the ICB’s consent to a change of control.

AT Medics Ltd have informed us that the change of control arises as a result of a proposed change in ownership of Operose Health Ltd, which owns AT Medics Ltd through a holding company. It is intended that the ownership of Operose Health Ltd will transfer from the current owner, MH Services International (UK) Ltd, to “T20 Osprey Midco Limited (“HCRG Care Group”)”.

# AT Medics/Operose: Update (2)

## What it means for patients

- All GP practices work under contract to the NHS and whether owned by GPs or other organisations they must be able to meet strict standards and regulations that apply to all NHS providers.
- As previously, the contract will continue to be held by AT Medics Ltd and they will continue to be responsible for providing the primary care services. As part of our assurance process, we will be seeking assurance that patients will be able to continue to access the same services from the same locations as they do now.
- If there is a change of control, please be assured that there will be no change to:
  - the legal entity holding the APMS contracts (AT Medics Ltd);
  - the APMS contracts themselves;
  - the services AT Medics Ltd are required to provide, including locations, opening hours and service standards (including in respect of access and staffing).

## Our responsibilities as an ICB

- As a commissioner of health services, it is NHS North East London's role to ensure the provision of high quality, safe services for local people. In addition, all health service providers are regulated and inspected by the [Care Quality Commission](#) to ensure they meet fundamental standards of quality and safety.
- Under the terms of the APMS contract, before undergoing a change of control the contract holder must first obtain our consent.
- NHS North East London will now carry out a due diligence process to check that the proposed new owner of Operose Health Ltd is of good standing. We will also seek assurance that the change of control would not affect service provision and that patients would not see any difference in their GP practice, so that patients will still access care in the same way and continue to see the same practice teams.
- When considering whether to consent to the change of control, we will assess the proposal carefully and consider whether it is necessary to seek any additional assurances.
- That decision will be made at a meeting of the NEL Primary Care Contracts Sub Group which will meet in public to take the decision. This means members of the public will be able to attend and observe proceedings. We will publicise when the meeting occurs and interested members of the public will be able to submit comments and questions in advance of the meeting.

## Next steps

- Following the formal request for a change of control we will take steps to let AT Medics Ltd practice patients know about the change of control and answer the questions that they have. This will include a north east London-wide webinar scheduled for Wednesday 24 January at 7pm (TBC).

# Month 7 System Financial Position

## Month 7 ICS Position - YTD £83.1m deficit variance against plan.

The ICS has reported a year to date deficit at month 7 of £93.1m. This gives an adverse variance to plan of £87.2m.

The main drivers are inflation, under delivery of the efficiency target, staffing (including agency usage), industrial action and other run rate pressures.

Month 7 I&E - YTD - ICS

		YTD	Forecast
Target	£m	(6.0)	0.0
Actual	£m	(93.1)	0.0
<b>Variance</b>			
<b>Surplus / (Deficit)</b>	<b>£m</b>	<b>(87.2)</b>	<b>0.0</b>

## Financial Risks to the ICS Forecast outturn.

Gross risks across the system of £184m.

Main drivers – inflation, efficiency risk, run rate risks and income risks to providers.

The net risk is £54.9m. This assumes £129.1m of potential risk will be mitigated.

ICS Risk

		Gross Risk	Post Mitigations
System wide risks	£m	(184.0)	(54.9)
Operational improvements and recurrent mitigations	£m	0.0	0.0
Non Recurrent mitigations	£m	0.0	0.0
<b>Total</b>	<b>£m</b>	<b>(184.0)</b>	<b>(54.9)</b>

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## NEL ICB – YTD deficit variance of £16.5m against plan.

The ICB planned year-to-date surplus of £9m. The year-to-date reported position is a deficit of £7.5m which gives an adverse variance to plan of £16.5m. At month 7 the ICB has hit the financial recovery plan (FRP) trajectory.

The ICB run rate pressures, largely relate to prescribing and mental health and under delivery of efficiencies.

Month 7 I&E NEL ICB

		YTD	Forecast
Target	£m	9.0	15.4
Actual	£m	(7.5)	15.4
<b>Variance</b>			
<b>Surplus / (Deficit)</b>	<b>£m</b>	<b>(16.5)</b>	<b>0.0</b>

## ICS Delivery of Efficiencies

Year-to-date efficiency plan across the system of £146.5m. Actual delivery of £121.7m, resulting in under delivery of £24.8m.

Efficiencies have been recategorized in the ICB to include those that are cash releasing. Non cash releasing efficiencies are included in the FRP stretch.

Under delivery is expected to continue year end with forecast slippage of £40.4m.

ICS Efficiencies

		YTD	Forecast
Target	£m	146.5	277.8
Actual	£m	121.7	237.4
<b>Variance</b>	<b>£m</b>	<b>(24.8)</b>	<b>(40.4)</b>

# Provider YTD summary and Financial Recovery Plan update

Organisations	Year to date		
	Plan £m	Actual £m	Variance £m
BHRUT	(3.5)	(27.5)	(24.0)
Barts Health	(16.2)	(49.8)	(33.6)
East London NHSFT	1.1	(3.2)	(4.3)
Homerton	0.1	(8.4)	(8.5)
NELFT	3.5	3.2	(0.3)
<b>Total NEL Providers</b>	<b>(14.9)</b>	<b>(85.6)</b>	<b>(70.7)</b>
NEL ICB	9.0	(7.5)	(16.5)
<b>NEL System Total</b>	<b>(6.0)</b>	<b>(93.1)</b>	<b>(87.2)</b>

- The year-to-date ICS position against the plan is a **deficit of £87.2m**. This is made up of a provider deficit of £70.7m and ICB deficit of £16.5m.
- In line with the operating plan and the national reporting protocol the forecast position at month 7 is **reported as a breakeven position**. This assumes that providers will deliver a planned deficit of £15.3m and the ICB will deliver an offsetting surplus.
- However, as reported in previous month the year-to-date position suggests there is a **risk of a year-end deficit**. This has resulted in a formal Financial Recovery Plan (FRP).
- The FRP shows **potential system gap at year-end of £54.9m**. Since month 7 reporting NHSE has indicated that there will additional funding for industrial action and non-recurrent measures and NEL ICS has submitted an updated return that shows a month 12 forecast deficit of £25m.



# Provider updates

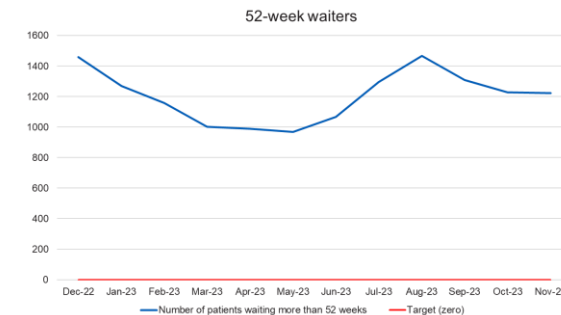
# BHRUT update

## Urgent and emergency care

- Our Type 1 performance has improved by 20.5% over six months and we are out of the bottom 20% nationally.
- For November, our performance Trust-wide was just over 50%. For King George Hospital (KGH), it was 52.24% and Queen's was 48.73%.
- Our Urgent Treatment Centres (UTC) – where the less seriously ill Type 3 patients are seen, was 86.76%.
- For all types, it was 68%. A recovery target – expected to be met by March 2024 – of 76% has been set.
- Our Same Day Emergency Care (SDEC) departments continue to play a big role in helping us reduce admissions. SDEC at both sites are seeing an average of 128 patients a day. In the new year, work will start on our new SDEC at KGH which will increase capacity.
- We've reduced the time it takes for the handover of patients arriving by ambulance and nearly eradicated delays of more than an hour.
- We have also moved the location of our UTC at Queen's which is run by PELC. Patients now wait in an area that's more comfortable and much better suited to their needs, rather than in the atrium.
- In November, we had 318 patients with mental health needs attend our A&Es across both sites. The average length of stay in our A&Es for these patients is now more than a day.

## Reducing our waiting lists

- In November, 1,223 patients were waiting for more than a year.
- While this has continued to reduce over recent months, progress will be impacted by the upcoming strikes as we'll have to reschedule some non-urgent appointments and surgeries.



## Our finances

- Progress made in the first six months of this financial year means we're on track to exit financial special measures next year.
- Work in reducing agency staff and using more permanent workers has been key. We received an award for this work that has seen our temporary staffing costs cut by around £10m a year.

# BHRUT update (2)

## Cancer

- We are seeing an improvement in our cancer performance, though we are not yet compliant on the key standards that we are measured against.
- Our state-of-the-art radiotherapy unit at Queen's is the first in the UK to receive an upgrade on a machines – detailed images can be taken in six seconds compared to 43 seconds in the past.
- Diagnostic waiting times will be improved further when we open our Community Diagnostic Centre at Barking Community Hospital in March 2024.
- We'll soon be benefiting from the latest artificial intelligence (AI) tools to analyse x-rays and CT scans, helping us to speed up the diagnosis and treatment of our lung cancer patients.



## Ongoing improvement works

- At Queen's, we are planning a major redesign of the A&E department to provide a better experience for patients and staff alike.
- We plan to open our Surgical Assessment Unit – space for eleven patients who come to A&E needing surgery.
- Our new bedded discharge lounge at Queen's is freeing up hospital beds and is a more comfortable space for patients waiting to be discharged.
- Our new Infusion Suite means patients can receive their treatment as an outpatient, rather than needing to stay in hospital overnight.
- Work is also progressing well on our £14m theatre expansion at KGH which will allow us to undertake an additional 100 operations each week – due to open in spring 2024.
- At KGH, we are refurbishing and upgrading our Medical Assessment Unit.
- In September, we launched our virtual ward for frail and elderly patients in our community. We have already seen an improvement in the out of hospital care we can offer this group of patients.

# Barts Health update

## Urgent and Emergency Care

- In October 67% of our A&E patients were seen within four hours. This puts us 11<sup>th</sup> out of 18 Trusts in London, despite us having the highest number of attendances in London at 42,300 – up 1.6% on September
- We have opened our Same Day Emergency Care (SDEC) unit at Whipps Cross. This gives us capacity for 112 patients in SDEC across the group, meaning that these patients can return home the same day rather than requiring admission, thereby freeing up beds.
- We now have 76 “virtual beds” for frail patients so they can be monitored remotely, in addition to our existing virtual monitoring for cardiology patients at St Barts
- Both of these initiatives are a key part of our winter plans, as well as a focus on reducing length of stay and working with partners to ensure prompt discharge and continuing to manage patients with mental health needs who are presenting in A&E

## Cancer

- We have met the national 2 week wait and faster diagnosis cancer standards for the third consecutive month

## Workforce & Wellbeing

- We've been successful in reducing our agency usage, thanks to an increase in our substantive fill rate. This will continue to be a priority in the new year
- We recently received support from Barts Charity to continue the psychological support teams we introduced during Covid. This is a key part of our wellbeing programme to support our workforce.
- Junior Doctors Strikes have been announced in the lead up to Christmas and in early January. We have robust plans to manage during this period to prioritise patient safety, however there will likely be an impact on our elective programmes

## Staff National Awards

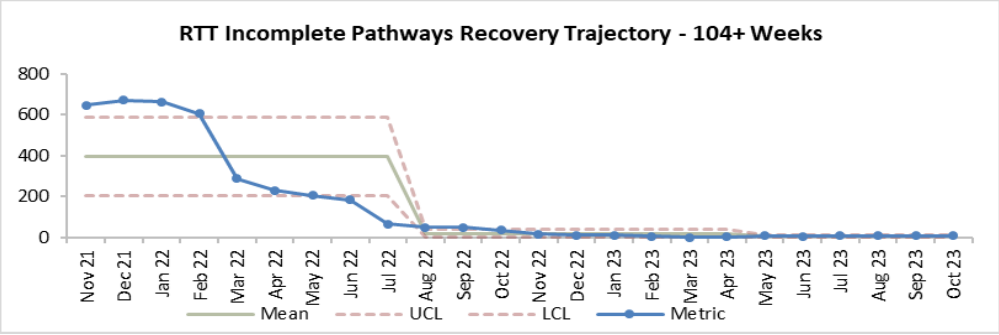
- Six Barts Health nurses were recognised in the national Chief Nursing Officer awards, with 2 gold and 4 silver awards.
- Our CFO, Hardev Virdee, won the Finance Director of the Year in the Health Finance Management Association awards in recognition of his work promoting training and developing finance staff, and particularly creating opportunities for young people in our local communities
- Tom Powles, the Director of the Barts Cancer Centre features in [Nature's 10](#) recognising the people who have had the most impact in shaping scientific understanding – for his leadership of a clinical trial for the treatment of severe bladder cancer

## 2024/25 Planning

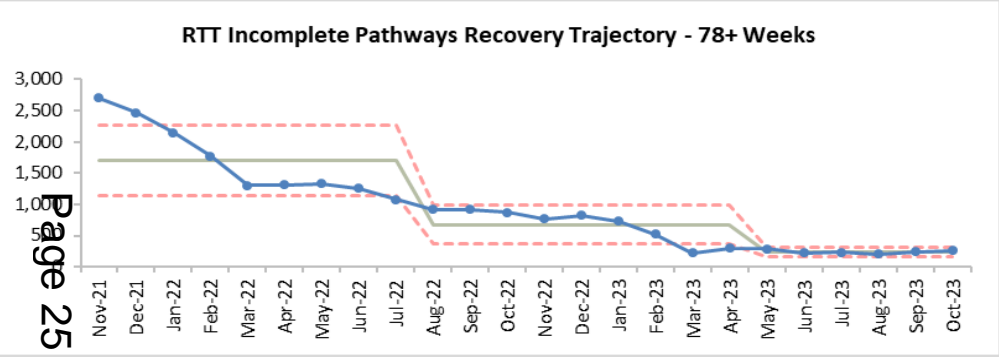
- National Planning guidance is expected to be received at the end of December and we will then commence the planning process for 2024/25
- Our financial position continues to be challenging, partly driven by the costs of industrial action and the high level of patient acuity that we are seeing, which is requiring enhanced levels of care
- We are working with NEL partners to tackle these underlying issues, including how we maximise our productivity and further reduce our reliance on temporary staff, and we are strengthening our governance to focus on these areas



# Barts Health update (2):



At the end of October we had only 10 patients waiting 104 weeks for treatment, where they have particularly complex procedures or have chosen to delay treatment.



We have reduced 78 week waiters down to 264 and continue to prioritise this group for treatment



The next target cohort is 65 week waiters. The graph shows the progress we have made in reducing this cohort down to around 9,000 at the end of November

Our forecasts show that we expect to reduce this to less than 4,000 by March, and we are working with acute partners in NEL to seek mutual aid from BHRUT and Homerton to reduce this further

We are working with national programmes to continue our improvements in productivity. This includes maximising use of our theatres, and reducing the number of patients who do not attend appointments, which is currently 12%.



# Homerton Healthcare NHS FT update

## Operational performance

- **ERF Performance** achieving **103.2 %** against plan for **first 5 months (Apr'23 – Aug'23)**. The source of the data is ERF achievement published by NHS I. Some of the deletions have not been applied and once applied the position will improve. If ***Industrial action impact is considered***, the potential ERF position for first 5 months is **107.6%**.
- **Elective care performance** Trust's **Oct 23** PTL position is **31,416 . 223** patients waiting over 52 week at end of **Oct 23**. The number of pathways transferred from other NEL trusts – c. **8,220** pathways to-date.
- **Cancer** – Sep'23 62-day treatment performance was below target (**83.3 % in Sep 23**); 2ww referral performance is below target (**87.9 % for Oct 23**). 2ww wait performance is impacted by industrial action as the strike days fell on days of the week with highest job planned for 2 ww capacity.
- **4-hour emergency care target** in **Oct 23** is **83.4 %** compared to **79.1 % in Sep 23**.
- **Community services:** IAPT position for **Oct 23** is 100% seen within 18 weeks with performance of **52.6 %** against the **recovery rate** (Target 50%). Waiting times for community physical therapies vary across services but remain below the 5-week waiting time target and below the pre-pandemic performance.
- **Winter resilience** plan being implemented across trust and local place.

## Corporate activity

- Construction of our new Elective Centre and the second part of the refurbishment our Critical Care Unit are both underway on our acute site.
- The Trust has reduced its vacancy rate by 1.38% compared to Oct 23 and its time to hire for Nov 23 is 62.9 days a decrease of 1.4 days compared to Oct 23.

# Homerton Healthcare NHS FT update (2)

## Operational performance

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- **Winter resilience** plan being implemented across trust and local place.

## Corporate activity

- Construction of our new elective centre and the second part of the refurbishment our Critical Care Unit are both underway on our acute site.



# NELFT and ELFT update

## Mental Health and Community Health

### Patient Safety Incident Response Framework (PSIRF)

Replaced the previous Serious Incident Framework (2015), and has four main aims:

- Compassionate engagement and involvement of those impacted by patient safety incidents.
- Application of a range of system-based approaches to learning from patient safety incidents.
- Considered and proportionate responses to patient safety incidents.
- Supportive oversight focused on strengthening response system functioning and improvement.

### Patient and Carer Race Equality Framework (PCREF)

- Improve interaction with racialised, ethnically and culturally diverse communities.
- Raise awareness of organisations' own cultural and racial bias and provide a framework to reduce them.
- Improve governance, accountability, and leadership.
- ELFT & NELFT have:
  - Engaged with stakeholders, including regional PCREF steering group, local authority, police, community sector, and service users.
  - Explored how to embed new assessment framework by aligning existing work across Performance, People Participation, Carers Strategy Group, People and Culture.
  - Gathered/triangulated evidence through existing programmes, such as Quality improvement, Pursuing Equity, Making Equality Work.



# NELFT and ELFT update (2)

## **North London Forensic Provider Collaborative (NLFC)**

Learning disability and autism population and services strategy has been developed and co-produced with staff and patients over the last 12 months:

- Includes '*We Will*' recommendations that NLFC and system partners will implement (Long Term Plan).
- Final draft strategy for approval prior to publication.
- A Voluntary Sector Social enterprise partnership has been commissioned to further develop a co-production model to support the implementation and create peer workers.

## **North Central East London CAMHS Provider Collaborative**

Crisis mental health support for children and young people strengthened following additional funding, to enable a 7-days-a-week extended hours crisis service for adolescents in ONEL.

- Gradually extending the current service as staffing resource is secured with the aim to fully deliver this model by December 2023.
- Reduction in out-of-area placements by 95%, out-of-area Eating Disorder Bed Usage by 50% and use of Low Secure Beds by 71%.
- Expanding clinical competence and expertise within the units, including enhancing knowledge and skills, a clinical leadership development programme, autism training, approach to meal supervision, quality improvement and management of aggression and eating disorders.

# NELFT and ELFT update (3)

## Mental Health, Learning Disability, Autism Collaborative

### Right Care Right Person

- Joint working arrangements with the Metropolitan Police went live across London on 1 November resulting in changes to the way emergency services respond to mental health calls.
- A single aligned response for all mental health providers in London covering Absence Without Leave patients, welfare checks, and missing.
- No major concerns, few areas raised in NEL linked to differences in police decision-making thresholds.
- Police deployments to linked calls have reduced from approximately 40% to 26% in the first month.
- Increase in demand in 111 calls for mental health (including members of the public calling about other members of the public), and reduction in the use of S136.
- S136 Hub implemented in London at the same time and receives all 0300 number calls (seeking Mental Health advice) from the police. Some indication of increases in 'out of area' presentations - KGH and CNWL.
- We are yet to see any increase in activity on crisis lines.

### Crisis cafés in NEL

- Following on from the last JHOSC, we have had confirmation that each borough across ELFT has one crisis café, which will remain the figure for the time being.
- NELFT operates a Crisis Café at the Jane Atkinson Centre in Waltham Forest.
  - We are currently undertaking a listening exercise to agree models in ONEL to go live April 2024.

# NELFT and ELFT update (4)

## Joint working with acute partners

NEL has been identified by NHS England as a 'Tier 1' system for Urgent and Emergency care (significant challenges).

- We continue to experience high demand with increased pressure on mental health services, which results in some delays for patients.
- Our acute inpatient beds run routinely at 100%+ capacity and therefore require access to additional inpatient capacity from the private sector.

Several actions are in train to try to relieve these pressures and improve flow:

- We are opening additional capacity at Goodmayes to create 12 new male acute mental health beds.
- An additional S136 all-age unit has been created on the Goodmayes site.
- The psychiatric liaison service review has been completed and additional funding of c£140k has been allocated to the King George Hospital team and (INEL service) to ensure consistency of offer.
- Work continues to introduce the new 111 direct line for people experiencing mental health crisis, going live by April 2024.
- Intensive recruitment work continues in NELFT to address staffing challenges: we have welcomed 158 internationally recruited nurses and 9 occupational therapists. An additional 30 nurses are currently arriving as well as 1 clinical psychologist.
- We are continuing to work with the Partnership of East London Co-operatives (PELC) on short and medium-term plans to improve the 'front door' response for patients presenting to our local urgent and emergency care services.
- Private beds are being used to help manage flow and timely access for service users.

# NELFT and ELFT update (5)

## Learning Disabilities Pathway

A new Intensive Support Team (IST) that will support people with learning disabilities and autistic people, working in collaboration with the community learning disability teams to provide home/community-based care for people with acute needs is going live.

The Quality Improvement team is also continuing its work to support services with individual projects which have included:

- Improving the completeness of at least 80% of integrated annual health checks (AHCs) for people with learning disabilities (LD) by focusing on medication reviews by December 2023 across all NELFT boroughs.
- The completeness of structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed to 8/8 for all patients assessed since this project was implemented.

## NEL Community Health Services (CHS) Collaborative

- Senior leaders agreed a forward strategy of priorities: leading planning for community across the system and developing improvement networks for babies, children and young people, falls and community nursing, and an additional focus on long Covid for 2024/25.
- Community health services also continue to experience high demand for planned care and our services are focusing particularly on areas of high demand and long waiting lists and agreeing priorities for action now, key areas to note are:
  - Improving access to children's speech and language therapy, dietetics children and adults, occupational therapy OT for children.
  - Musculoskeletal (MSK) services.
  - District nursing teams. We have also funded a new senior Trust-wide role to lead further skill mix reviews in light of increasingly complex caseloads in our neighbourhood teams.



**OUTER NORTH EAST LONDON JOINT HEALTH  
OVERVIEW AND SCRUTINY COMMITTEE, 9  
JANUARY 2024**

<b>Subject Heading:</b>	Joint Forward Plan 2024-25
<b>Report Author:</b>	Anthony Clements, Committee Services Manager, London Borough of Havering
<b>Policy context:</b>	Officers will give details of work on the local NHS Joint Forward Plan
<b>Financial summary:</b>	No financial implications of the covering report itself.

SUMMARY

NHS officers will give details and on the forthcoming Joint Forward Plan for the local NHS and update on progress with completing this.

## **RECOMMENDATIONS**

That the Joint Committee:

1. notes the approach being followed in order to deliver a refreshed north east London JFP 2024/25 by March 2024
2. notes the amended content proposed
3. scrutinises the information presented and makes any recommendations or takes any other action it considers appropriate.

## **REPORT DETAIL**

Following the agreement of the Integrated Care Strategy, work has progressed on establishing a Joint Forward Plan for NHS services in Outer North East London. A draft version of the Joint Forward Plan is attached as an appendix to the presentation.

## **IMPLICATIONS AND RISKS**

**Financial implications and risks:** None of this covering report.

**Legal implications and risks:** None of this covering report.

**Human Resources implications and risks:** None of this covering report.

**Equalities implications and risks:** None of this covering report.

## **BACKGROUND PAPERS**

None.



**North East London  
Health & Care  
Partnership**



**North East London**

# Joint Forward Plan 2024-25

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**Update for JHOSCs**

**January 2024**

# Background

- We (NEL ICS) published our interim [Integrated Care Strategy](#) in January 2023. The strategy sets out how we will improve quality and outcomes and address inequalities; and defines the key areas we need to secure as foundations for integrated working as a system.
- This was followed by the [Joint Forward Plan 2023/24](#), our first five-year plan. We are required to refresh the Joint Forward Plan (JFP) yearly, to reflect what we set out to deliver in the coming years.
- The JFP describe how the ICB and its partner trusts intend to arrange and/or provide NHS services to meet their population's physical and mental health needs. This includes the delivery of universal NHS commitments, addressing ICSs' four core purposes and how legal requirements will be met.

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We heard from our partners last year that they would like us to engage with them earlier in the process. These slides outline how we have structured our system planning process for 2024/25 and where the JFP fits in, the steps we are taking to refresh the JFP and the main changes from the previous year.

- We are engaging with Place-based Partnerships, HWBBs and other stakeholders through this process.
- Our Places-based Partnerships have been developing their plans for 2024/25, of which an overview is included in the JFP 2024/25.
- An unedited **first draft** of the JFP is available as an appendix, to indicate the direction of travel. This will be updated, with further drafts at the end of January 2024, with a final draft by end of February. The ICB Board will be asked to approve the JFP in March 2024.

Members are asked to:

1. note the approach being followed in order to deliver a refreshed north east London JFP 2024/25 by March 2024
2. note the amended content proposed

Where there are specific comments on the content of the draft JFP, please channel these through the relevant place director.

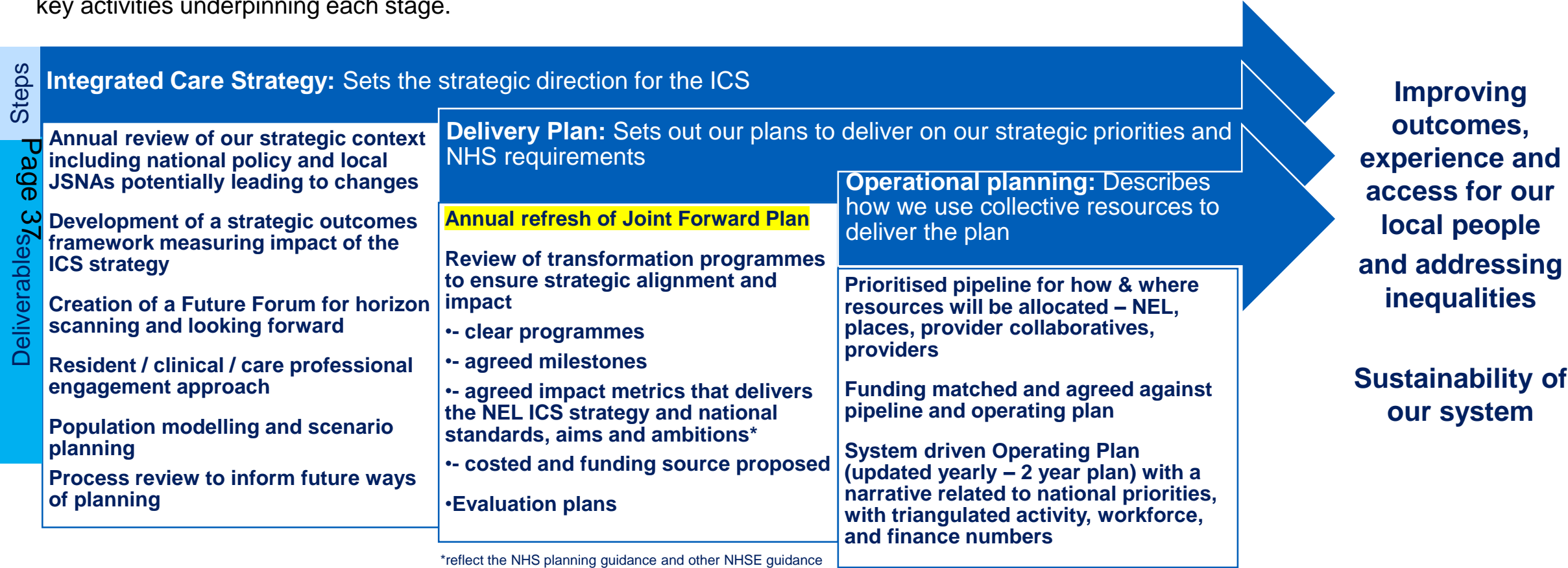


# Overview of system planning approach

Our planning cycle has been divided into three steps:

- 1. integrated care strategy
- 2. delivery plan
- 3. operational planning

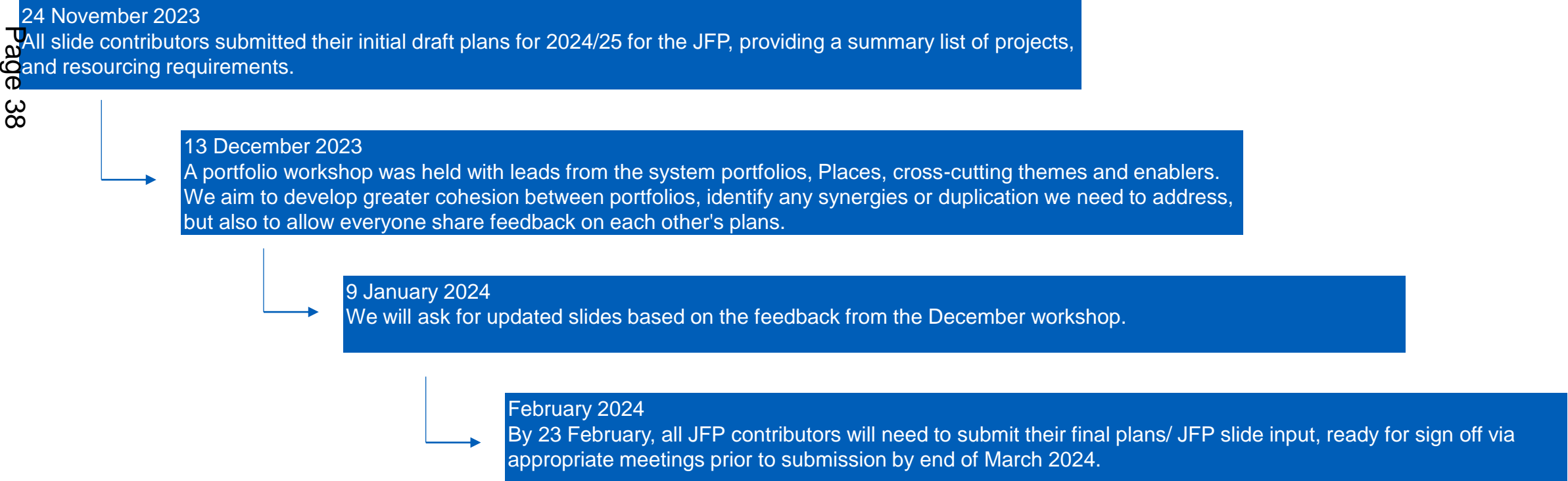
These are outlined below with related deliverables included below each step. These are not comprehensive but indicate some of the key activities underpinning each stage.



# Joint Forward Plan (JFP) Refresh for 24/ 25 - next steps

- Based on feedback and lessons learnt from this year’s JFP development, we are now engaging with NEL stakeholders earlier within the system planning cycle in order to ensure improved awareness and input to the 24/25 JFP.
- The JFP will be refreshed annually so the document remains current. This JFP refresh continues to describe the challenges that we face as a system in meeting the health and care needs of our local people, but also the assets we hold within our partnership.

## High-level timeline



# Main changes from the previous JFP

We published our first JFP on 30 June 2023 and we propose to keep the 2023/24 structure of the JFP, with some minor adjustments, as outlined below. Where references are made to figures, these will be updated to reflect the latest position.

## Main additions:

- New slides to ensure we cover:
  - all our strategic system improvement portfolios in addition to our four strategic system priorities
  - our Place plans
  - our six cross-cutting themes and
  - our enablers
- We have also included new slides outlining:
  - what is important to our residents and how it impacts our plans
  - our successes to date
  - how we are developing a strategic outcomes framework to help us assess if we are having an impact.

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North East London  
Health & Care  
Partnership



North East London

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# North East London (NEL) Joint Forward Plan - Refresh

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December 2023

# DRAFT

ALL SLIDES WITHIN THIS PACK ARE DRAFT VERSIONS

# 1. Introduction

# Introduction

- This Joint Forward Plan is north east London's **second** five-year plan since the establishment of NHS NEL. In this plan, **we build upon the first, refreshing and updating the challenges** that we face as a system in meeting the health and care needs of our local people, but also the assets we hold within our partnership.
- We know that the current model of health and care provision in north east London needs to adapt and improve to meet the needs of our growing and changing population and in this plan we describe the substantial portfolio of transformation programmes that are seeking to do just that. **We have now also included new slides our cross cutting themes and each of our seven Place based partnerships.**
- The plan sets out the range of actions we are taking as a system to address the urgent pressures currently facing our services, the work we are undertaking collaboratively to improve the health and care of our population and reduce inequalities, and how we are developing key enablers such as our estate and digital infrastructure as well as financial sustainability.
- Our Joint Forward Plan **will be refreshed yearly to reflect** that, as a partnership, we have **continual** work to do to develop a cohesive and complete action plan for meeting all the challenges we face together. We will work with local people, partners and stakeholders to update and improve the plan yearly as we develop our partnership, to ensure it stays relevant and useful to partners across the system.

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## Highlighting the distinct challenges we face as we seek to create a sustainable health and care system serving the people of north east London

In submitting our Joint Forward Plan, we are asking for greater recognition of three key strategic challenges that are beyond our direct control. The impact of these challenges is increasingly affecting our ability to improve population health and inequalities, and to sustain core services and our system over the coming years.

- **Poverty and deprivation** – which is more severe and widely spread compared with other parts of London and England, and further exacerbated by the pandemic and cost of living which have disproportionately impacted communities in north east London
- **Population growth** – significantly greater compared with London and England as well as being concentrated in some of our most deprived and 'underserved' areas
- **Inadequate investment** available for the growth needed in both clinical and care capacity and capital development to meet the needs of our growing population

# In January 2023, our integrated care partnership published our first strategy, setting the overall direction for our Joint Forward Plan

Partners in NEL have agreed a **collective ambition** underpinned by a set of **design principles** for improving health, wellbeing and equity.

To achieve our ambition, partners are clear that a radical new approach to how we work as a system is needed. Through broad engagement, including with our health and wellbeing boards, place based partnerships and provider collaboratives we have identified **six cross-cutting themes** which will be key to developing innovative and sustainable services with a greater focus upstream on population health and tackling inequalities.

We know that our people are key to delivering these new ways of working and the success of all aspects of this strategy. This is why supporting, developing and retaining our workforce, as well as increasing local employment opportunities, is one of our four system priorities identified for this strategy.

Stakeholders across the partnership have agreed to focus together on **four priorities as a system**. There are, of course, a range of other areas that we will continue to collaborate on, however, we will ensure there is a particular focus on our system priorities. We have been working with partners to consider how all parts of our system can support improvements in quality and outcomes and reduce health inequalities in these areas.

We recognise that a **well-functioning system** that is able to meet the challenges of today and of future years is built on **sound foundations**. Our strategy therefore also includes an outline of our plans for how we will transform our enabling infrastructure to support better outcomes and a more sustainable system. This includes some of the elements of our new financial strategy which will be fundamental to the delivery of greater value as well as a shift in focus 'upstream'.

Critically we are committed to a relentless focus on equity as a system, embedding it in all that we do.

Both the strategy and this Joint Forward Plan build upon the principles that we have agreed as London ICBs with the Mayor of London

**Our integrated care partnership's ambition** is to  
"Work with and for all the people of north east London  
to create meaningful improvements in health, wellbeing and equity."

Improve quality  
and outcomes

Deepen  
collaboration

Create value

Secure greater  
equity

## 6 Crosscutting Themes underpinning our new ICS approach

- Tackling **Health Inequalities**
- Greater focus on **Prevention**
- Holistic and **Personalised** Care
- **Co-production** with local people
- Creating a **High Trust Environment** that supports integration and collaboration
- Operating as a **Learning System** driven by research and innovation

## 4 System Priorities for improving quality and outcomes, and tackling health inequalities

- Babies, Children & Young People
- Long Term Conditions
- Mental Health
- Local employment and workforce

## Securing the foundations of our system

Improving our **physical** and **digital infrastructure**  
Maximising **value** through collective financial stewardship, investing in prevention  
and innovation, and improving sustainability  
Embedding **equity**



# The delivery of our Integrated Care Strategy and Joint Forward Plan is the responsibility of a partnership of health and care organisations working collaboratively to serve the people of north east London

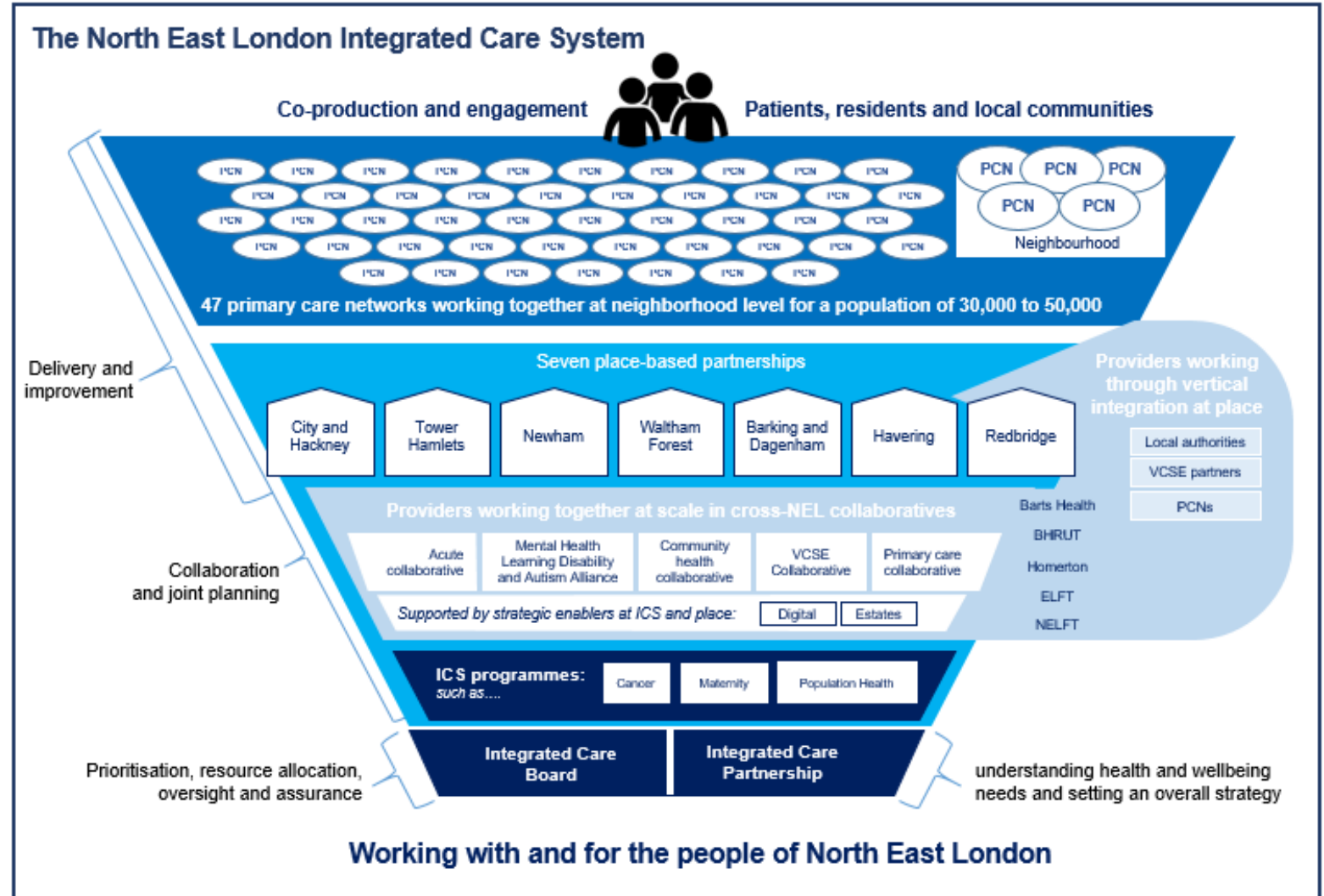
We are a broad partnership, brought together by a single purpose: **to improve health and wellbeing outcomes for the people of north east London.**

Each of our partners **have positive** impacts on the people of north east London – some providing care, others involved in planning services, and others impacting on wider determinants of health and care, such as housing and education. **As we build upon and increase our collaboration and integrated ways of working the opportunity for greater impact will increase.**

Our partnership between local people and communities, the NHS, local authorities and the voluntary and community sector, is uniquely positioned to improve all aspects of health and care including the wider determinants.

With hundreds of health and care organisations serving more than two million local people, we have to make sure that we are utilising each to the fullest and ensure that work is done, and decisions are made, at the most appropriate level.

Groups of partners coming together within partnerships are crucial building blocks for how we will deliver. Together they play critical roles in driving the improvement of health, wellbeing, and equality for all people living in north east London.



## **2. Our unique population**

# Understanding our unique population is key to addressing our challenges and capitalising on opportunities

NEL is a diverse, vibrant and thriving part of London with a rapidly growing population of over two million people, living across seven boroughs and the City of London. It is rich in history, culture and deep-rooted connections with huge community assets, resilience and strengths. Despite this, local people experience significant health inequalities. An understanding of our population is a key part of addressing this.



## Rich diversity

NEL is made up of many different communities and cultures. Just over half (53%) of our population are from ethnic minority backgrounds.

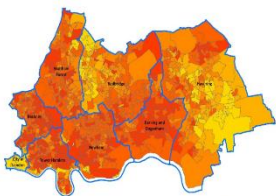
Our diversity means a ‘one size fits all’ approach will not work for local people and communities, but there is a huge opportunity to draw on a diverse range of community assets and strengths.



## Young, densely populated and growing rapidly

There are currently just over two million residents in NEL and an additional 300,000 will be living here by 2040.

We currently have a large working age population, with high rates of unemployment and self-employment. A third of our population has a long term condition. Growth projections suggest our population is changing, with large increases in older people over the coming decades.



## Poverty, deprivation and the wider determinants of health

Nearly a quarter of NEL people live in one of the most deprived 20% of areas in England. Many children in NEL are growing up in low income households (up to a quarter in several of our places).

Poverty and deprivation are key determinants of health and the current cost of living pressures are increasing the urgency of the challenge.



## Stark health inequalities

There are significant inequalities within and between our communities in NEL. Our population has worse health outcomes than the rest of the country across many key indicators. Health inequalities are linked to wider social and economic inequalities, including poverty and ethnicity.

Our population has been disproportionately impacted by the pandemic and recent cost of living increase.

# What is important to our residents (Big Conversation themes)

PLACE

HOLDER

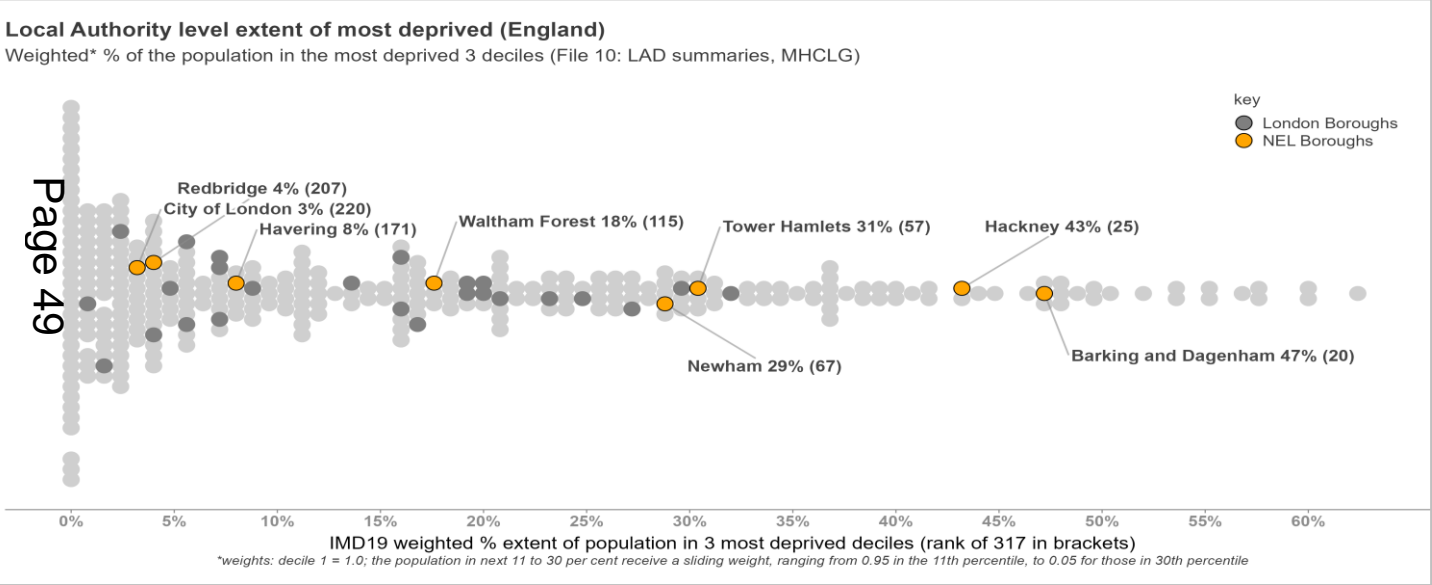
SLIDE

<SLIDE IN DEVELOPMENT>

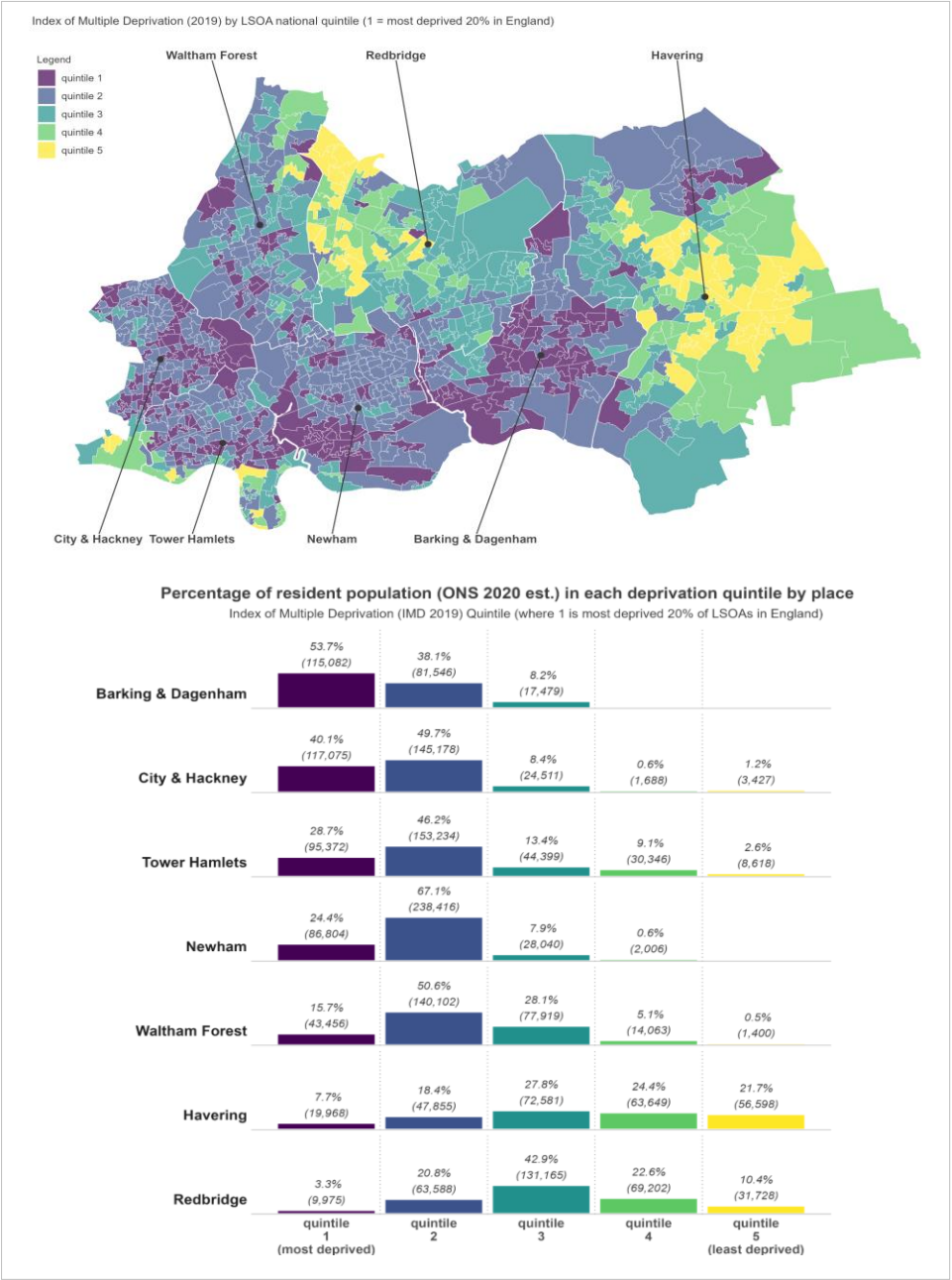
# Key factors affecting the health of our population and driving inequalities - poverty, deprivation and ethnicity

Large proportions of our population live in some of the most deprived areas nationally. NEL has four of the top six most deprived Borough populations in London, and some of the highest in the country, with Hackney and Baking and Dagenham in the top twenty-five of 377 local authorities (chart below).

By deprivation quintile, Barking and Dagenham (54%), City and Hackney (40%), Newham (25%) and Tower Hamlets (29%), have between a quarter and more than half of their population living in the most deprived 20% of areas in England (map and chart right).



People living in deprived neighbourhoods, and from certain ethnic backgrounds, are more likely to have a long term condition and to suffer more severe symptoms. For example, the poorest people in our communities have a 60% higher prevalence of long term conditions than the wealthiest along with 30% higher severity of disease. People of South Asian ethnic origin are at greater risk of developing Type 2 Diabetes and cardiovascular disease, and people with an African or Caribbean family background are at greater risk of sickle cell disease.



# To meet the needs of our population we need a much greater focus on prevention, addressing unmet need and tackling health inequalities



## Child Obesity

Nearly 10% of year 6 children in Barking and Dagenham are severely obese. Nearly a third of children are obese (the highest prevalence rate in London).

NEL also has a higher proportion of adults who are physically inactive compared to London and England.



## Mental Health

It is estimated that nearly a quarter of adults in NEL suffer with depression or anxiety, yet QOF diagnosed prevalence is around 9%. Whilst the number of MH related attendances has decreased in 22/23, the number of A&E attendances with MH presentation waiting over 12 hours shows an increasing trend, increasing pressure on UEC services.



## Tobacco

One in 20 pregnant women smokes at time of delivery. Smoking prevalence, as identified by the GP survey, is higher than the England average in most NEL places. In the same survey, NEL has the lowest 'quit smoking' levels in England.



## Premature CVD mortality

In NEL there is a very clear association between premature mortality from CVD and levels of deprivation. The most deprived areas have more than twice the rate of premature deaths compared to the least deprived areas. 2021/22 figures showed for every 1 unit increase in deprivation, the premature mortality rate increases by approximately 11 deaths per 100,000 population.



## Vulnerable housing

NEL has higher numbers of vulnerably housed and homeless people, including refugee and asylum seekers, compared to both London and England. At the end of September 2022, 11,741 households in NEL were in council arranged temporary accommodation. This is a rate of 23 households per thousand compared to 16 per thousand in London and 4 per thousand in England as a whole.



## Homelessness

Shelter estimates in 2022 there were 42,399 homeless individuals in NEL inc. those in temp accommodation, hostels, rough sleeping and in social services accommodation. That's 1 in 47 people, compared to 1 in 208 people across England and 1 in 58 in London. People experiencing homelessness have worse health outcomes & face extremely elevated disease and mortality risks which are eight to twelve times higher than the general population.



## Childhood Poverty

Five NEL boroughs have the highest proportion of children living in low income families in London. In 2020/21, 98,332 of NEL young people were living in low-income families, equating to 32% of London's young people living in low-income families. Since 2014 the proportion of children living in low income families is increasing faster in NEL than the England average.



## Childhood Vaccinations

The NEL average rate of uptake for ALL infant and early years vaccinations is lower than both the London and the England rates. There are particular challenges in some communities/parts within Hackney, Redbridge, Newham and B&D, where rates are very low with some small areas where coverage is less than 20% of the eligible population.

### There is clear indication of unmet need across our communities in NEL

- For many conditions there are low recorded prevalence rates, while at the same time most NEL places have a higher Standardised Mortality Ratio for those under 75 (SMR<75) – a measure of premature deaths in a population – compared to the England average. Whilst some of this may be due to the age profile of our population, there may be significant unmet health and care need in our communities that is not being identified, or effectively met, by our current service offers.
- Analysis of DNAs (people not attending a booked health appointment) in NEL has shown these are more common among particular groups. For example, at Whipps Cross Hospital, DNAs are highest among people living in deprived areas and among young black men. Further work is now happening to understand how we can better support these groups and understand the barriers to people attending appointments across the system.



# Our population is not static – we expect it to grow by over 300,000 in the coming years, significantly increasing demand for local health and care services

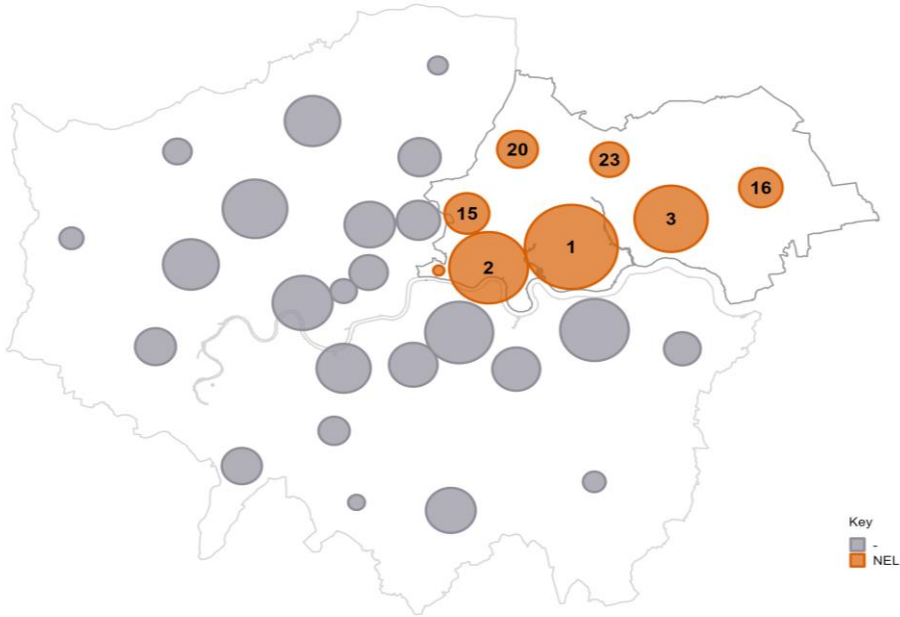
The population of north east London (currently just over 2 million) is projected to increase by almost 15% (or 300k people) between 2023 and 2040. This is equivalent to adding a whole new borough to the ICS, and is by far the largest population increase in London.

The majority of NEL's population growth during 2023-2040 will occur within three boroughs: Barking and Dagenham (27%), Newham (26.3%) and Tower Hamlets (20.3%), all of which are currently home to some of the most deprived communities in London/England.

ICS	Increase in population 2023-2040
NEL	+303,365
SEL	+175,292
EWL	+169,344
RCL	+115,801
SWL	+90,220

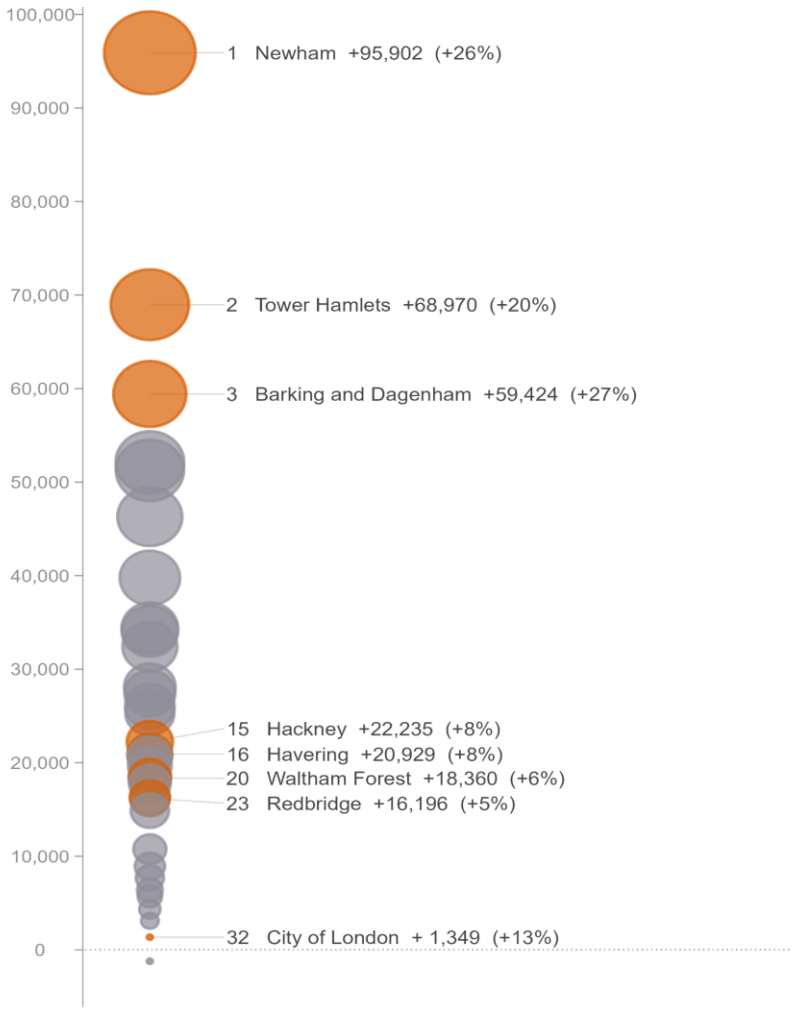
In addition, the age profile of our population is set to change in the coming years. Our population now is relatively young, however, some of our boroughs will see high increases in the number of older people as well as increasing complexity in overall health and care needs.

London borough all age population increase 2023-2040  
Labelled circles = NEL Boroughs rank out of 33 in London



GLA Identified Capacity Scenario, published September 2021, 2020 based

London borough all age population increase 2023-2040  
Labelled circles = NEL Boroughs rank out of 33 in London



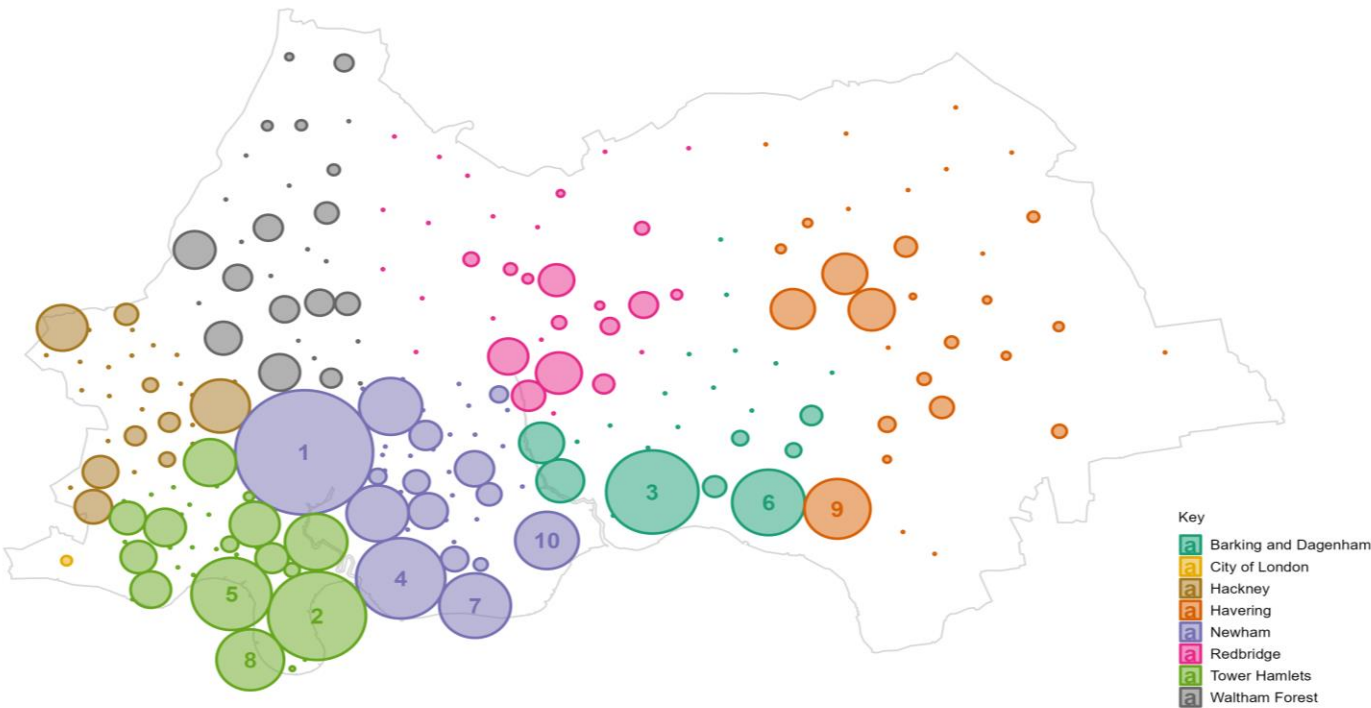
GLA Identified Capacity Scenario, published September 2021, 2020 based

# We need to act urgently to improve population health and address the impact of population growth

Across NEL the population is expected to increase by 5% (or 100k people) over the five years of this plan (2023-2028). Our largest increases are in the south of the ICS, in areas with new housing developments such as the Olympic Park in Newham, around Canary Wharf on the Isle of Dogs, and Thames View in Barking and Dagenham.

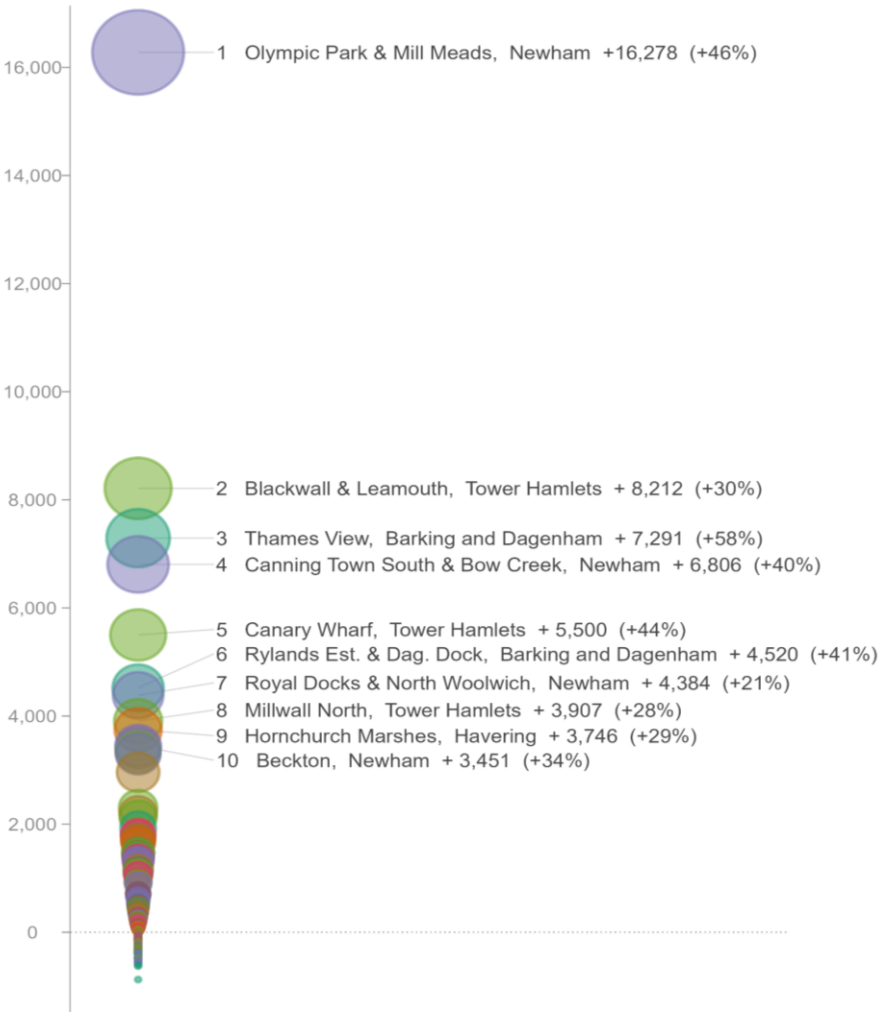
Sustaining core services for our rapidly growing population will require a systematic focus on prevention and innovation as well as increased longer term investment in our health and care infrastructure.

**NEL neighbourhood (MSOA) all age population increase 2023-2028**  
Smallest circles = MSOAs with zero increase or marginal decrease, labelled circles = top 10 NEL neighbourhoods by population increase (1=highest)



GLA Identified Capacity Scenario, published September 2021, 2020 based

**NEL neighbourhood (MSOA) all age population increase 2023-2028**  
Labelled circles = top 10 NEL neighbourhoods by population increase





## 3. Our assets

# We have significant assets to draw on

North east London (NEL) has a growing population of over two million people and is a vibrant, diverse and distinctive area of London, steeped in history and culture. The 2012 Olympics were a catalyst for regeneration across Stratford and the surrounding area, bringing a new lease of life and enhancing the reputation of this exciting part of London. This has brought with it an increase in new housing developments and improved transport infrastructure and amenities. Additionally, the area is benefiting from investment in health and care facilities with a world class life sciences centre in development at Whitechapel. There are also plans for the Whipps Cross Hospital redevelopment and for a new health and wellbeing hub on the site of St George's Hospital in Havering, making it an exciting time to live and work in north east London.

## Our assets

- **The people of north east London** – bring vibrancy and diversity, form the bedrock of our partnership, participating in our decisions and co-producing our work. They are also our workforce, provide billions of hours of care and support to each other and know best how to deliver services in ways which work for them.
- **Research and innovation** – continuously improving, learning from international best practice and undertaking from our own research and pilots, and our work with higher education and academia partners, to evidence what works for our diverse communities/groups. We want to build on this work, strengthen what we have learnt, to provide world-class services that will enhance our communities for the future.
- **Leadership** – our system benefits from a diverse and talented group of clinical and professional leaders who ensure we learn from, and implement, the best examples of how to do things, and innovate, using data and evidence in order to continually improve. Strong clinical leadership is essential to lead communities, to support us in considering the difficult decisions we need to make about how we use our limited resources, and help set priorities that everyone in NEL is aligned to. Overall our ICS will benefit from integrated leadership, spanning senior leaders to front line staff, who know how to make things happen, the CVS who bring invaluable perspectives from ground level, and local people who know best how to do things in a way which will have real impact on people.
- **Financial resources** – we spend nearly £4bn on health services in NEL. Across our public sector partners in north east London, including local authorities, schools and the police, there is around £3bn more. By thinking about how we use these resources together, in ways which most effectively support the objectives we want to achieve at all levels of the system, we can ensure they are spent more effectively, and in particular, in ways which improve outcomes and reduce inequality in a sustainable way.
- **Primary care** - is the bedrock of our health system and we will support primary care leaders to ensure we have a multi-disciplinary workforce, which is responsive and proactive to local population needs and focused on increasing quality, as well as supported by our partners to improve outcomes for local people.

# Our health and care workforce is our greatest asset

Our health and care workforce is the linchpin of our system and central to every aspect of our new Integrated Care Strategy and Joint Forward Plan. We want staff to work more closely across organisations, collaborating and learning from each other, so that all of our practice can meet the standards of the best. By working in multi-disciplinary teams, the needs of local people, not the way organisations work, will be key. Where necessary, our workforce will step outside organisational boundaries to deliver services closer to communities.

Our staff will be able to serve the population of NEL most effectively if they are treated fairly, and are representative of our local communities at all levels in our organisations. Many of our staff come from our places already and we want to increase this further.

Our workforce is critical to transforming and delivering the new models of care we will need to meet rising demand from a population that is growing rapidly, with ever more complex health and care needs. We must ensure that our workforce has access to the right support to develop the skills needed to deliver the health and care services of the future, and to adapt to new ways of working, and, potentially, new roles. AI and digitalisation will play a major role in determining our workforce needs over the next ten years.

Our ICS People and Culture Strategy will ensure there is a system wide plan to underpin the delivery of our new Integrated Care Strategy and Joint Forward Plan, through adopting a joined up 'One Workforce for NEL Health and Social Care' across the system that will work in new ways, across organisational boundaries and be seamlessly deployed for the delivery of health and care priorities. The strategy will focus on increasing support for our current and potential workforce through the implementation of inclusive retention and health and well-being strategies, and creating innovative, flexible and redesigned health and care careers.

It will ensure right enablers at System, Place, Neighbourhood and in our provider collaboratives, to strengthen the behaviours and values that support greater integration, and collaboration across teams, organisations and sectors. It will contribute to the social and economic development of our local population through upskilling and employing under-represented groups from our local people, through creating innovative new roles, values-based recruitment and locally-tailored, inclusive supply and attraction strategies in collaboration with education providers.



There are almost one hundred thousand people working in health and care in NEL, and our employed workforce is growing every year.

Our workforce includes:

- Over 5,600 people working in general practice (Aug 23)
- 47,638 people working in our Trusts (Aug 23)
- 46,000 people working in adult social care including the independent sector (22/23)
- These are supported by a voluntary sector workforce roughly estimated at over 30,000

# There are opportunities to realise from closer working between health, social care and the voluntary and community sector

**Voluntary, Community, and Social Enterprise (VCSE) organisations** are essential to the planning of care and to supporting a greater shift towards prevention and self-care. They work closely with local communities and are key system transformation, innovation and integration partners.

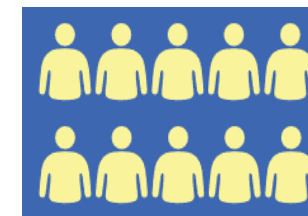
In NEL we are supporting the development of a VCSE Collaborative to create the enabling infrastructure and support sustainability of our rich and diverse VCSE in NEL, also ensuring that the contribution of the VCSE is valued equally.

**Social care plays a crucial role in improving the overall health and well-being of local people** including those who are service users and patients in north east London. Social care promotes people's wellbeing and supports them to live independently, staying well and safe, and it includes the provision of support and assistance to individuals who have difficulty carrying out their day-to-day activities due to physical, mental, or social limitations. It can therefore help to prevent hospital admissions and reduce the length of hospital stays. This is particularly important for elderly patients and those with chronic conditions, who may require long-term social care support to maintain their independence and quality of life.

**In north east London 75% of elective patients discharged to a care home have a length of stay that is over 20 days (this compares to 33% for the median London ICS).**

The **work of local authorities more broadly, including their public health teams**, as well as education, housing and economic development, work to address the wider determinants of health such as poverty, social isolation and poor housing conditions. As described above, these are significant challenges in north east London, critical to addressing health and wellbeing outcomes and inequalities.

In our strategy engagement we heard of the desire to accelerate integration across all parts of our system to support better access, experience and outcomes for local people. We heard about the opportunities to support greater multidisciplinary working and training, the practical arrangements that need to be in place to support greater integration, including access to shared data, and the importance of creating a high trust and value-based environment which encourages and supports collaboration and integration.



There are **more than 1,300 charities operating across north east London**, many either directly involved in health and care or in areas we know have a significant impact on the health and wellbeing of our local people, such as reducing social isolation and loneliness, which is particularly important for people who are vulnerable and/or elderly.

Thousands of informal carers play a pivotal role in our communities across NEL, supporting family and friends in their care, including enabling them to live independently.

## **4. Our challenges and opportunities**

# The key challenges facing our health and care services

Partners in NEL are clear that we need a **radical new approach to how we work as an integrated care system** to tackle the challenges we face today as well as securing our sustainability for the future. Our Integrated Care Strategy highlights that a shift in focus upstream will be critical for improving the health of our population and tackling inequalities. The health of our population is at risk of worsening over time without more effective **prevention** and **closer working with partners** who directly or indirectly have a significant impact on healthcare and the health and wellbeing of local people, such as local authority partners and VCSE organisations.

Two of the most pressing and visible challenges our system faces today, which we must continue to focus on, are the long waits for accessing **same day urgent care**; and a large backlog of patients waiting for **planned care**. Provision of urgent care in NEL is more resource intensive and expensive than it needs to be and the backlog for planned care, which grew substantially during Covid, is not yet coming down, as productivity levels are only just returning to pre-pandemic levels. Both areas reflect pressures in other parts of the system, and have knock-on impacts.

The wider determinants of health are also key challenges that contribute to challenges. Most of our places we have seen unemployment rise during the pandemic, although this number is dropping, and we still have populations who remain unemployed or inactive.

We currently have a **blend of health and care provision for our population that is unaffordable**, with a significant underlying deficit across health and care providers (in excess of £100m going into 23/24). If we simply do more of the same, as our population grows, our financial position will worsen further and we will not be able to invest in the prevention we need to support sustainability of our system.

To address these challenges and enable a greater focus upstream, it is necessary to focus on **improving primary and community care services**, as these are the first points of contact for patients and can help to prevent hospital admissions and reduce the burden on acute care services. This means investing in resources and infrastructure to support primary care providers, including better technology, training and development for healthcare professionals, and better integration of primary care with community services. In addition, there is a need for better management and **support for those with long-term conditions** (almost a third of our population in NEL). People with LTCs are often high users of healthcare services and may require complex and ongoing care. This can include initiatives such as care coordination, case management, and self-management support, which can help to improve the quality of care, prevent acute exacerbation of a condition and reduce costs.

Achieving this will require our workforce to grow. This is a key challenge, with high numbers of vacancies across NEL, staff turnover of around 23% and staff reporting burnout, particularly since the COVID-19 pandemic.

*The following slides describe these core challenges and potential opportunities in more detail. Where possible we have taken a population health approach, considering how our population uses the many different parts of our health and care system and why. More work is required to build this fuller picture (including through a linked dataset) and this forms part of our development work as a system.*

# Urgent and emergency Care including Transformation - is a system priority following the publication of the National UEC Recovery Plan

## Key challenges

## Detail

Nationally demand for urgent and emergency care continues to grow post Covid-19. Across NEL we have planned for a 2% growth in UEC demand

- Patients are presenting with more complex conditions.
- Since the pandemic the increase in complexity and acuity is having knock-on impacts across the urgent and emergency care pathway, this includes ambulance call-outs, ambulance handovers, A&E 4 hour performance and length of stays

Longer term trends point to an increasing need for health and care

- Outside of the immediate challenges presented post pandemic we are facing a growth in demand due to:
  - 1) population growth,
  - 2) an ageing population, and;
  - 3) greater numbers of people living with long term conditions.

Occupancy levels for our general and acute hospitals continues to be a challenge – especially during the winter

- High bed occupancy is a key driver for increased pressure across urgent and emergency care services. In NEL our bed occupancy has seen an increasing trend in the last 8 weeks. When our hospitals are full it is harder to find free beds for patients that need to be admitted.
- Higher occupancy coupled with longer lengths of stay also results in challenges in discharging patients back into their own homes or their communities. Across NEL an average of 10.79% of our G&A hospital beds are occupied by patients that are medically fit for discharge

Increasing demand and length of stay on emergency mental health services

- Long waits for people with mental health needs in A&E are increasing. 36.8% of A&E mental health attendances were waiting over 12 hours. This is an uptrend in the last QR across NEL

# We have a large backlog of people waiting for planned care

## Key messages

Demand for elective care is growing, adding to a large existing backlog

Activity levels vary week on week for many reasons and we haven't yet seen consistent week on week improvements in the total waiting list size

There are financial implications from over/under performance on elective care

Tackling the elective backlog is a long-term goal and will require continuous improvements to be made

There may be opportunities for improvements in elective care, particularly around LOS

## Detail

- Demand for planned care is expected to grow by 19.7% between 2022/23 and 2027/28, or by around 4% per year.
- There are currently around 174,000 people waiting for elective care As of December 2022, 18 people had been waiting longer than 104 weeks, 843 longer than 78 weeks and 8,646 longer than 52 weeks.
- The 'breakeven' point for NEL's waiting list (neither increasing nor decreasing) requires an activity level of 4,281 per week\*. This breakeven point is expected to increase by around 4% per year due to projected increases in demand.
- Activity levels vary throughout the year. For instance, in Sept-Dec 2022 trusts in NEL were reducing the overall number of waiters by 391 per week, whereas since then the overall number waiting has increased.
- We have an opportunity to earn more income (from NHSE) by outperforming activity targets, thereby bringing more money into north east London. If the additional cost of performing that extra activity is below NHSPS unit prices then this also supports our overall financial position.
- A reasonably crude analysis of our elective activity suggests that delivering elective care at the rate of our peak system performance for last year (Sept-Dec 2022) would lead to no one waiting over 18 weeks by September 2027. This timescale would require an uplift in care delivery each year equivalent to expected demand increases (4% per year).
- An analysis of NEL against other London ICSs indicates that moving to the median LOS for elective admissions would reduce bed days by 13% and moving to the England median would reduce bed days by 31% (comparison excludes day cases).



# We need to expand and improve primary care, including improving the way care is coordinated

- North-east London currently has fewer GP appointments per 100,000 weighted population than other ICSs in England. The national median is around 8% greater than in NEL, suggesting part of the cause of pressure on other parts of the system, including greater than expected non-elective admissions at the acute providers, may be due to insufficient primary care capacity.
  - Over the year to September 2023, booked general practice appointments across NEL increased by about a third to over 11 million appointments (two thirds face to face and 77% within a week). NEL is on track to meet the operating plan trajectory of 1 million appointments by March 2024, this is a 3% increase of appointments on the previous year, taking population growth into account
  - 47% of appointments were delivered by other professionals such as nurses and 44% of all appointments were seen on the same day as they were booked\*. This figure includes both planned and reactive care. 57% of appointments were patient-initiated contacts, booked and seen on the same day.\*\*\*
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- There is wide variation in the number of delivered appointments or average clinical care encounters per week in NEL. For 2022/23 this ranges from 93.56 per 1000 (weighted registered) patients in Tower Hamlets, to 68.01 per 1000 (weighted registered) patients in Havering. The NEL average is 77.78 per 1000 (weighted registered) patients.\*\*
- We are developing processes and technology to streamline patient access to the most appropriate type of appointment and advice, with clear signposting, for health care professionals and local people to ensure they are directed to the full range of services available at Practice and Place, in and out of general practice hours.
  - Without substantial increases in primary care staffing the GP to patient ratio will worsen as demand for primary care increases in line with projected population growth. There are pockets of workforce shortages with significant variation in approaches to training, education and recruitment. We are focusing upon initiatives to keep our staff such as mentoring and portfolio careers having developed SPIN (specialised Portfolio innovation) which is the basis for the national fellowship programme which we are offering to GPs and other professional groups.
  - There are opportunities to build on our best practice to further develop integrated neighbourhood teams, based on MDTs, social prescribing and use of community pharmacy consultation services, which will strengthen both our continuity of care of long term conditions and our ability to work preventatively.

## Primary Care Networks (PCNs)

- Primary networks bring together GPs and other primary care professionals in small local areas to work together. They will work with new Integrated Neighbourhood Teams (INTs) to deliver joined up care based on individual and local needs.
- PCNs will be used to improve access, focus on preventative interventions, support personalised care, health education and harness wider community services through collaboration and navigation
- PCNs will involve practices and federations, social care, community health services, mental health services, pharmacy, care homes links to hospitals and voluntary/community organisations.

# Develop and build upon our community care resources

- Community care in north east London is currently fragmented, with four core provider trusts and over 65 other providers offering an array of community services. More work is required to understand the impact this has on patient outcomes and variability across NEL's places, but we know that for pulmonary rehab, for example, there is variation in service inclusion criteria and the staffing models used, and that waiting times vary between 35 and 172 days, with completion rates between 36% and 72% across our places and services.
- There are significant opportunities and synergies to improve community pathways given the co dependencies with neighborhood teams, long term conditions, planned care , primary care and UEC. Community services are key to optimizing admission avoidance and discharge but a resource shift is required to enhance preventative and community pathways

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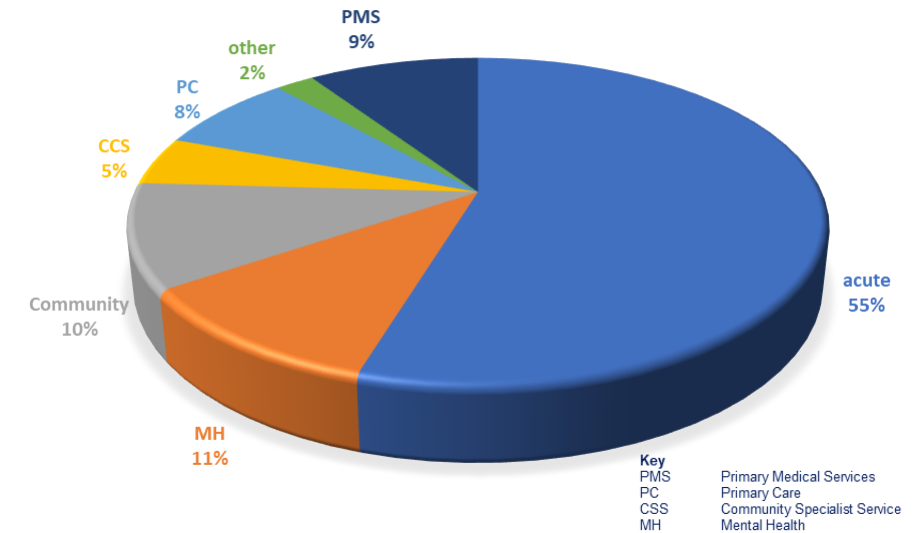
More children and young people are on community waiting lists in NEL than any other ICS (NEL is about average, across England, for the number of people on adult community waiting lists). Particular challenges are SALT, community pediatrics and neurodiversity pathways

- Our adult waiting lists are very pressured , particularly regarding MSK pathways, SALT, podiatry and dietetics
- Identifying and understanding the areas of greatest population and community need will provide a basis for community health care leads to support a joint planning approach. Allowing for agreement on priority areas under the context of service pressures. Approaching community health care in a targeted way and focusing on those areas of greatest need will also support reducing variance in services across the NEL system
- There is a need for a clear and current overview of community health services across the system and places. Linked to also being able to monitor the outcomes for residents of those services and the resources utilized, this will ensure that the NEL system is able to make the most efficient use of those community health services for the population.
- Improvement networks give us an opportunity to bring together best practice, jointly work on solutions that are led by clinicians and subject matter experts, in partnership with our users and carers. This approach will ensure equitable and consistent pathways, that are delivered locally and tailored to meet local population needs.

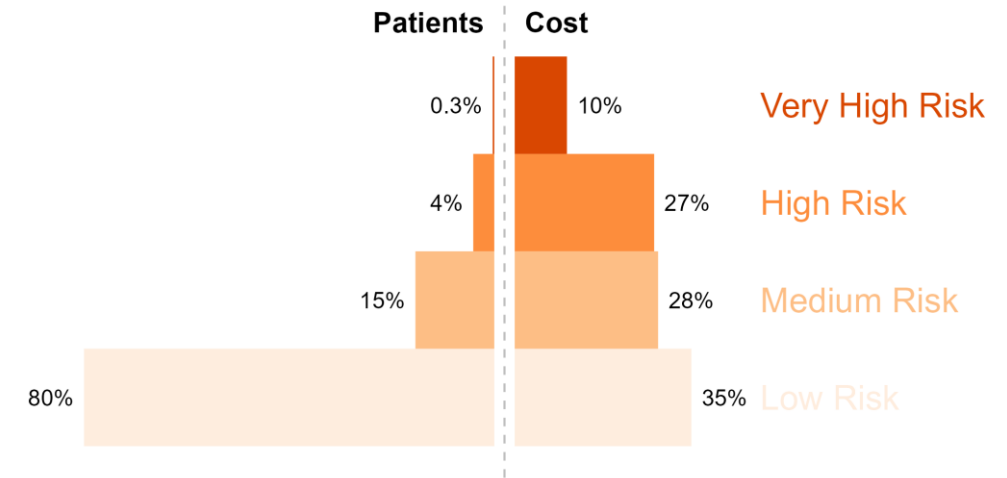
# We need to move away from the current blend of care provision which is unaffordable

- The system has a significant underlying financial deficit, held within the Trusts and the ICB. Going into 2023/24 this is estimated to be in excess of £100m. This is due to a number of issues, including unfunded cost pressures.
- The system has therefore developed a financial recovery plan, which if delivered would result in a £31m deficit in 23/24.
- Current plans to improve the financial position, such as productivity/cost improvement programmes within the Trusts, are expected to close some of this financial gap and we know there are opportunities for reducing unnecessary costs, such as agency spend. The system is also looking at a range of further measures designed to improve the underlying run rate.
- In addition to a financial gap for the system overall, there are discrepancies between how much is spent (taking into account a needs-weighted population) across our places, in particular with regard to the proportion spent on out of hospital care.
- The system receives a very limited capital budget in 23/24 of £95m, significantly less than other London ICSs (which receive between £130m-£233m) and comparable to systems with populations half the size of NEL\*. This puts significant pressure on the system and its ability to transform services, as well as maintain quality estate. In 24/25 the estimated budget is £86m.
- There is huge variation in the public health grant received by each of NEL's local authorities from central government. The variation is at odds with the government's intended formula (which is based on SMR<75) and is the result of grants largely being based on historical public health spend. This impacts on our ability to invest upstream in preventative services.
- As a system the majority of our spend is on more acute care and we know that this is driven by particular populations (0.3% of the population account for 10% of costs associated with emergency admissions; just under 20% account for 65%).

ICB EXPENDITURE PROFILE



Risk stratified cost of emergency admissions



Percentage of emergency admission cost and patients attributable to risk bands for expected risk of admission for patients registered with a NEL GP in February 2023. Combined Predictive Model run on NEL SUS data estimates risk of admission. Cost of all emergency admissions to patients in each risk band in FY22/23 to January 2023 extracted from SUS. Patients with no risk score have been excluded from the analysis but follow a similar pattern to the low risk group. Data from NEL data warehouse.

# We are making progress – Our successes

Examples of transformation we have driven within existing resources

## Cardiovascular Disease:

NEL ICS is the top ranking 1<sup>st</sup> in England in key Cardiovascular disease outcomes including management of hypertension, atrial fibrillation, chronic kidney disease, heart disease and stroke, and people at high CVD risk.

## Long Term Conditions:

The Non-Invasive Ventilation (NIV) Service, which went live in April 22, has been put in place for the management of chronic hypercapnic respiratory failure (CHRF). Previously the service was only available through Tertiary institutions however will now be delivered locally by BHRUT to patients at home.

## Children's LTCs:

City and Hackney practices have led the development of Long term conditions (LTC) integrated management with 80% of eligible children receiving an annual review with personalised care plan, 65% of children with diabetes, sickle cell and epilepsy receiving an annual care contact from their practice.

## Elective Services:

We have an established planned care recovery and transformation programme. An integrated system programme initially set up in October 2021 to recover the elective backlog and improve equity of access for our population, led by the Acute Provider Collaborative.

## ELFT Community Health Services:

Pharmacy input into district nursing teams (HSJ Award category finalist) improved outcomes for both medicines management and medicines optimisation. Delivered via system innovation and new ways of working

## First Contact Physiotherapy:

An integrated PCN wide physiotherapy clinic that required the set-up of a cross organisational booking system. Resulting in beneficial patient experience.

## Young Peoples Outpatient Services:

Tower Hamlets has established a young people's GP clinic called 'Health Spot' aligned with youth provision rights in order to provide a trusted approachable environment where young people are able to see a doctor, specialist nurse or mental health worker. Supporting them with integrated holistic healthcare, health literacy and empowerment.

## Transforming Outpatient Services:

Our GPs can now receive advice directly from a number of specialist consultants, reducing hospital attendance and giving speedy care. In 2022/23 we achieved against the 16% national ask for advice and guidance requests across 2022/23, and for approximately 29% of all outpatient appointments in January.

## **5. How we are transforming the way we work**

# Across the system we are transforming how we work, enhancing productivity and shifting to a greater focus on prevention and earlier intervention

- The previous section set out the challenges that the north east London health and care system needs to address to succeed in its mission to create meaningful improvements in health and wellbeing for all local people
- North east London's portfolio of transformation programmes has evolved organically over many years: rooted in the legacy CCGs and sub-systems, then across the system through the North East London Commissioning Alliance and the single CCG, and now supplemented by programmes being led by our place partnerships, provider collaboratives, and NHS NEL.
- It has never previously been shaped or managed as a single portfolio, aligned to a single system integrated care strategy.

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As part of moving to this position, this section of the plan baselines the system portfolio with programmes set out according to common descriptors – providing a single view never previously available across the system, with the scale of the investment of money and staff time in transformation clearer than ever before.

This section sets out how partners across north east London are responding to the challenges described in the previous section. It describes how they are contributing to our system priorities by considering five categories of improvement

**1. Our core objectives of high-quality care and a sustainable system**

**2. Our NEL strategic priorities**

**3. Our supporting infrastructure**

**4. Place based Partnerships priorities x7**

**5. Our cross-cutting programmes**

# Urgent and emergency care

## Portfolio vision, mission and key drivers:

The aim of our portfolio is to improve access to urgent and emergency care for local people that meets their needs and is aligned with the UEC national plan. The portfolio is structured around five strategic system goals: **Prevention** of conditions, **Management** of existing conditions and needs, **Timely intervention** for escalation of needs or new needs and conditions, **Timely and effective return** to community setting following escalation, underpinned by **data, governance, effective pathways and enablers**. The national and local drivers focus on **increasing capacity, growing the workforce, speeding up discharge** from hospitals, **expanding new services in the community** and helping people access the **right care first time**.

## Key stakeholders:

Place, PCNs, practices, pharmacy, Acute, Community and mental health collaboratives and Urgent and emergency care services. Healthwatch and patient groups.

## Key programmes of work that will deliver the vision and mission

The work within the portfolio is mapped against our strategy goals and four outcomes. **1) strengthening provision and access to alternative pathways, 2) optimising flow through hospitals, 3) using population health management to keep people well in the community and 4) setting up governance and pathways to form system wide sustainable plans.** There are a range of projects to deliver on these outcomes that have been divided into directly managed by UEC portfolio and those sitting in other portfolios. UEC directly managed – 111 procurement and development, hospital flow, ambulance flow, system co-ordination centre, urgent treatment centres, virtual wards and winter planning. Other delivery areas such as same day access, urgent community response, mental health pathways and planned care sit in other portfolios but will be monitored and reported to the UEC Board. Additionally establishing the NEL UEC PMO and governance will provide infrastructure to deliver a measurable impact.

## Details of engagement with places, collaboratives and other ICB portfolios

One to ones throughout the summer to understand local strategies and plans to build up the NEL UEC portfolio. Work underway to propose new ways of working and governance structures. Collaboration will be at the heart of the portfolio.

## Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- April 2025:
- System co-ordination centre set up in line with specification
  - Reduction in delayed discharges and improvements to A&E performance
  - Elimination of ambulance handover waits over 45 minutes
  - 111 provider working to a new specification following procurement process
  - Expansion and coordination of virtual wards beds
- April 2026:
- 
- April 2027:
- 

## Engagement with the public:

Engagement activities have taken place at Place and Trust level which has informed plans and communications – to date there have been NEL UEC patient engagement activities



Portfolio vision, mission and key drivers:

- Develop a consistent community services offer across NEL
- Improving population health and outcomes, working closely with residents
- Supporting neighbourhoods and PLACEs to enable people to stay well and independent, for as long as possible, wherever they call home
- Creating wider system value by unlocking system productivity gains
- Using evidence to understand the totality of services, outcomes and resources across NEL, identifying opportunities for improved outcomes
- Create and facilitate collaborative partnerships with local authorities, primary care, health providers, and the independent voluntary and charitable sector
- Supporting wider system pressures by maximising CHS opportunities (i.e LAS call outs, UEC attendances, unplanned care, LA residential care pressures)

Key stakeholders:

- 7 PLACEs
- ELFT
- NELFT
- Homerton
- Barts
- 65 plus bespoke providers

Key programmes of work that will deliver the vision and mission

- Leading joint approach to Planning for the first time across NEL
- Coordinating finance discussions across NEL re pressures, risks and priorities
- Developing and evolving Improvement Networks, bringing together subject matter experts and creating a conducive environment to design best practice pathways and consistent offers across NEL
- BCYP Improvement network 15<sup>th</sup> November
- Rapid Response and Falls Network TBC January '24
- MSK and Falls likely to lead to Improvement Network re Community Nursing/integration opportunities across health and social care workforce
- Discussions re MSK pathway in train with Planned Care colleagues
- Aligning with Digital work , Proactive Care, Universal Care Plan, Fuller
- Maximising opportunities for CHS blueprint/integration via Whipps X (WF and RB), St Georges HWB Hub (Havering) and Porters Ave (LBBD)
- Comprehensive CHS Diagnostic planned (to procure Dec '23) giving a bottom up approach from a PLACE perspective, to gain NEL wide understanding of resource, quality outcomes, user and carer experience, cost, workforce across health, local authorities, primary care, VCS

Details of engagement undertaken with places, collaboratives and other ICB portfolios

- Joint planning sessions 1<sup>st</sup> Nov and 11<sup>th</sup> Dec (45+ people across PLACEs and providers)
- 121 discussions with Place Directors, core provider leads
- Engagement across collaboratives and programmes (UEC, LTC, BCYP, Planned Care)
- Joint meeting with Primary Care Collab Dec '23

Co dependencies on other programmes

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Developing Consistent pathways and models for CHS, minimising variances in outcomes and experience
- Maximising opportunities to integrate and avoid duplication

Engagement with the public:

- Patient engagement at an early stage but conversations with Patient experience leads Nov '23 to utilise existing forums
- Well established carer and user infrastructure in BCYP



Portfolio vision, mission and key drivers:

Our vision is for north east London to be a place where you can access consistent high-quality primary care, from a dedicated, motivated and multi-skilled workforce enabling local people to live their healthiest lives

The aim of our portfolio is to deliver on ambitious plans to transform primary care, offering patients with diverse needs a wider choice of personalised, digital-first health services through collaboration with partners across the health and social care and communities. National and local plans place a focus on improving access, prevention, personalisation, tackling inequalities and building trusting environments.

Our local challenges include population growth, deprivation, exacerbating poor physical and mental health and workforce retention and development and a financial challenge urging cost effectiveness and efficiency

Key stakeholders:

Place, PCNs, practices, pharmacy, Acute, Community and mental health collaboratives and Urgent and emergency care services. Healthwatch and patient groups.

Key programmes of work that will deliver the vision and mission

There are a range of programme that make up the primary care portfolio to ensure the delivery of our goals.

**Empowering patients** - supporting patients to manage own health, stay healthy and access services. **Improving access** - providing a range of services and assistance to respond to patient needs in a timely manner. **Modernising primary care** - developing new and digital tools to support highly responsive quality care. **Building the workforce** - staff recruitment, retainment and develop plans in place to improve job satisfaction and flexibility. **Working smarter** - reduced workload across primary/secondary services and improvements to sustainable and efficient ways of working. **Optimising enablers** - estate, workforce and communication plans to support the implementation of our goals.

Integrated Neighbourhood Teams (INT) are pivotal to transforming Primary Care and will be delivered through work responding to the Fuller recommendations. **A framework** will offer a streamlined approach for the delivery by integrating Primary Care, including Pharmacy, Optometry and Dentistry, alongside wider health care, social care and voluntary sector organisations. INTs will facilitate care, through 'teams of teams' approach enabling **continuity of care**. These teams will also be instrumental in broadening the availability of care, providing **extended in and out-of-hours services**, including urgent care. A **single point of contact through advanced cloud-based telephony systems** will streamline access to care, while **improved signage and navigation** will guide patients to the right services.

The Fuller initiatives are accompanied by other enabling programmes. **People**, will bolster the **capacity of the ARRS roles, establish training and development opportunities**, and **determine the ideal workforce** for INTs. Infrastructure, including, Estates and Data will align current plans to INT requirements, as well as **Digital First** which aims to improve digital access (including remote consultation), NHS App usage, improving practice efficiency and increasing competence to use digital tools.

Wider programmes which are fully or partly delivered through primary care providers, include, **Pharmacy**, enhancing the role of the community pharmacy to improve access and patient self-management, **Long Term Conditions (LTCs)**, including a range of interventions such as case-finding, annual or post-exacerbation reviews for targeted patients, as well as programmes that sit in other collaboratives such as **Personalisation** and **Vaccinations**. Other transformational projects to improve dental and optometry services will be developed in the future as their provider groups mature.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

A number on workshops with collaboratives, places and the UEC/ LTC / digital / workforce programmes.

The portfolio is overseen by a lead for UEC portfolio to strengthen interplay. Working in conjunction with other portfolios is a key improvement area following the deep dive in October

Webinars held for PCNs to promote digital tools

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- April 2025:

  - Same day handling of all calls to practices
  - All practices transferred to cloud based telephony
  - Improvements to NHS app and practices websites and e-Hubs
  - All practices offering core and enhanced care for people with LTCs
  - Additional services from community pharmacies
  - All Places have INTs established for at least one patient cohort
- April 2026:

  - All practices will be CQC rated as GOOD or have action plans to achieve this further equalisation of enhanced services (IN DEVELOPMENT)
- April 2028:

  - Streamlined access to a universal same-day care offer, with the right intervention in the right setting and a responsive first point of contact

Engagement with the public:

Enhanced access engagement exercise with practices in 2022. London wide digital tools engagement involved NEL residents.

Fuller programme plans to engage on the SDA vision

# Planned Care

**Portfolio vision, mission and key drivers:**

- The aim of the programme is to reduce waiting times for elective care in line with the national recovery plan so that no one is waiting more than 52 weeks by March 2025
- This will be delivered through an integrated system approach to improving equity of access to planned care for the people of North East London by focusing on 3 primary drivers – managing demand, optimising capacity & creating new capacity.
- The portfolio of planned care recovery & transformation work spans the elective care pathway from pre-referral to treatment encompassing out of hospital services, outpatients, diagnostics and surgery.
- The planned care portfolio consists of three significant programmes of work – outpatient & out of hospital transformation; diagnostic recovery & transformation and surgical optimisation. The activities and interventions undertaken with these programmes are designed to improve the management of demand, optimise existing capacity and support and enable the creation of new capacity

**Key stakeholders:**

- Trusts
- APC
- ICB
- Place Based Partnerships
- Primary Care Collaborative including PCNs
- Community Care Collaborative
- Independent Sector Providers – acute and community
- Clinical and operational teams across all acute Trusts

**Key programmes of work that will deliver the vision and mission**

The portfolio of planned care recovery & transformation work spans the elective care pathway from pre-referral to treatment encompassing;

- **Outpatients and out of hospital services** - The aim of this programme is to optimise the use of our existing outpatient capacity whilst transforming how we work together across primary, community and secondary care to manage demand for services and create a sustainable outpatient & out of hospital system. Achieving this requires transformation across the whole pathway, as well as the way in which outpatient clinics are organised and delivered
- **Diagnostics** - The recovery and transformation of diagnostics includes a broad portfolio of work encompassing imaging, endoscopy, pathology and physiological measurement. The aim of the programme is to create resilient diagnostic services to support elective, including cancer, pathways
- **Surgical Optimisation** - The focus of this programme is to ensure we are using our available elective surgical capacity to increase volumes of activity and reduce waiting times. This includes Trusts improving the utilisation of their elective theatre capacity and optimising the use of NHS and ISP capacity to reduce waiting times. NEL has secured @ £33m investment from the target investment fund to open new theatres in Hackney, Newham and Redbridge, which are expected to operate as system assets.

**Details of engagement undertaken with places, collaboratives and other ICB portfolios**

The planned care recovery & transformation programme is an integrated system programme with system wide engagement at its heart. Priorities, governance and delivery structures have been created over the last 2 years with primary care, the ICB, PBP and acute providers.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

In NEL, this will mean delivering reduction in waiting times and reducing the variation in access that exists. Key benefits include;

- Reduce variation in service provision and improve equity of access
- Improve referral pathways. Enable patients to get the right service at the right time
- Improve patient accessibility to diagnostics, in order to; reduce pressures on primary and unplanned care, reduce waiting times, reduce steps in patient pathway, reduce follow-up activity; reduce non-admitted PTL, improved utilisation of imaging capacity
- Increase surgical activity at all sites, avoid wasted capacity, enable patients to be offered surgery at sites with shortest wait

**Engagement with the public:**

The national elective recovery plan has been developed with widespread public engagement. Our programme reflects these priorities, which are adapted to meet the needs of our local population.

Portfolio vision, mission and key drivers:

The North-East London Cancer Alliance is part of the North East London Integrated Care System and is committed to **improving cancer outcomes and reducing inequalities for local people.**

Our aim is that everyone has equal access to better cancer services so that we can help to:

- Prevent cancer
- Spot cancer sooner
- Provide the right treatment at the right time
- Support people and families affected by cancer

Drivers

- Our work enables the ICB to achieve its objectives, as set out in the strategy, across the ICB’s six cross-cutting themes:
- Tackling Health Inequalities
- Greater focus on Prevention
- Holistic and Personalised Care
- Co-production with local people
- Creating a High Trust Environment that supports integration and collaboration
- Operating as a Learning System driven by research and innovation

Key stakeholders:

Patient and Carers  
Providers, Partners, PLACE  
Cancer board  
APC Board and National / Regional Cancer Board

Key programmes of work that will deliver the vision and mission

- The programme consists of projects to improve diagnosis, treatment and personalised care.
- Key milestones to be delivered by March 2025 and 2026 include:
  - Deliver BPTP milestones in suspected prostate, lower GI, skin and breast cancer pathways:
  - Delivering the operational plan agreed for 28d FDS, combined 31d treatment and 62d cancer standards.
  - Deliver 100% population coverage for Non-Specific Symptoms (NSS) pathways.
  - Ensure sustainable commissioning arrangements for NSS pathways are in place for 2024/25
  - TLHCs provided in 3 boroughs with an agreed plan for expansion for all boroughs by 2025.
  - Develop and deliver coproduced quality improvement action plans to improve experience of care.
  - Support the extension of the GRAIL interim implementation pilot into NEL.
  - Ensure all patients are offered the personalised care package with equal access to psychological support, pre-habilitation and rehabilitation services.
  - Personalised stratified pathways can reduce outpatient attendance and allow patients to be monitored remotely reducing the need to attend clinics.
  - Improve the quality of life and support patients need to live beyond cancer.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

- Weekly APG Operational delivery meeting
- Tumour specific Experts Reference Group (ERG)
- Project Delivery Groups (PDG)
- Cancer board – internal assurance
- Programme Executive Board – NEL operational delivery
- APC Board, CAB and National / Regional Cancer Board

Summary of the benefits/impact that North East London local people will experience by April 2025 and April 2027:

2025/26:

- Access to Targeted Lung Health Check service for 40% of the eligible population
- Invitation for up to 45,000 people into the GRAIL pilot
- Continued mainstreaming as part of the Lynch Syndrome pathway
- Improved quality of life and experience of care.

2027/ 28:

- Early cancer diagnosis: 75% of cases diagnosed at stage 1 or 2 by 2028.
- Improved uptake of cancer screening
- Every person in NEL receives personalised care and support from cancer diagnosis

Engagement with the public:

Patient Reference groups  
Campaign workshops

# Maternity

**Portfolio vision, mission and key drivers:**

- Three year delivery plan for maternity and neonatal services: 2023-2026. . This has consolidated the improvement actions committed to in Better Births, the NHS Long Term Plan, the Neonatal Critical Care Review, and reports of the independent investigation at Shrewsbury and Telford Hospital NHS Trust and the independent investigation into maternity and neonatal services in East Kent. The expectations on Local Maternity and Neonatal Systems are that they focus on the following areas;
- Listening to, and working with, women and families with compassion
- Growing, retaining, and supporting our workforce
- Developing a Culture of safety, learning and support
- Standards and structures that underpin safer, more personalised and more equitable care

**Key stakeholders:**

All LMNS and APC board Stakeholders (PBC, LA, Trusts, MNVPs- service users, Third sector organisations) Regional Maternity Transformation Team, Chief Midwife Office, ICB BCYP, Public Health.

**Key programmes of work that will deliver the vision and mission**

- Pelvic Health Service: All women experiencing urinary incontinence to be able to access postnatal physiotherapy up to 1 year post delivery
- Increased breastfeeding rates, especially amongst babies born to women from black and minority ethnic groups or those living in the most deprived areas.
- Midwifery Continuity Care, prioritising the provision to women from Black and minority ethnic (BAME) groups who will benefit from enhanced models of care.
- Perinatal Optimisation Programme:
- Develop pathways to manage abnormally invasive placenta across NEL
- Workforce and Development Projects

**Details of engagement undertaken with places, collaboratives and other ICB portfolios**  
All LMNS and APC board Stakeholders (PBC, LA, Trusts, MNVPs- service users, Third sector organisations) Regional Maternity Transformation Team, Chief Midwife Office, ICB BCYP, Public Health.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- By reducing stillbirth, maternal mortality, neonatal mortality, and serious brain injury in women and babies from BAME groups and women from deprived areas. National ambition to reduce by 50% by 2025
- By closely aligning maternity and neonatal care to deliver the best outcomes for women and their babies who need specialised care by achieving <27 weeks IUT.
- By improving personalised care for women with heightened risk of pre-term birth, including for younger mothers and those from BAME groups and deprived backgrounds
- By ensuring that all providers have full baby-friendly accreditation and that support is available to those who are from BAME groups and/or living in deprived areas who wish to breastfeed their babies
- Ensuring local maternity and neonatal voice partnerships (MNVPs) have the infrastructure they need to be successful and put service user voices at the heart of service improvement. This includes funding MNVP workplans and providing appropriate training, and administrative and IT support.

**Engagement with the public:**  
MNVPs, Third Sector organisations and communities identified in the E&E LMNS report.

# Babies, children and young people

**Portfolio vision, mission and key drivers:**

**Vision:** To provide the best start in life for the babies, children and young people of North East London.

**Mission:** The BCYP Programme aims to reduce unwarranted variation and inequality in health and care outcomes, increase access to services and improve the experience of babies, children, young people, families and carers and strengthen system resilience.

Through strong working relationships across health and social care partners, we will increase collaboration, enhance partnership working and innovation, share best clinical and professional practices with each other and deliver high quality services.

**Drivers:** NEL Integrated Care Strategy, NHS Priorities and Operational Planning Guidance, NHS Long Term Plan, Ongoing impact of COVID-19 pandemic, Royal College of Paediatrics and Child Health – State of Child Health, Academy of Medical Royal Colleges – Prevention is better than cure and NHS England (London Region) Children and Young People’s mandated requirements.

**Key stakeholders:**

ICB Executive, BCYP SRO, Place Directors; Collaborative/ Programme Directors; Provider Directors; GP CYP Clinical Leads; Directors of Children’s Social Care; Designated Clinical/Medical Officers; NHSE (London) CYP Team; North Thames Paediatric Network; Safeguarding Team; Parent Forums

**Key programmes of work that will deliver the vision and mission**

Acute care - priorities are CYP elective care recovery, diabetes, allergy and addressing urgent and emergency care priorities for BCYP.

Community-based care -priorities are local integrated care child health pilots, increasing capacity (including 7 day access to children’s community nursing and hospital@home), improving children’s community service waiting times;

National/regional mandated priorities including long term conditions;

Primary care – priorities are BCYP unregistered with a GP, YP access to integrated health hubs; ‘You’re Welcome standards and Child Health training curriculum;

Special Education Needs and Disabilities (SEND) - SEND Inspection Readiness Group to ensure Places and ICB are prepared for new Ofsted Inspection framework and are meeting NHSE requirements. Focus Areas – Autism and Diagnostic pathways and Pre and Post offers of support for families.

Special cohorts including Child Sexual Abuse (CSA) hub, looked after children and care experienced young people.

**Details of engagement undertaken with places, collaboratives and other ICB portfolios**

Acute, community, mental health/learning disabilities and autism and primary care collaboratives. LTC and UEC Programmes. Places via NEL BCYP Delivery Group

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

Care is delivered closer to home as our children, young people, their families and carers have requested;

Enhanced quality of care for BCYP with asthma, diabetes and epilepsy;

Improved access to primary and integrated care for BCYP via integrated health hubs;

CYP with SEND will receive integrated support across education, health and care and reduced waiting times for SLT and autism;

Prescription poverty for our care leavers will be tackled.

Reduce the impact of child sexual abuse through improved prevention and better response.

**Engagement with the public:**

Via Providers.  
SEND Parent’s Forum  
National Voices



Long Term Conditions

<p><b>Portfolio vision, mission and key drivers:</b></p> <p><b>Our vision</b> - To support everyone living with a long-term condition in North East London to live a longer, healthier life and to work to prevent conditions occurring for other members of our community, and support communities to prevent LTC onset or progression</p> <p><b>Mission</b> - Listening to communities to understand how we can support patients in managing their own conditions</p> <ul style="list-style-type: none"><li>• Reduce working in silos and embed a holistic approach to LTCs</li><li>• Reduce unwarranted variation and inequality in health and care outcomes</li><li>• Increase access to services and improve the experience</li><li>• Working partners to prevent residents from developing more than one LTC through early identification of risk factors</li><li>• To ensure there are appropriate interventions and services that support a patient in preventing or managing an exacerbation of their condition</li><li>• Keep hospital stay short and only when needed</li><li>• To ensure we effectively plan and provide services that are value for money</li></ul> <p><b>Key drivers –</b></p> <p>Long-term conditions have a national and regional focus as a core component of the Long Term Plan, with attention on Cardiovascular disease, stroke, diabetes, and respiratory. Furthermore, LTCs are entwined with us to address inequalities, and we support projects such as Core25Plus and Innovation for Healthcare Inequalities Programme</p> <p>Long-term conditions (LTCs) is 1 of NEL's 4 System Priorities for improving quality and outcomes and tackling health inequalities. This is reflected in Place-based priorities which all have identified one or more LTCs</p> <ul style="list-style-type: none"><li>• Across NEL, one in four (over 600 thousand people) have at least one long-term condition, with significant variation between our places (in Havering, the figure is 33%, vs 23% in Newham and Tower Hamlets)</li><li>• NEL is the highest performing ICB in England for many outcomes related to CVD, stroke, and renal, but local social demographics put the system at risk of continued growth in demand</li><li>• Nationally, long-term conditions account for half of GP appointments, 64 percent of all outpatient appointments, and over 70 percent of all inpatient bed days.</li><li>• The most deprived areas, people acquired three or more conditions (complex multimorbidity) when they were 7 years younger, compared with the least deprived.</li></ul>	<p><b>Key stakeholders:</b></p> <ul style="list-style-type: none"><li>• Residents and communities</li><li>• Place based teams</li><li>• Regional and National colleagues</li><li>• Organisation Delivery Networks</li><li>• Voluntary organisations</li><li>• Specialised Services</li><li>• Pharmacy and Medicine Optimisation</li><li>• Primary care</li><li>• Babies, Children and Young People</li><li>• Communities services</li><li>• Community collaborative</li><li>• Planned care</li><li>• Acute Provider Collaborative</li><li>• Mental health programme and collaborative</li><li>• Urgent Care programme</li><li>• BI and insights</li><li>• Communication and engagement</li><li>• Contracting and finance</li></ul>
<p><b>Key programmes of work that will deliver the vision and mission</b></p> <p><b>Primary LTC prevention &amp; Early identification</b></p> <p><b>Social determinants of health (SDOH) impact 80% of health outcomes from chronic disorders</b> and across NEL we have areas of significant deprivation which is linked with increased prevalence of long-term health conditions and lower life expectancy</p> <p>We want to work with our local population to empowering and enabling people to manage their own health and engage in healthy behaviours across their lives, so they don't develop a LTC.</p> <p><b>Secondary prevention and avoiding complication</b></p> <p>DH data has demonstrated that <b>9 out of 10 strokes</b> could be prevented and <b>up to 80% of premature CVD deaths are preventable</b>, if risk factors could be controlled. Working with social communities, and ensuring we provided person focused early identification, secondary care and avoiding complication enables us to improve outcome and reduce exacerbation of an LTC</p> <p><b>Co-ordinated care and equability of service</b></p> <p>Across NEL, <b>one in four (over 600 thousand people) have at least one long-term condition</b>, with significant variation between our places. The feedback from the Big Conversation reflects the need to join-up care and move forwards person focused approach. Working with colleagues at place we aim to continue to review current provision and reduce unwarranted variation in care across the pathway, with an aim of improving health outcomes</p> <p><b>Enabling people to live well with a LTC and tertiary prevention</b></p> <p>The effective support and management of LTC will increasingly require the management of complexity, and moving away from a single condition approach. In NEL 3 in 5 patients with a diagnosed long term condition have only one condition, the other <b>2 in 5 have multiple co-morbidities, of which diabetes and hypertension were most common</b></p>	<p><b>Details of engagement undertaken with places, collaboratives and other ICB portfolios</b></p> <p>Places – working with Heads of Live well across the 7 places who are responsible for LTCs</p> <p>Clinical/improvement Networks – wider engagement with trusts, community providers, pharmacy, primary care and place</p> <p>Organisation Delivery Networks (renal and CVD/cardiology)</p> <p>Other programme directors including specialised service, community, mental health, BYCP.</p>
<p><b>Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:</b></p> <p>Work toward national targets including:</p> <ul style="list-style-type: none"><li>• Improve detection of atrial fibrillation and ensure appropriate stroke risk reduction through anticoagulation - by 2029 85% of expected numbers with AF are detected, and 90% of patients with AF and high risk of a stroke on anticoagulation.</li><li>• Improve detection of undiagnosed hypertension and ensure those with hypertension are controlled to target – by 2029 80% of expected numbers with hypertension are detected and 80% of people with high blood pressure are treated to target</li><li>• Improve access to and uptake of Cardiac Rehabilitation (CR) – by 2029 85% of eligible patients are accessing CR</li><li>• Reduction of type 2 diagnoses / delayed onset in residents developing Type 2 (T2) diabetes delivered through an increase the number of people referred and starting the National Diabetes Prevention Programme (DPP) 45% of eligible populations).</li><li>• nting with symptoms of Transient Ischaemic Attack will have access 7 days a week to stroke professionals who can provide specialist assessment and treatment within 24 hours of symptom onset thus preventing long term disability</li></ul>	<p><b>Engagement with the public:</b></p> <p>The big conversation which consists of 56 focus groups, 430 attendees of key community events and local survey focused on LTCs and the outputs are incorporated into prioritisation for 24/25.</p> <p>Furthermore, we have incorporated feedback at service level such PR and diabetes</p>

# Mental Health

**Portfolio vision, mission and key drivers:** the aim of the Mental Health, Learning Disability and Autism Collaborative is to work together to improve outcomes, quality, value and equity for people with, or at risk of, mental health problems and/or learning disability and autism in North East London. We do this by putting what matters to service users and their families front and centre of everything we do.

The service user and carer priorities that represent our key drivers include:

- Improving peoples’ experience of accessing mental health services, including their first contact with services, and ensuring equity of access
- Children and young people can access different support from different people, including those with lived experience, when and where they need it
- People with a learning disability have the support they need and a good experience of care, no matter where they live

**Key stakeholders:** NHS North East London, East London NHS Foundation Trust, North East London NHS Foundation Trust, local authorities, primary care, voluntary, community and social enterprise sector organisations, service users, carers & residents

**Key programmes of work that will deliver the vision and mission**

1. Investing in and developing lived experience leadership across the MHLDA Collaborative so that experts by experience are active and equal partners in leading improvement and innovation across mental health, learning disability and neuro-developmental services
2. Continuing the work led by our children and young peoples’ mental health improvement network to reduce unwarranted variation across boroughs, and to do more of what works to reduce self-harm and improve outcomes for young people
3. Accelerate the work of our talking therapies improvement network to improve access, and continue to transform and improve community mental health services, with a particular focus on improving equity of access for minoritised groups and people with neurodevelopmental needs
4. Continue our focus on improving mental health crisis services and alternatives to admission - while also working to ensure that quality inpatient services are available for those who need them - making sure that people get the right support, at the right time, and in the right place
5. Working to develop core standards for community learning disability services, with a view to reducing unwarranted variation between boroughs, and sharing good practice to support our specialist workforce better

**Details of engagement undertaken with places, collaboratives and other ICB portfolios:** Place based priorities for mental health are the cornerstone of our plans. We also connect closely with the Acute Provider Collaborative on mental health support in emergency departments and form part of their programme governance on UEC. We also have strong links into the BCYP programme and community health.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Improved access, outcomes and experience of NHS Talking Therapies for minoritised communities and other under-served populations
- Improved system-wide response to children and young people presenting with self-harm through the introduction of new evidence-based interventions, including better support to teachers, GPs and parents
- Improved offer of pre-diagnostic, diagnostic and post-diagnostic support for people with neurodevelopmental support needs
- Greater equity in the community learning disability support offer across boroughs
- Improved inpatient services with lower lengths of stay, and better options of high-quality supported housing / residential care for those who need it
- Widespread adoption of personalised and person-centred care planning processes with an emphasis on continuity of care and biopsychosocial assessment

**Engagement with the public:** Our Lived Experience Leadership arrangements ensure we are continually engaging with children and young people, adults with mental health needs and people with learning disabilities and their families, and coproducing our work with service users

# Employment and workforce

**Portfolio vision, mission and key drivers:**

- Our vision is to create a transformational and flexible “One Workforce for NEL Health and Social Care” that reflects the diverse NEL communities and meets our system priorities.
- The mission focuses on developing a sustainable and motivated workforce, equipped with the right skills, competencies, and values, to improve the overall socio-economic outcomes of our NEL populations.
- The key drivers are responding to population growth and increasing demand, and developing meaningful and rewarding careers within health and social care services for local residents.

**Key programmes of work that will deliver the vision and mission**

- **System Workforce Productivity:** Continuing to address NEL’s difficult financial position through urgent investigation of workforce productivity drivers and implementation of productivity improvement initiatives.
- **System Strategic Workforce Planning:** Development of a strategic workforce planning function with the capacity, capability and digital enablers to provide the enable evidence-based decisions to ensure the long-term sustainability of the NEL Health and Social Care workforce. With the ultimate aim of developing of a system-wide health and social care workforce database and an integrated workforce planning system.
- **System Anti Racist Programme:** Embedding inclusive, anti-racist and empowering cultures across the system.
- **System wide scaling up and corporate services:** Identification of corporate services with scope for rationalisation. Streamlining operations, improving efficiency, standardising approach and reducing costs.
- **NEL Health Hub Project Programme:** Connecting local health and social care employers with colleges for employment opportunities. . Healthcare part is in partnership with Newham College and London Ambulance service and funded by GLA until March 2024. Social Care part is led by Care Provider Voice, aiming for 150 top outcomes, and funded until March 2025.
- These programmes are subject to approval by the People Board, Exec Committee, CPOS, Place, and collaboratives, aligning with the goal of enhancing socio-economic status in NEL through workforce development.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- **Integrated Health and Social Care Services:** Enhanced workforce development will lead to more integrated and effective health and social care services, improving overall care delivery.
- **Workforce Expansion and Skilling:** Initiatives like the NEL Health Hub and Social Care Hub are set to expand the healthcare workforce, providing training and development opportunities, leading to better staffed and skilled services.
- **Healthcare System Sustainability:** Focus on financial stewardship and innovation will contribute to a more sustainable healthcare system, ensuring long-term service delivery and effectiveness.
- **Equity in Healthcare Employment:** Targeted employment opportunities for under-represented groups in health and social care sectors will enhance workforce diversity, contributing to more inclusive and equitable healthcare services.
- **Enhanced Health and Well-being Services:** Programs like the Keeping Well Nel programme, funded until June 2024, will enhance health and well-being services, directly benefiting the ICS, workforce, and indirectly impacting local population health.

**Key stakeholders:**

- Provider CPOs
- People Board
- Place Directors
- Staff
- Local Authorities
- Care Sector

**Details of engagement undertaken with places, collaboratives and other ICB portfolios**

- Engaged with a broad spectrum of Health and Social Care partners through workshops and sessions.
- Involved Local Authorities, Voluntary and independent Care Sectors, Primary Care, NHS Trusts, Provider collaboratives, and Education Providers.
- More engagement is required.

**Engagement with the public:**

- Actively engaged ICS staff via hackathons and NEL residents through community events and job fairs.
- Utilized feedback from the Big Conversation for inclusive strategy development.
- More engagement is required.



# Specialist Commissioning

Portfolio vision, mission and key drivers:

- Our vision:**
- is to ensure that the population of north east London have good access to high quality specialist care that wraps around the individual, and ensures the best possible outcomes
- Our mission and drivers:**
- We are responsible for planning and commissioning of delegated specialised health services across north east London. We are responsible for specialised spend, performance and outcomes, and ensuring all parts of the local health system work effectively together to deliver exemplary specialist care
  - We are responsible for integrating pathways of care from early intervention and prevention of LTC through to specialist provision, ensuring end to end pathways to improve outcomes and manage future demand of costly specialist care.
  - We set priorities for specialised services and work with our local ICS, multi ICB partners and London regional partners to deliver world class specialised services to benefit patients within north east London, North London or London ensuring access to the right level of care.
  - We will do this by working together with health partners, specialist providers, local authorities and the voluntary community and social enterprise (VCSE) sector, with residents, patients and service users to improve how we plan and deliver specialised services.

Key programmes of work that will deliver the vision and mission

From 2024/25, ICBs will have budget allocated to them on a population basis, and from April 25 this will be allocated on a needs based allocation basis. The specialised allocation will follow a similar formula to that of other nonspecialised services that ICBs hold, and **so can be considered and contracted for alongside the rest of the pathways we commission**. Delegation of specialised services and transformation of specialised services allows us to consider the totality of resources for our population, making it easier to ensure investment in the most optimal way to improve quality and outcomes, reduce health inequalities and improve value.

The key programmes of work are to:

1. Ensure safe delegation of specialised services working alongside the NHSE regional team
2. Joint work with NHSE, London ICBs and locally in NEL focussed on specialised transformation: sickle cell disease (Haemoglobinopathies), HIV and Hepatitis (including liver disease), Renal disease, Neurosciences, Cardiology, complex urogynaecology and specialist paediatrics
3. Working alongside other portfolios will deliver this mission, mainly LTC to ensure a whole pathway approach routed in place, cancer, planned care, critical care, BCYP and mental health

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- HIV**
- People living with HIV will have improved follow up care with investment in a community led peer programme with an aim to reduce by 70% the number of eligible patients that are lost to care/failed by care. This follow up care will include regular testing, counselling, mentoring, group support, assurance and information and advice.
- Renal**
- Working towards maximise patient dialysing at home - 496 patients on home therapies by 31/32 (target of 28% of patients on home therapies by 2032).
  - Working towards maximise patients being transplanted - 280 transplant operations completed in 31/32
- Sickle Cell**
- Local people with sickle cell will receive appropriate analgesia and other pain management measures (ideally within 30 minutes) when attending any acute A&E in NEL
  - Residents will have timely access to multi-disciplinary team to support delivery of trauma-informed care based on the principles of safety, trust, choice, collaboration, empowerment and cultural competence.
- Hepatitis and HIV**
- To achieve micro elimination of HCV across NEL (2025).
  - Improved access to diagnostics and increase local prevention programmes by aligning with the British Liver Trust optimal pathway. This will support the reduction in the growth rate of liver disease (currently 20%).
- Neurosciences**
- 10% of eligible stroke admissions will have consistent 24/7 access to mechanical thrombectomy to reduce the impact of stroke
  - Improve detection of atrial fibrillation and ensure appropriate stroke risk reduction through anticoagulation - by 2029 85% of expected numbers with AF are detected, and 90% of patients with AF and high risk of a stroke on anticoagulation.
- Cardiology**
- Shorter waiting times and reduced elective and non-elective
  - HF 30 day readmission rates have recently risen to more than 20%. We aim to reduce this to reduce this <15% with roll out of dedicated HF pharmacist to review and titrate patients post discharge

- Key stakeholders:**
- NHS London Region and London ICB partners
  - NEL Provider Trusts
  - North London ICB Programme Board partners (NCL/NWL)
  - ODNs, mandatory and local clinical networks
  - EoE Region
  - Local authorities
  - VCSE

- Details of engagement undertaken with places, collaboratives and other ICB portfolios:**
- APC Executive
  - APC Joint Committee
  - NEL Executive leads
  - Close working with other ICB portfolios: LTC, Cancer, Planned Care, Critical Care, CYP, mental health

- Engagement with the public:**
- Engagement via regional and local clinical networks including Renal service users to inform dialysis provision
  - Cardiac ODN: women, family
  - HIV work with charities

**Portfolio vision, mission and key drivers:** There are four key elements to the ICS digital strategy; patient access, population health, shared record access and provision of core infrastructure:

- **Patient Access** gives residents the ability to view their records and interact digitally with health and care providers. This is and will be provided through expanding use of the NHSApp, Online and Video consultation tools, online registration and the patient held record system, Patients Know Best
- **Population Health** utilises a variety of data sources to build a picture of care needs at various levels, primarily identifying specific cohorts of patients requiring intervention but also providing overviews at population level, allowing providers to alter service provision
- **Shared Records** is the mechanism for ensuring that clinicians and other care professionals have as full a picture as possible to allow them to provide the most appropriate care to individual patients / residents. This was pioneered in NEL and is now used across London and beyond
- **Core infrastructure** is the fundamental basis for all digital activity; the foundational work done at each provider that allows them to operate effectively and puts them on a sure footing to be able to contribute to and receive data from systems external to themselves

**Key stakeholders:**  
All ICS health and care providers including NHS trusts, local authorities, GPs, community pharmacists, care home providers, third sector health and care providers, NHS England

**Key programmes of work that will deliver the vision and mission**  
The largest investment currently taking place is the replacement of the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing Oracle Millennium system in use at Barts Health. Planning is underway, with the system expected to be live by March 2025. Other significant investments in Trusts include:

- The expansion of the functionality available via the NHSApp to include the ability to manage hospital and community appointments, and the ability for patients and clinicians to interact digitally where appropriate, thus improving the experience for digitally enabled patients and freeing up resource to support those wishing to use traditional methods. This is enabled by the PHR programme
- Use of artificial intelligence and robotic process automation to support diagnostics and faster completion of administrative tasks such as clinic management within trusts, thus improving patient experience and reducing the administrative burden on trusts
- All acute trusts using the same imaging platform to store and view x-rays, scans, etc., reducing the requirement for repeat diagnostic procedures and making them available to any clinician that needs access. ICS-wide cyber security plans are in place with funding having been secured
- Introduction of remote monitoring equipment to support expansion of virtual wards

**Details of engagement undertaken with places, collaboratives and other ICB portfolios**  
Members of the digital team attend portfolio and collaboratives' meetings. A meeting has taken place with place directors but further meetings are needed.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Residents can choose to interact with health and care professionals via the use of the NHSApp, Patient Held Record, online consultation and video consultation tools, which will smooth their interaction with the NHS and free up capacity to deal with people choosing to use other routes
- Patient level and aggregated information is provided to clinicians, managers and researchers, subject to a strict approval process. This helps change the planning and delivery of healthcare provision
- NEL hosted data is used across London and neighbouring ICS's, breaking down barriers by facilitating the sharing of information and good practice
- Information is provided to individual clinicians and other professionals from within their main system, giving access to information held by most London Trusts, which enables them to provide
- Key strategic programmes are co-ordinated by the ICS team, including Community Diagnostic Centres, Frontline Digitisation, Virtual wards, Care Sector, secondary care Appointment Systems and Primary Care Digital First, working with health, social care and third sector partners

**Engagement with the public:**  
The One London programme has held various consultation meetings with patients across London, the results of which inform the strategies of each of the ICS' across London. Further engagement has been requested through further 'Big Conversations' planned in NEL

The benefits that north east London local people will experience by April 2024 and April 2026:

- Improving quality and outcomes for local people of north east London
- Securing greater equity for our residents
- Maximising value for money
- Deepening collaboration between partners

How this transformation programme reduces inequalities between north east London's local people and communities:

- Incentivising transformation and innovation in clinical practice and the delivery of services to improve the outcomes of local people
- Supporting delivery of care closer to patients' homes, including investing in programmes that take place outside the hospital environment
- Refocus how the money is spent to focus on population health, including proactive measures that keep people healthier and to level up investment to address historical anomalies of funding
- Increasing investment in prevention, primary care, earlier intervention and the wider determinants of health, including environmental sustainability

Key programme features and milestones:

- Supporting our providers to reduce transactional costs, improve efficiency and reduce waste and duplication
- Support the financial stability of our system providers and underpinning a medium to long term trajectory to financial balance for all partners
- Recognising existing challenges, including that NEL is, as a SOF 3 ICS, financially challenged with a growing population and an acute provider (BHRUT) in SOF 4 for financial performance.
- Ensuring we do not create unnecessary additional financial risk, especially in the acute sector
- ICS investment pool to fund programs designed to reduce acute demand
- Finance development programme to agree overall budgets and develop place based budgets and budgetary delegation to place
- Effective integration of specialised commissioning, community pharmacy, dental and primary care ophthalmology services

Further transformation to be planned in this area:

- Supporting the integration of health and social care for people living with long term conditions who currently receive care from multiple agencies
- Ensuring that all partners are able to understand and influence the total amount of ICB resources being invested in the care of local people.

Programme funding:

- ICB plan submitted with a total budget of £4,218m in 23/24
- Specific transformation budgets, including health inequalities, virtual wards, physical, demand and capacity funding

Leadership and governance arrangements:

- Reporting to the ICB Board and Place Partnership Boards
- Finance, Performance and Investment Committee
- Audit and Risk Committee
- CFO lead monitoring of monthly and forecast performance

Key delivery risks currently being mitigated:

- Risk to delivery of a balanced financial position. Mitigated by delivery of efficiencies, delay of planned investments

# Physical infrastructure

Capital pipeline work to be completed  
Jan. Review in January 2024

**The benefits that north east London local people will experience by April 2024 and April 2026:**

- Across NEL ICS organisations, there are 332 estates projects in our pipeline over the next 5 /10 years, with a total value of c. £2.9 billion
- These include the redevelopment of Whipps Cross hospital and a new centre on the site of St George's, Hornchurch
- Formal opening of new St George Health and Wellbeing Hub – **Spring 2024**

**How this transformation programme reduces inequalities between north east London’s local people and communities:**

- Infrastructure transformation is clinically led across the footprint whilst also achieving the infrastructure based targets set by NHSE.
- Our vision is to drive and support the provision of fit for purpose estate, acting as an enabler to deliver transformed services for the local population. This is driven through robust system wide Infrastructure planning aligned to clinical strategies, which is providing the overarching vision of a fit for purpose, sustainable and affordable estate.

**Key programme features and milestones:**

- Acute reconfiguration £1.2bn (includes estimated total for Whipps Cross Redevelopment of c. £755m)
- Mental Health, £110m
- Primary and Community Care, £250m
- IT systems and connectivity, £623m (inc. NEL Strategic digital investment framework c.£360m)
- Medical Devices replacement, £256m
- Backlog Maintenance, £315m
- Routine Maintenance inc PFI, £160m

**Further transformation to be planned in this area:**

- Construction will be undertaken where possible using modern methods in order to reduce time and cost and will be net carbon zero.
- Consider use of void spaces and transferred ownership of leases to optimise opportunity to meet demand and contain costs.
- Support back-office consolidation

**Programme funding:**

- Over the next 10 years there is expected to be a c£2.9bn capital ask from programmes across NEL

**Leadership and governance arrangements:**

- System-wide estates strategy and centralised capital pipeline
- Capital overseen by Finance, Performance and Investment Committee of NHS NEL.

**Key delivery risks currently being mitigated:**

- Recent hyperinflation has pushed up the cost of many schemes by as much as 30%. Currently exploring how to mitigate this risk, including reprioritisation
- Exploring opportunities for investment and development with One Public Estate, with potential shared premises with Councils

Portfolio vision, mission and key drivers:

Vision

By 2028, residents in Barking and Dagenham will have improved physical and mental health and wellbeing, with a reduction in the gap in health inequalities between Barking and Dagenham resident and people living elsewhere. Our strategic aims are to:

- Enable babies, children and young people to get the best start in life
- Ensure that residents live well and when they need help they can access the right support at the right time in a way that works for them
- Enable residents to live healthier for longer and be able to manage their health, have increased opportunities to have an early diagnosis of health conditions and be provided with appropriate care to manage a condition before it becomes more serious

Interdependent ICB programmes

- Babies, Children and Young People; Maternity programme; Fuller programme; Population Health programme; Long Term Conditions programme; Urgent & Emergency Care programme; Estates

Interdependent Collaborative programmes

- Acute; Community Health; Mental Health, Learning Disability and Autism; Primary Care; VCSE

Key stakeholders:

NELFT  
Primary care/PCNS  
BHRUT/Barts  
VCSE  
Healtwatch  
Local Authority-childrens and adults services; public health Estates and housing teams

Key programmes of work that will deliver the vision and mission

- Improving outcomes for CYP with SEND with a focus on therapy support, ASD diagnosis and pre-and post-diagnostic support, mental health in schools
- Tackling childhood obesity leveraging the opportunities through family and community hubs for prevention
- Development of Integrated Locality Health and Social Care Teams (physical and mental health)
- Developing a proactive and prevention approach to delivery of services with targeted prevention approaches for falls prevention, dementia diagnosis and early support; long-term conditions identification and support and health outcomes for people who are homeless
- Optimising outcomes and experience for pathways - developing a 24/7 Community End of Life Care Model; integrated Rehab and Reablement services; high Intensity User Services; demand and capacity management of high risk pathways (waiting list management)
- Improving the physical health of people with SMI

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- BCYP get the best start, are healthy, happy and achieve, thrive in inclusive communities, are safe and secure and grow up to be successful young adults
- Providing accessible services and support for residents to prevent the development of health conditions wrapped around local communities
- Improving physical and mental health and wellbeing for residents, particularly those with long term conditions
- Reduced reliance on acute and crisis services
- Improved physical health outcomes for those with a serious mental illness

Engagement with the public:

Best Chance Strategy for CYP and families; Just Say Parent Forum, engagement in Adults and Community strategy (ongoing)

Havering Place based Partnership vision, mission and key drivers:

A Healthier Havering where everyone is supported to thrive; The vision of the Havering Partnership is to pool our collective resources to create person centred, seamless care and support designed around the needs of local people throughout their life course, with a strong focus on prevention, addressing inequalities and the wider determinants of health. This compliments Havering Council’s vision for the ‘Havering that you want to be a part of’, with a strong focus on people, place and resources. We will do this by; Tackling inequalities and deprivation to reduce the impact that this has to access to services, and outcomes; Improving Mental and Emotional Support, Tackling Havering’s biggest killers; Improving earlier care and support; coordinating and joining up care; working with people to build resilient communities and supporting them to live independent, healthy lives.

Interdependent ICB programmes

- Mental Health
- Long Term Conditions
- Urgent and Emergency Care
- Workforce and other enablers such as digital
- Planned Care
- Carers work and other cross place programmes

Interdependent Collaborative programmes

- Acute Provider Collaborative
- Community Provider Collaborative
- VCSE Provider Collaborative
- Mental Health Provider Collaborative
- Primary Care Collaborative
- North East London Cancer Alliance

Key Programmes of work that will deliver the vision and mission

- **Start Well**; Children and young people get the best start in life, are able to achieve the best opportunities and keep as healthy and well as possible throughout their lives
- **Live Well**; People enjoy and are able to maintain a sense of wellbeing and good health, supported by resilient communities. They can access care and information when needed.
- **Age Well**; People are able to live independently in their own homes with appropriate care and support to maintain and develop their social and community networks
- **Die Well**; People are supported to ensure the last stages of their life happen in the best possible circumstances, receiving the right help at the right time from the right people
- **Building community resilience programme and other key enablers**; including improvements to Primary Care and delivery of the recommendations in the Fuller review, roll out of the Joy App as our single database of services and referral mechanism for social prescribing, making better use of our estate and delivery of new models of care such as the St Georges project, improvements to urgent and emergency care, imbedding a prevention approach, addressing our key workforce challenges by working together, creating the enabling framework for place including information sharing agreements between partners to enable decisions and service improvement to be driven by joined up data.
- Built on a foundation of a **joint health and care team**, bringing together the Havering Place NHS team with the Local Authority Joint Commissioning Unit to deliver improved outcomes for local people and better value for money in our commissioned services

Key stakeholders:

- Local People
  - Staff
  - VCSE
  - London Borough of Havering and their staff, who are coming together with the NHS Place team to form a joint team
  - NELFT
  - BHRUT
  - Healthwatch
  - Care Providers Voice (including Home Care and Care Home providers)
  - PELC
  - Primary Care including the GP Federation and PCNs
  - NHS North East London partners
  - Police and other community partners
  - Wider NHS partners
  - Wider Community partners and groups
- Local People are at the heart of all of the work of the Place based Partnership

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

Start Well Ambitions		
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)
Reduce the number of children and their families attending Emergency Departments for non-emergency care	Increase the number of Children and Young People receiving support for their emotional wellbeing through Primary Care	Increase the number of children and their families receiving best practice End of Life Care provision
Reduce the number of Children and Young People attending Emergency Departments in emotional or mental health crisis	Increase the number of children receiving timely Autism Spectrum Disorder (ASD) diagnosis and integrated family support	
Improve access to services and reduce wait times, particularly for Primary Care, non-elective care, and other services	Reduce the wait time of children for Special Educational Needs therapy provision	
Reduce spend on care for those with more complex needs by looking at innovative and local solutions for placements	Increase the use of Child Health Hubs to deliver integrated community care for children and their families	
Deliver greater value for money through joint commissioning of contracts where possible, which will also deliver more seamless, integrated services for local people	Reduce the percentage of children who are physically inactive and/or obese	
	Reduce the number of children and young people living in cold, damp or mouldy homes	

Live Well Ambitions		
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)
Improve access to services and reduce wait times, particularly for Primary Care, non-elective care, and other services	Increase diagnosis rates for type 2 diabetes and hypertension	Increase healthy life expectancy
Reduce the percentage of adults who are physically inactive and/or obese	Increase the percentage of adults with a learning disability living in settled accommodation	Reduce the gap in life expectancy between the most and least deprived areas of the borough
Reduce smoking prevalence in adults	Increase the percentage of cancers being diagnosed at an earlier stage	Reduce alcohol-related mortality
Increase the number of social prescribing referrals to support people to access wider wellbeing support	Reduce the number of people living in cold, damp or mouldy homes	Reduce the rate of suicides
Increase the number of people who provide informal and unpaid care who are registered with the Carers Hub and in receipt of information and support		Reduce early deaths from cardiovascular disease and respiratory disease
Increase use of digital enabled systems to support early detection for Atrial Fibrillation and Chronic Kidney Disease		Eliminate all inappropriate out of area mental health placements
Increase uptake of home testing including ACP and blood pressure		
Increase the number of people being referred to the national diabetes prevention programme		
Reduce wait times and increase support for those with lower level mental health issues to enable a preventative approach to mental health and wellbeing		

Age Well Ambitions		
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)
Increase the number of older people with a personalised care and support plan	Reduce the number of older people being referred for adult social care	Reduce permanent inappropriate admissions into residential care
Reduce the rate of emergency hospital admissions, including readmissions	Increase access for older people with a common mental illness to psychological therapies	Reduce the percentage of older people reporting that they feel lonely
Reduce the rate of acute length of stay for frail older people, returning them home sooner	Increase the number of volunteers supported to find a volunteering opportunity	
Reduce the rate of older people having discharge delays from hospital (delayed transfers of care)	Reduce the number of frail older people living in cold, damp or mouldy homes	
Increase the number of informal and unpaid Carers having a carer assessment and receiving appropriate support	Increase the number of older people who have their seasonal flu vaccination	

Die Well Ambitions		
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)
Increase the percentage of people who have or are offered a personal health budget towards end of life (fast-track)	Increase the percentage of people in the last 3 years of life who are registered on a local end of life register	Increase, in the recording of preferred place of death
Reduce the average number of patients per month who die in hospital whilst being delayed to be discharged	Increase access to Bereavement support in Havering	Increase the number of people who die in their preferred place of death
Reduce the percentage of older people who die within 7 days of an emergency hospital admission	Reduce the percentage of older people who die within 14 days of an emergency hospital admission	

Full details of the benefits are captured in the Havering Place based Partnership interim strategy

Engagement with the public: A significant engagement programme has been underway with local people, VCSE groups, and stakeholders since the inception of the partnership. We are building an ongoing relationship with local people, and developing case studies to embed their experiences to drive improvements locally.



**Place vision, mission and key drivers:**

**VISION:** The Redbridge Partnership will relentlessly focus on improving the outcomes for the people of Redbridge and seek always to make a positive difference to people's lives. Together, we will build on what we have already achieved and use our combined resources to create person-centred, responsive care to build services around the needs of our communities within Redbridge. We will have a strong focus on prevention, addressing inequalities and the wider determinants of health.

**KEY PRIORITIES:** **Babies,Children & Young People (BCYP)**-Childhood Immunisations, **Housing & overcrowding, Multi-Disciplinary Team working(MDT)**- service integration, **Mental Health (MH)**– Access & wellbeing

**DRIVERS:** Good governance and accountability, a focus on the patient/resident's voice, a focus on Organisational Development, Commitment to working in partnership and beyond organisational boundaries, reliable data to inform impacts and adequate resourcing

**Interdependent ICB portfolios**

Long Term Conditions (LTC), Learning Disabilities (LD)/Mental Health (MH), Planned Care (PC), Health Inequalities (HI), Babies, Children and Young People (BCYP), Urgent and Emergency Care (UEC)

**Interdependent Provider Collaboratives**

Community Collaborative, Acute Provider Collaborative, Cancer, Collaborative, Primary Care Collaborative, Mental Health Collaborative

**Key programmes of work that will deliver the vision and mission.** (PLEASE NOTE THE PRIORTIES ARE PLANNED TO BE FORMALLY SIGNED OFF AT THE JANUARY 24 PARTNERSHIP BOARD.)

**Start Well:** Hospital at Home, Paediatric Integrated Nursing Service (PINs), Learning Disability Key workers, Integrated child health hubs, Special Education Needs & Disability (SEND), Children & Young People Asthma one stop shop

**Live Well:** Long Term Conditions Prevention/diagnosis, A Cardio renal and cardio vadcular programme, Increase health checks for residents with Serious Mental Illness (SMI) , Mental Health & Learning Disability, Review of Commissioning overlaps between organisations, Improve quality of life for residents of Redbridge.

**Urgent & Emergency Care/Ageing Well:** Keeping people well at home, Same day access to urgent care, Hospital flow-length of stay in hospital, Discharge from Hospital, End of Life Care, Avoidance of unnecessary attendance and admissions to hospital.

**Primary Care:** Fuller Programme ( Integrated Multi-Disciplinary Care, Staying well for longer, Access to care & advice), Direct Enhanced Services, Local Incentive Schemes, Same Day Access and extended hours care, Asylum Seekers services, Homeless Services, Spirometry

**Health Inequalities:** Various schemes addressing Core 20+5

**Ilford Exchange Health Centre:** To develop and deliver a new health centre in Ilford town centre following an extensive public consultation in September 2022. The consultation was over 6 weeks and included a range of engagement tools and events such as public surveys, information stands, 4 public engagement events and 1 event with a local charity One Place East.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

**By April 2025 and 2027 the Redbridge Place Based Partnership will:**

- Significantly reduce the variation in undiagnosed Long Term Condition diagnosis rates and improve early treatment intervention.
- Significantly improve the uptake of childhood immunisations
- Improve the rate of Healthchecks for residents with Serious Mental Illness.
- Reduce the number of Children & Young People patients attending A&E through the hospital at homes programme
- Significantly reduce health inequalities underpin by the Core20+
- Improve same day access for residents across both health and care
- Have a new integrated health centre operational in the Ilford Exchange by 2025.

**Key stakeholders:**

- London Borough of Redbridge (LBR)
- Redbridge Community Volunteer Service (RCVS)
- Healthwatch
- Healthbridge (GP Federation),
- The Primary Care Networks (PCNs) in Redbridge
- North East London NHS Foundation Trust (NELFT),
- NHS NEL ICB
- Barking Havering & Redbridge University Hospitals NHS Trust (BHRUT)
- Barts Health NHS Trust (specifically Whipps Cross),
- Provider Collaboratives
- Care Provider Voice CPV)
- PELC
- LMC
- BHR CEPN

**Engagement with the public:**

The RBP will engage with local communities and organisations to create a strategic priorities programme that is informed by the views of local people. In particular we plan to have engagement workshops once the key priorities are signed off in January 2024, to shape the work programmes. We will also have resident rep's on each Steering Group which are sub-committees of the Partnership Board.

# Tower Hamlets

**Portfolio vision, mission and key drivers:**

- Tower Hamlets residents, whatever their backgrounds and needs, are supported to self-care, thrive and achieve their health and life goals
- Health and social care services in Tower Hamlets are accessible, high quality, good value and designed around people’s needs, across physical and mental health and throughout primary, secondary and social care
- Service users, carers and residents and children are active and equal partners in health and care and equipped to work collaboratively with THT partners to plan, deliver and strengthen local services
- All residents - no matter their ethnicity, religion, gender, age, sexuality, disability or health needs - experience equitable access to and experience of services, and are supported to achieve positive health outcomes

**Interdependent ICB programmes**

- ICB anti-racism workstream
- ICB CYP workstream
- ICB long term conditions workstream
- ICB MH workstream
- Primary Care Access
- ICB Fuller workstream
- ICB urgent care review
- Access to data & insights

**Interdependent Collaborative programmes**

- Community collaborative model for health and care
- Primary care collaborative
- Supporting out of borough NEL discharges
- Mental Health collaborative
- Planned Care workstream

**Key programmes of work that will deliver the vision and mission**

- Improving access to primary and urgent care
- Building resilience and self-care to prevent and manage long term conditions
- Implementing a localities and neighbourhoods model
- Facilitating a smooth and rapid process for hospital discharge into community care
- Being an anti-racist and equity driven health and care system
- Ensuring that Babies, Children and Young People are supported to get the best start in life
- Providing integrated Mental Health services and interventions

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Ensuring residents can equally access high quality primary and urgent care services when and where they need them
- Better prevention of long term conditions and management of existing conditions
- Ensuring that every resident can access the health and care services they need to support their continued health and wellbeing within their local area or neighbourhood, including GP, pharmacy, dental and leisure facilities
- A smooth and rapid process for discharging residents from hospital to suitable community-based care settings when they are ready for this transition
- Ensuring our health and care system and services are achieving equitable outcomes for all residents and addressing inequalities that exist, e.g. access, experience, representation and outcomes
- Ensuring babies, children and young people (and their families) are supported to get the best start in life, especially where they have additional needs
- Providing integrated services and interventions to promote and improve the mental wellbeing of our residents

**Key stakeholders :**

LBTH  
NEL ICB  
Barts Health Trust  
TH GP Care group  
ELFT  
Healthwatch  
TH CVS

Tower Hamlets residents and service users

**Engagement with the public:**

The workstreams and the THT Board include VCS and resident stakeholders who input into the design of the programme.



# Newham

**Portfolio vision, mission and key drivers:**

Working with our diverse communities of all ages to maximise their health, wellbeing and independence. Supported by a health and care system that enables easy access to quality services, in your neighbourhood, delivered by people who are proud to work for Newham.

**Interdependent ICB programmes**

- Babies, Children and Young People
- Fuller
- Long Term Conditions
- Maternity
- Population Health
- Urgent & Emergency Care

**Interdependent Collaborative programmes**

- Acute
- Community Health
- Mental Health, Learning Disability and Autism
- Planned Care
- Primary Care
- VCSE

**Key stakeholders:**

ELFT  
Healthwatch  
LBN  
NEL ICB  
NUH  
Primary Care  
Residents  
VCFS

**Key programmes of work that will deliver the vision and mission**

- Joint Planning Groups (JPGs) for Babies, Children and Young People; Mental Health; Learning Disabilities and Autism; Ageing Well; Primary Care; and Urgent Care
- Additional JPG for Long Term Conditions being explored
- Local Authority-led programmes across Health Equity and Well Newham (prevention)
- Population growth programme

**Engagement with the public:**

Residents and People & Participation Leads attend Partnership Board, JPGs and project groups

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Reduce the prevalence and impact of long-term conditions on residents’ lives
- Enable people to stay well in their own homes by proactively organising and managing their care & support
- Improve the mental wellbeing of residents and ensure people have access to mental health support when and how they need it
- Involve, engage and co-produce all our plans with residents
- Ensure people stay in hospital for the optimum time and are supported to rehabilitate and recover
- Ensure when people need urgent help they can access it quickly and as close to home as possible
- Develop and integrate children’s services to ensure children have the best start in life
- Prepare for significant population growth in Newham and North East London and strengthen prevention initiatives

**Portfolio vision, mission and key drivers:**  
**Our aim** is for the population of Waltham Forest to have healthier lives by enabling them to **start well, live well, stay well and age well**, supporting each individual through to the end of their lives. We will do this by working together, as partner organisations and with our residents, **to improve health outcomes and reduce health inequalities**.

- We will engage and involve our residents to coproduce our interventions and services
- We will focus on supporting all residents to stay well and thrive throughout their lives
- We will use population health management approaches to understand the needs of our residents and target our resources to improve equity
- We will ensure when people need help, they can access high quality, good value services quickly and easily and are enabled to stay in their homes or return home as soon as possible.

**Interdependent ICB programmes**

- ICB anti-racism workstream
- ICB UEC workstream
- ICB CYP workstream
- ICB long term conditions workstream
- ICB MH workstream
- Primary Care Access
- ICB Fuller workstream
- ICB Digital workstream

**Interdependent Collaborative programmes**

- Whipps Cross redevelopment programme
- MH Collaborative
- Community Collaborative
- Primary care Collaborative
- Planned care workstream

**Key programmes of work that will deliver the vision and mission**

- Delivery of a programme of locality **prevention, wellbeing and self-care** to intervene earlier with residents to improve health outcomes identification for intervention and support for residents with **LTCs**.
- Delivery of proactive anticipatory care through delivery of **Care Closer to Home** transformation programme and establishing **Integrated Neighbourhood teams and hubs**.
- Deliver alternative to unplanned attendances and admissions to acute hospital and improve discharge pathways through the delivery of the **Home First programme** of transformation and improving **same day access to primary care**.
- To publish a **children's health strategy** , improve access to **therapies** and reduce the need for children to attend hospital.
- To transform **EOL** services in Waltham Forest to ensure residents have the support to die in their choice of place.
- Publishing a strategy for **children’s health**, improving access to children’s therapies, and developing services to reduce the need for children to attend Whipps Cross Hospital in an emergency.
- Improving access to **Mental Health** support in community for all ages and promoting positive well-being for all.

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

**Key stakeholders :**

**Engagement with the public:**

Portfolio vision, mission and key drivers:

City & Hackney PbP Vision: Working together with our residents to improve health and care outcomes, address health inequalities and make City and Hackney thrive, by focussing on 3 key areas:

- 1. Giving every child the best start in life (often by recognising the role of families)
- 2. Improving mental health and preventing mental ill-health
- 3. Preventing, and improving outcomes for people with long-term health and care needs

Supporting our population health priority outcome areas (above), we are implementing 6 cross cutting approaches: Increasing social connection, ensuring healthy places, supporting greater financial wellbeing, joining up our local health and care services around resident's and families' needs, taking effective action to address racism and other discrimination, and supporting the health and care workforce. City and Hackney Neighbourhoods programme is about fostering community connections. Our aim is to improve quality of care (clinical cost effectiveness, experience and safety) including access and waiting times for all our residents particularly those experiencing Health inequalities. We apply the principles of right time, right place, right support. We acknowledge that the solution lies at "whole-system" level and requires detailed collaboration with wider system partners including local authorities, public health and our voluntary sector partners and strengthening partnership working and synergies to maximise benefits in terms of outcomes and system sustainability. Residents and Families are at the heart of everything we do.

Key drivers: - national and regional policy frameworks, local needs, and addressing areas in C&H where we have poor outcomes and evidence of inequalities (as articulated in JSNAs, Population Health data, and more)

Interdependent ICB programmes

**Start Well** –BCYP programme priorities on Community Capacity (waiting lists, insights), Primary Care (new models, better integration) Acute care (capacity i.e.. diabetes, allergy)  
**Live Well** - LTC and Specialised Commissioning; Planned Care; Urgent and Emergency Care; Personalised Care  
**Age Well** - Palliative & End of Life Care; NEL Care Home / Care Provider Forum / Network; Continuing Healthcare: NEL Carers Network  
**Mental Health** - Children (C&H); Unplanned / Crisis Care (C&H); Community Care (C&H); NEL MH Delivery Group

Interdependent Collaborative programmes

**Start Well** – APC, Community Collaborative (Waiting lists, SLT), Mental health collaborative, C&H CAMHS Alliance, Primary Care Collaboratives  
**Live Well** – APC; Community Collaborative  
**Age Well** - Mental Health Alliance; Primary Care Collaboratives  
**Mental Health** - Mental Health Integration Committee (MHIC); C&H Children's Emotional Health and Wellbeing Partnership; C&H Psychological Therapies and Wellbeing Alliance (PTWA); C&H CAMHS Alliance; C&H Dementia Alliance; C&H Primary Care Alliance; Hackney SIG

Key stakeholders:

- Residents / Carers
- Local Authorities and the CoL (ASC; PH; MH; LD&A)
- Voluntary& Community Sector;
- Homerton Hospital
- ELFT
- LBH / CoL – Adult Social Care
- LBH CoL – Children Social Care
- Hackney Education
- ELFT – CAMHS / Adults
- HUH CAMHS / Adults / Acute / Paediatrics
- C&H Public Health
- Primary Care / GP Confed
- VSO Partners / SIG

Key Programmes of work that will deliver the vision and mission

**Start Well** – CAMHS / Improving wellbeing and MH (ACEs), improving outcomes for CYP with SEND, complex health needs, ASD and LD, increasing immunisations and vaccinations, reducing maternity inequalities and improving perinatal mental health  
**Live Well** - Neighbourhoods (Proactive Care, Community Navigation); Better Care Fund Partnership; Primary / Secondary Care Interface; Long Term Conditions Management  
**Age Well** - Discharge Improvement Programme; Integrated Urgent Care - NEL Same Day Access Programme, Enhanced Community Response (Virtual Wards and Urgent Community Response), Frailty / Proactive Care  
**Mental Health** - ADHD / ASD Assessment and Aftercare (All ages) – Backlog and Waiting times; Adult Talking Therapies – Integrated Pathways. Quality Improvement. Demand / Capacity and Waiting Times; Community Transformation / Continued Improvement with Neighbourhoods offer – aligning existing provision; Neurodevelopmental Pathways Review (CYP); Crisis / T3.5 Pathways Review (Including ICCS, Surge and IST); Whole System Approach (iThrive) – CYP Emotional Health and Wellbeing  
Continue to enhance THRIVE working with Schools (WAMHS / MHSTs integration) / Youth Hubs (Super Youth Hub); SMI Pathway Improvement  
Improving and optimising 117 Aftercare;

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

All our work is aimed at improving the health and wellbeing of our local residents and reducing inequalities

Start Well

- Reductions in crisis mental health presentations to ED for CYP and Improvements in mental health and wellbeing outcomes for specific communities
- An increase % of children achieving good level of development - Improved health and educational outcomes for those at risk of exclusion and those with complex needs, SEND and autism and LAC
- Increase immunisation coverage
- A reduction in infant mortality rate, and in the rate of neonatal mortality and stillbirths, including a reduction in inequalities in maternity and birth outcomes for children and families. Improvements in patient experience.

Live Well and Age Well

- Patients will feel safe and supported with any ongoing care needs following a hospital admission
- Patients will know about services are available and have increased confidence in them to meet their needs
- Patients feel supported to access the care they need
- Patients will have more care being provided outside hospital, closer to their home, where appropriate

Mental Health

- **Improved experience, waiting times and overall quality of care** - Neurodevelopmental assessment (CAMHS and Adults); Psychological therapies intervention (CAMHS and Adults); 117 Aftercare; Wellbeing in School and Youth Hubs; Crisis Care including Crisis prevention and wellbeing
- **Better meeting the needs of residents who experience greater health inequalities** - Protected characteristics – Equalities act; Social deprivation; Serious mental illness; Neurodevelopmental (ASD / ADHD / LD); Looked After Children / Care Leavers].

Engagement with the public:

- Healthwatch
- Programme / Project Service-user reps
- Engagement with the public
- Advocacy Project (MHIC)
- Alliance coproduction and Participation
- Maternity voices partnership
- SEND parent carer forum

# Health Inequalities

**Portfolio vision, mission and key drivers:**

Health inequalities exist between NEL and the rest of the country – for example we have particularly high rates of children with excess weight and poor vaccination and screening uptake – but they also exist between our places and communities. These inequalities are avoidable and unfair and drive poorer outcomes for our population. We want to improve equity in access, experience and outcomes across NEL. To do this we have made reducing health inequalities a cross-cutting theme that is embedded within all of our programmes and services within places and across NEL – everyone has a role to play.

**Key stakeholders:**

Public health teams  
Local authority departments  
Voluntary and community sector  
Primary care  
NHS trusts  
NHS E and TPHC  
ICB

**Key programmes of work that will deliver the vision and mission**

- Dedicated health inequalities funding has been provided to each place-based partnership to lead locally determined programmes to reduce health inequalities within their local communities. These projects will be evaluated and the learning shared and showcased.
- Development of a NEL Health Equity Academy to support all people and organisations working in health and care in NEL to be equipped with the knowledge, skills and confidence to reduce health inequalities for the benefit of local people
- Implementation of a community pharmacy scheme to provide targeted pharmacist advice and free over the counter medicines for people on low incomes and experiencing social vulnerability across NEL, to support our communities in the context of cost of living pressures.
- Taking a Population Health Management (PHM) approach, led by places and neighbourhoods, will support frontline teams to identify high risk groups and identify unmet need. A PHM Roadmap has been developed for NEL and is being implemented.
- Embedding the NEL Anchor Charter, working with system partners to ensure we are measuring and creating the opportunities that being an anchor institution affords are leveraged for our local population, to address structural inequalities such as ensuring the NHS in NEL is a London Living Wage accredited employer, embedding social value in procurement process and better utilising our infrastructure to support community activation and supporting a greener, healthier future.
- Delivering our ICS Green Plan including developing an Air Quality Programme, ICS wide net zero training programme, and embedding net zero into our procurement processes to support our aim of reducing our collective carbon footprint by 80% by 2028 and to net zero by 2040.
- Improving access to primary care for health inclusion groups (homeless and refugee and asylum seekers) through safe surgery programme, supported discharge for homeless through the out of hospital care programme, supporting families in temp accommodation to access support out of borough, commissioning a NEL wide initial health assessment for those seeking sanctuary housed in contingency accommodation, and commissioning a needs assessment for health inclusion in NEL to identify needs for other underserved groups that require focus.

**Details of engagement undertaken with Places, collaboratives and other ICB portfolios**

- NEL Population Health and Inequalities Steering Group is made up of representatives from places and collaboratives, and leads from across the ICS.
- Significant engagement across the system on what is useful from a Health Equity Academy
- Engagement from across the system on Anchors, Net-zero and health inclusion around homelessness and refugee and asylum seeker programmes

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Reduced differences in health care access, experience and outcomes between communities within NEL, particularly for people from ethnic minority communities, people with learning disabilities and autism, people who are homeless, people living in poverty, and for carers.
- Improved health life expectancy for all communities across NEL, irrespective of who you are or where you live.
- Our population receives more inclusive, culturally competent and trusted services, underpinned by robust equity data.

**Engagement with the public:**

Engagement on specific topics, and in depth at place level.

Portfolio vision, mission and key drivers:

We want to increase our focus as a system on prevention of ill-health and earlier intervention. This means increasing our focus and resources ‘upstream’, to prevent illness in the first place.

Preventive health offers need to be appropriate for all in our diverse communities, and will only be effective if we also work to address the wider determinants of health.

In NEL we face significant challenges around preventable ill health, for example more than 40% children are overweight or obese and nearly all of our places have worse screening rates for breast, bowel and cervical cancer than England. This has an impact on health outcomes, demand for care and health inequalities, so these are key drivers for enhanced action.

Key stakeholders:

Public health teams  
Local authority departments  
Voluntary and community sector  
Primary care  
NHS trusts

Key programmes of work that will deliver the vision and mission

- Mobilising tobacco dependence treatment services across all of our trusts so that they are available in all inpatient, maternity and community services, and making these services sustainable for the long term.
- Alcohol care teams (ACTs) have been established at the Royal London Hospital and Homerton Hospital, and we will continue to make these services sustainable moving forwards and make the case to expand coverage to other hospitals in NEL.
- Population Health Management (PHM) is a key methodology that can be utilised as an approach using population health data as a means of targeting cohorts of our population that will benefit from focused approaches that include preventative interventions where appropriate. The NEL ICB has recently employed a dedicated PHM lead who will be able to support the building upon of current examples of PHM from across NEL.
- Vaccination approaches were expedited during the Covid-19 pandemic. This included targeting BAME populations across NEL for vaccinations. A lot of the learning and collaborative work undertaken is being further entrenched and utilised going forward.
- NEL Cancer Alliance are strongly involved with active awareness campaigns targeting our local NEL population. These campaigns cover different cancers and aim to raise awareness and prevent cancer and support early diagnosis. For example, prostate, lung, breast, cervical and endometrial cancer awareness campaigns have been developed targeting population cohorts.
- Anchor Institutes are evolving across our system with all of our NHS Trusts and Local Authority Chief Executives having signed up to the NEL Anchor Charter. These are a set of principles that support using our institutions and the organisations as assets to better support our local communities. These aim to help tackle and reduce the wider determinants of health supporting prevention of ill health alongside health inequalities.
- LTCs - Long Term Condition (for example cardiovascular, stroke, respiratory and diabetic related diseases) prevention work within NEL will need to be a collaborative approach and will align with the national and regional programmes that focuses on entire pathways from LTCs prevention to escalations of LTC management within acute care. The NEL LTCs teams are linking in with systemwide colleagues with several key activities focused on LTC prevention and early identification.

Details of engagement undertaken with Places, collaboratives and other ICB portfolios:

Key prevention engagement related to specific programmes are well documented by each of the organisations and programmes leading on each area of work.

Central NEL ICB oversight of all prevention related engagement across all programmes and services is a challenge and therefore an alternative approach is to ensure that the system (via Places, Collaboratives and workstreams) is able to identify, scale and spread those areas of Prevention engagement which has proven successful.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Increased smoking quits, leading to a wide range of improved health outcomes and lives saved, particularly in more deprived communities.
- ACTs support patients experiencing harm as a result of alcohol use disorders, and will lead to a reduction of alcohol-related conditions such as CVD, cancers and liver disease, as well as harm from accidents, violence and self-harm.
- There is a commitment over time to increase the proportion of our budget that is dedicated to prevention and earlier interventions, this would be done concurrently to shifting the system partners have a greater focus on prevention.
- Our anchor institutions will also begin to play more of a role in tackling poverty and promoting social and economic development.
- A maturing infrastructure including population health management awareness and digital population data availability will help impact the NEL system in supporting prevention by helping to identify those population cohorts that will greatly benefit from prevention and earlier intervention services and engagement.
- NEL ICB has developed a draft Immunisation Strategy with system partners to build on the legacy of the covid vaccination programme. This will be refined in line with the National Immunisation Strategy. The ambition is to build on the digital advancements for service delivery, develop the workforce to support access for local people and embed engagement with all communities to support uptake of vaccinations across the whole life course, thereby preventing ill health.

Engagement with the public:

Key public engagement is occurring within our workstreams that encompass a preventative element. For example as mentioned Cancer and Long term conditions

# Personalised Care

**Portfolio vision, mission and key drivers:**

Personalised care involves changes in the culture of how health and care is delivered. It means holistically focussing on what matters to people, considering their individual strengths and their individual needs. This approach is particularly important to the diverse and deprived populations of NEL, where health inequalities have been exacerbated by the pandemic and further compounded by the cost of living increase. Embedding personalised care approaches into clinical practice and care, which take into account the whole person and address all their needs holistically will ensure our most vulnerable communities are supported in the years ahead. We have built a strong foundation for personalised care over the last three years as a system, with an early focus on social prescribing and personal health budgets. Our vision is to lead and enable the delivery of the six components of personalised care and embed these in local population health approaches.

**Key stakeholders:**

- Primary care
- Place-based directors
- Local authority
- Public health teams
- VCSFE
- NHSE and TPHC
- Acute teams e.g. social prescribing & discharge

**Key programmes of work that will deliver the vision and mission**

- Ensuring all social prescribing link workers can capture the NEL social prescribing minimum dataset via a digital template and analyse the data in a PowerBI dashboard
- Expanding the implementation of Joy platform across NEL to provide a directory of service platform in alignment with Fuller actions relating to same day access
- Developing personalised care workforce plans with primary care and training hubs to support the Fuller actions relating to integrated neighbourhood teams
- Support equity of offer and quality assurance of personal health budgets across NEL for the Right to Have cohorts
- Piloting new approaches to deliver personal health budgets for rough sleepers and discharge from hospital to support underserved groups and address winter planning pressures
- Developing a strategy to embed creative health in services across the system with specific focus on addressing health inequalities
- Promote supported self-management and digital enablement through Patients Know Best
- Standardise personalised care and support planning including increasing use of digital tools e.g. Patients Know Best and Universal Care Plan
- Invest in social prescribing ‘community chests’ to increase resources in the community and voluntary sector locally, targeted at addressing local inequalities and providing social value to our communities where it is needed most.

**Details of engagement undertaken with Places, collaboratives and other ICB portfolios**

- NEL Population Health and Inequalities Steering Group is made up of representatives from places and collaboratives, and leads from across the ICS
- Engagement with place at the CPPO SMG

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Local people are asked what matters to them in setting their treatment or care goals and can access a wide range of non-medical support in the community.
- Particularly vulnerable people and underserved groups are identified and given additional support to access services ensuring their experience and outcomes of care are equitable.

**Engagement with the public:**

- Engagement on specific topics, and in depth at place level



# Learning System

**Portfolio vision, mission and key drivers:**

The transition to an Integrated Care System has provided an opportunity to work in a different way in how we deliver and approach change to services within north east London. In order to improve the care we provide our residents, it is crucial to embed the improvement process of learning from the current delivery. As such the ICB needs provide an environment that facilitates the ability to deliver a systematic approach to iterative data-driven improvement

To ensure an effective learning system, the organisational culture must support a strong learning approach. The three stage learning cycle (learning before, during and after) describes how staff can interact with the learning system to inform their work. Each stage is informed by the following principles:

- We are well-informed – before we act, we fully consider the impact of our decisions on individual, community and system outcomes and equity.
- We are responsive – we are effectively monitoring our interventions and taking action in a timely manner
- We reciprocate –we work together sharing knowledge openly and valuing collaboration over competition

**Key stakeholders:**

Quality and safety  
Complaints  
Strategy  
Programme Management Office  
Place-based directors

**Key programmes of work that will deliver the vision and mission**

Initial scoping still to be concluded and so no programme of work has been developed/

**Details of engagement undertaken with Places, collaboratives and other ICB portfolios**

First discussion meeting yet to take place and so as yet no engagement has taken place

**Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:**

- Participation in evidence-informed decision making, promoting legitimacy
- Development of a localised evidence-base, helping us to make decisions most suitable to our context and populations
- Reduction in duplication, improving productivity and sustainability
- Proportionate approaches to transformation, improvement and innovation, not driven by whim or external pressures

**Engagement with the public:**

First discussion meeting yet to take place and so as yet no engagement has taken place with Places, collaboratives and other ICB portfolios

# Co-Production

Page 92

PLACE  
HOLDER  
SLIDE

<SLIDE IN DEVELOPMENT>

DRAFT



# High Trust Environment

**PLACE  
HOLDER  
SLIDE  
<SLIDE IN DEVELOPMENT>**

## **6. Implications and next steps**

# Lessons Learnt

Post the submission of the first NEL Joint Forward Plan 23/24 an ‘after action review’ was undertaken in order to reflect on the work undertaken by those stakeholders involved in developing the first Joint Forward Plan. The review included aspects such as recognising what went well and what lessons can be learnt. These outputs were considered when developing the JFP 24/25 refreshed document and will continue to be built upon going forward as the JFP will be refreshed annually.

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What went well?	What can we learn for next time?
<ul style="list-style-type: none"><li>▪ Capturing what key stakeholders are doing in one place</li><li>▪ Engagement and developing the place contributions at place</li><li>▪ Good support from PMO team</li><li>▪ Worked well with local authorities</li><li>▪ Involvement from wider range of people across the system</li><li>▪ Summary slides are effective in the plan</li><li>▪ Collaborative working</li></ul>	<ul style="list-style-type: none"><li>• Ensuring that the early draft documents are shared with leads</li><li>• Ensuring the right people are involved in writing narrative</li><li>• Too many people involved in drafting JFP, need to narrow this down to only key people that should be involved</li><li>• Ensuring clinicians are involved from primary care perspective</li><li>• Need clearer delivery milestones</li><li>• Clearer guidelines, more notice, understand purpose, value and benefits</li><li>• Better planning and give enough notice to leads</li><li>• More connected across finance/strategy/programme in developing the plan</li><li>• Be clear on how this links with wider programmes/ collaboratives/ Places</li><li>• Co-ordination of plans at NEL and local level</li><li>• Need clearer understanding of governance and decision making, accountabilities around programme areas</li><li>• Ability of contributors to raise queries and seek clarification as required</li></ul>

# How will we know we have succeeded - NEL Outcomes Framework

- The interim North East London Integrated Care Strategy was published and adopted by the Integrated Care Board in January 2023.
- The strategy highlights our four system priorities for improving quality and outcomes and address health inequalities as well as our six crosscutting themes which are part of the new approach for working together across NEL.
- The strategy was developed in conjunction with system partners, along with a set of 61 success measures, which aimed to measure delivery against the priorities and crosscutting themes.
- This slide deck outlines the steps we are proposing to develop an outcomes framework.

## What do we mean by an outcomes framework?

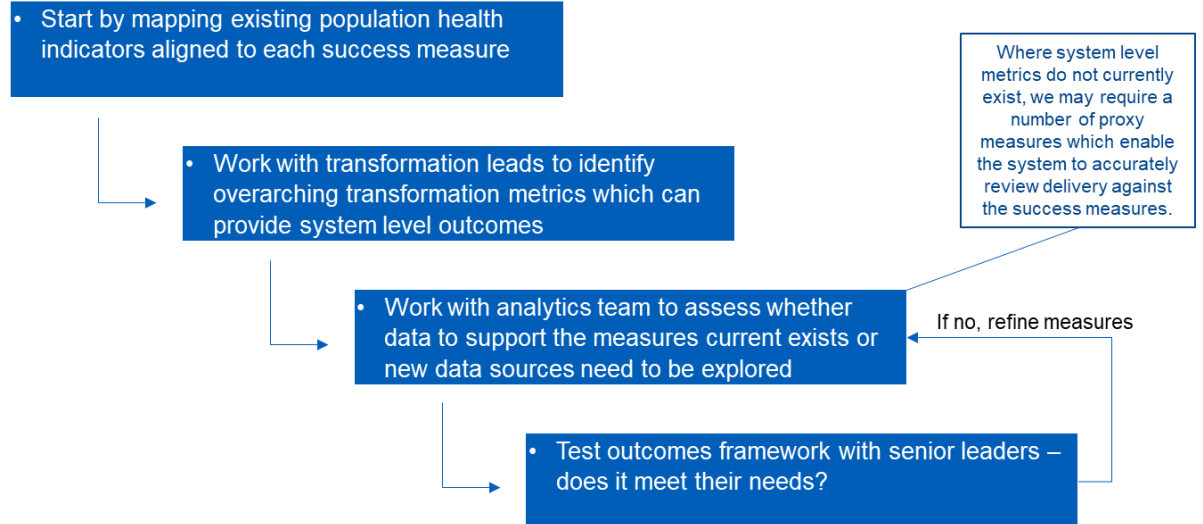
- An outcomes framework is a way for us to measure the effectiveness of our ICS strategy by focusing on the outcomes that are achieved, rather than just the activities that are carried out. That way we can assess whether our strategy is making a positive difference in people's lives.

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In order to support the development of the outcomes framework, the below principles have been drafted to shape the design and implementation:

- **Assess delivery against ICS strategic themes and objectives**
- **Demonstrate current delivery on priority areas**
- **Develop outcome measures in conjunction with transformation leads, provider collaboratives, and ICS partner organizations**
- **Avoid developing an outcomes framework in the model of a performance framework**
- **Importance of recognising that outcomes are often long-term goals**
- **Assess wider population health measures rather than focus on statutory or mandated targets**
- **Make the system responsible for delivering metrics**

## The NEL approach



# Next steps for our transformation programmes

- As the early analysis shows, all programmes within the portfolio can demonstrate alignment with elements of the integrated care strategy and operating plan requirements. The extent to which the portfolio responds to the more specific challenges described in the first half of this plan is more variable.
- Our shared task now is to prioritise (and therefore deprioritise) work within the current portfolio according to alignment with the integrated care strategy, operating plan requirements, and additional specific local challenges.
- This task is especially urgent in light of the highly constrained financial environment that the system faces, along with the upcoming significant reduction in the workforce within NHS North East London available to deliver transformation.
- The work required to achieve this is two-fold – part technical and part engagement – and will be carried out in parallel, with the technical work providing a progressively richer basis for engagement across all system partners and with local people.

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## Technical work

Tightening descriptions of the current programmes of work as the basis to inform prioritisation, especially:

- the **quantifiable beneficial impact** on local people, beyond the broad increases or decreases in certain measures currently signalled;
- the definition of **firm milestones** on the way to delivering these benefits;
- the **financial investment** in each programme and the anticipated returns on this investment; and
- quantifying the **staff resource** going into all programmes, and from all system partners.

## Engagement

There is an important cross-system conversation needed, that enables us to create a portfolio calibrated to the competing pressures on it. Principle pressures to explore through engagement include:

- achieving early results that relieve current system pressures and creating the resources to focus on achieving longevity of impact from transformation around prevention;
- implementing transformation with a wide range of benefits across access, experience, and outcomes and ensuring, in the current financial climate, that we achieve the necessary short-term financial benefits;
- focussing on north east London's own local priorities and being open to additional regional or national opportunities, especially where new funding is attached;
- focussing on fewer large-impact transformation programmes and achieving a breadth that reflects the diversity of need and plurality of ambition across north east London; and
- ensuring that benefits are realised from transformation work already in train and pivoting to implementing programmes explicitly in line with current priorities.

# We will continue to evolve as a system

Our system has been changing rapidly over recent years, including the inception of provider collaboratives, the launch of seven place based partnerships, the merger of seven CCGs followed by the creation of the statutory integrated care board and integrated care partnership in July 2022.

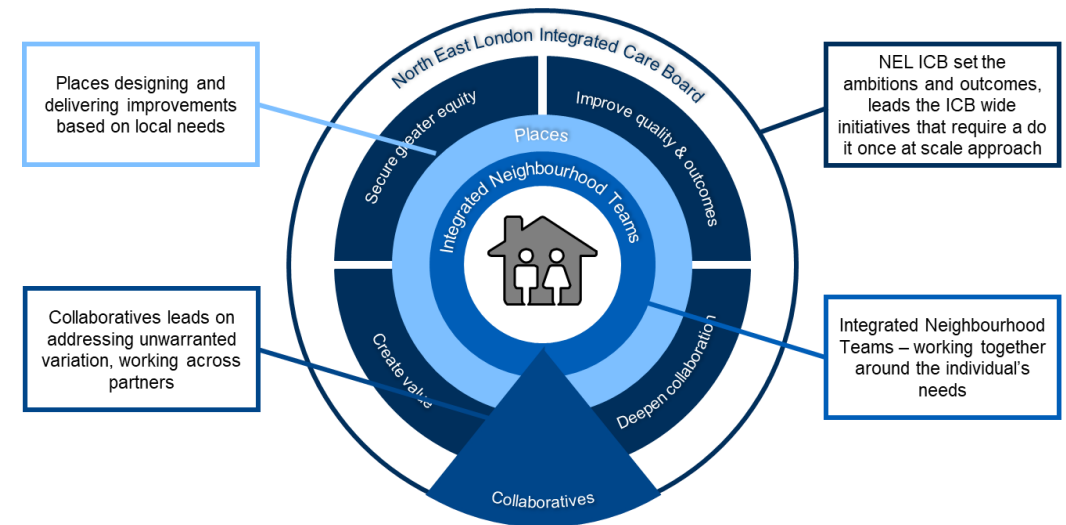
Since becoming an ICS we have designed our way of working around teams operating:

- At **Place** delivering services and improvement for Neighbourhoods and Place;
- In **Collaboratives** reducing unwarranted variation, driving efficiency and building greater equity;

For **NEL** sharing best practice, implementing NEL solutions for NEL work, providing programmatic support and oversight, and delivering enabling functions to our organisation and ICS through a business partner model.

Coordination between our Places, Collaboratives and NEL wide programmes is critical so that we:

- Operate as a learning system and spread best practice
- Ensure that activity, transformation and engagement happens at the most appropriate level, duplication is reduced and tensions are identified and resolved
- Identify where there is NEL work which should be done once for NEL
- Deliver value for money
- Deliver beneficial and sustained impact for the health and wellbeing of local people.



We are now looking to work with our partners to further develop how we work together, underpinned by our ambition to create a **High Trust Environment** that supports integration and collaboration and to operate as a **Learning System** driven by research and innovation.

Designing together *how* we want to work will be as critical as agreeing *what* we want to deliver.

This will help us get greater clarity on the responsibilities of different parts of the system, and critically how we want each part of the system to interact with another to enable integration and continuous improvement.



## OUTER NORTH EAST LONDON JOINT HEALTH OVERVIEW AND SCRUTINY COMMITTEE, 9 JANUARY 2024

**Subject Heading:**

London Ambulance Service

**Report Author:**

Anthony Clements, Committee Services  
Manager, London Borough of Havering

**Policy context:**

Officers will give details of the role and  
function of the London Ambulance Service

**Financial summary:**

No financial implications of the covering  
report itself.

### SUMMARY

Trust officers will give information on the London Ambulance Service, its work and performance.

### RECOMMENDATIONS

1. That the Joint Committee scrutinises the information presented and makes any recommendations or takes any other action it considers appropriate.

**REPORT DETAIL**

Details will be presented on a number of aspects of the work of the London Ambulance Service including what the services does, performance issues and the development of an integrated urgent care service.

**IMPLICATIONS AND RISKS**

**Financial implications and risks:** None of this covering report.

**Legal implications and risks:** None of this covering report.

**Human Resources implications and risks:** None of this covering report.

**Equalities implications and risks:** None of this covering report.

**BACKGROUND PAPERS**

None.





# Outer North East London Joint Health Overview and Scrutiny Committee

9 January 2024



**London Ambulance Service**  
NHS Trust



# About London Ambulance Service



# A day in the life of LAS

- We treat **3,000 patients** on scene or over the phone.
- We answer **5,700 calls in 999** and **6,000 calls in 111**.

On the road each day, we have approximately:



Our clinicians typically go to:

**240**  
fallers

**230**  
patients with  
breathing problems

**200**  
patients reporting  
chest pain

Delivery of **4** babies



**28**  
confirmed  
cardiac arrests

**42**  
suspected  
strokes

**33**  
suspected  
heart attacks



# About us

We are the capital's emergency and urgent care responders. We aim to deliver outstanding emergency and urgent care whenever and wherever needed for everyone in London, 24/7, 365 days a year.

## Workforce

Over  
**10,000**  
people working, studying  
and volunteering with us



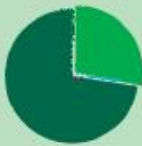
**2,600+**  
operational support  
and corporate staff



**7,400+**  
operational staff



**21%**  
from an ethnic  
minority background



**32%** of new  
starters recruited in 2022/23  
were from an ethnic  
minority background

## Patient-facing staff



**1,300**  
call handlers in 999 and 111

**1,550**  
Emergency medical  
technicians, assistant  
ambulance practitioners and  
Non-Emergency Transport  
Service (NETS) crews

**3,200**  
paramedics, including  
100 advanced paramedic  
practitioners

**380**  
nursing and medical staff

## Support staff



**400**  
make ready staff, restocking  
and refuelling ambulances

**80**  
cleaning staff

**60**  
repair workshop staff

## Teaching and apprentices



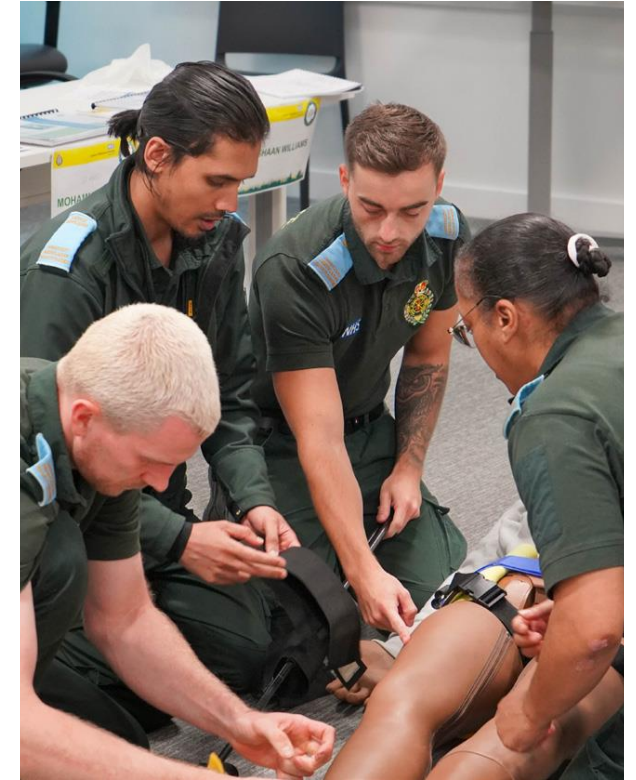
**130**  
staff in clinical  
education & standards

**1,130**  
students

**680**  
apprentices

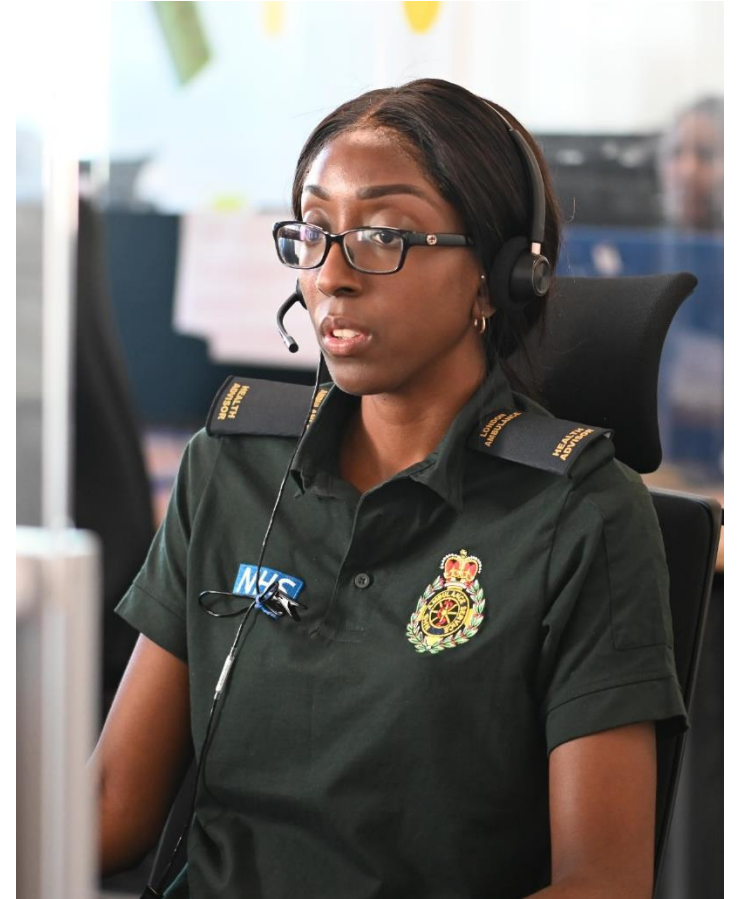
# Our People

- 2022/23 saw our biggest ever recruitment drive with **1,600 new starters**, including over 900 frontline ambulance staff and almost 400 call handling staff.
- **Teams Based Working** is empowering ambulance groups to shape their way of working.
  - Staff satisfaction has risen from 30% to 80%.
  - Surveys show staff are happier, feel more part of a team and have more opportunities.
- In March 2023, LAS became an accredited **London Living Wage employer** after we decided to make our cleaning and Make Ready teams NHS staff. Two of our Make Ready colleagues based in North East London were featured by the Living Wage Foundation in Living Wage Week celebrations in November.
- As of December 2023, the number of staff hours on the road in emergency vehicles and caring for patients has **increased by 10%** compared to this time last year. We are also supporting our clinicians on scene and maximising the number of solo responders we have available.



# Conveyances

- We are helping more patients **over the phone**, treating more people **on scene** and getting more people to the **right local services for them** when appropriate.
- In 2018, we set an ambitious target to reduce hospital conveyance from 60% to 54% by March 2023. We exceeded this, **conveying 50% of patients to hospitals in 2022/23**.
- This has been achieved by **upskilling our workforce**, introducing services such as our **specialist mental health cars** and **using new technology**.





# Winter plans

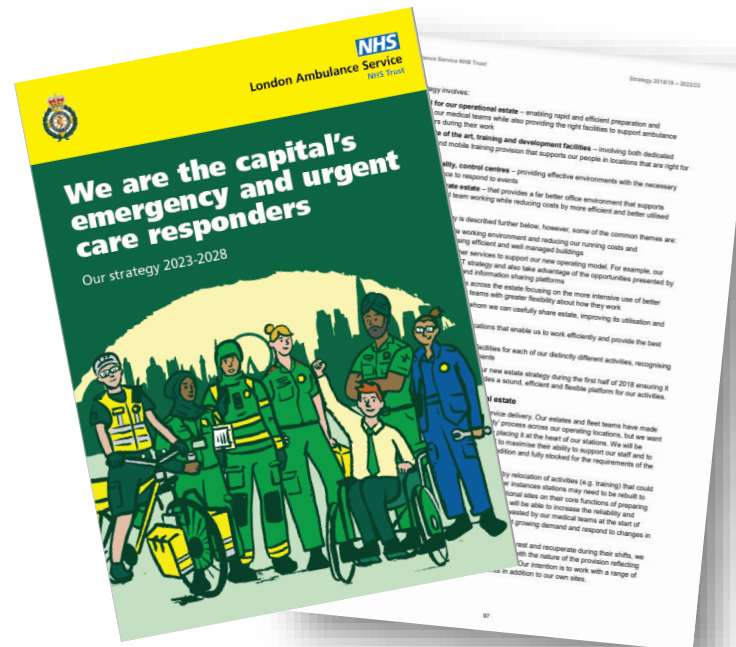
- We have had to manage a real surge in demand for our service this winter. A typical busy day in the capital would see about 5,500 calls to 999 - but in the past few weeks, we have seen that number rise to nearly 7,000.
- We have implemented a number of actions to mitigate this, including:
  - Additional **ambulances, response vehicles, control room staff and clinicians** who are able to speak to patients who have called 999.
  - **Increased our fleet capacity by 10%** on last year, with 50 new Ford ambulances and 40 new cars.
  - **Use of specialist resources** such as mental health cars and community response cars.
  - **A flu immunisation programme** for staff.
  - Working with our NHS partners to ensure **the handover of patient care at emergency departments within 45-minutes** when safe and appropriate.
- We are also urging Londoners to use our 999 service wisely: only calling us when it is a serious medical emergency so we can prioritise responding to our most seriously ill and injured patients.
- Our London Ambulance Charity has launched a new festive fundraising campaign to help us best support our colleague during periods of high pressure.



London Ambulance Service  
NHS Trust



# Strategy 2023-2028: our commitments to London



Roger Davison, Chief Strategy and Transformation Officer



# Summary

- London Ambulance Service published our five-year strategy in September 2023.
- We are the capital's emergency and urgent care responders. We aim to deliver outstanding emergency and urgent care whenever and wherever needed for everyone in London, 24/7, 365 days a year. Together, we put the values of caring, respect and teamwork at the heart of all we do for Londoners.
- In this strategy we have given ourselves three missions focused on:
  - **Our care** – delivering outstanding emergency and urgent care whenever and wherever needed.
  - **Our organisation** – being an increasingly inclusive, well-led and highly skilled organisation people are proud to work for.
  - **Our London** – using our unique pan-London position to contribute to improving the health of the capital.

Page 109 We have steadily moved beyond what might be thought of as the traditional ambulance service that just takes sick people to hospital. We are an increasingly highly skilled workforce able to deliver a huge range of emergency and urgent care assessments and treatments both on scene and on the phone.

- Reducing inequalities, and working together as a system leader and partners across the five London ICSs underpins everything that we will do.
- To achieve our three missions we have set ourselves 50 commitments to deliver over the next five years, organised under 10 priority areas.
- You can read the full strategy at the following link: [www.londonambulance.nhs.uk/about-us/our-plans-for-the-future/](https://www.londonambulance.nhs.uk/about-us/our-plans-for-the-future/)



# Developing our strategy based on insight and reflective of the changing external environment

We analysed population trends and horizon scanned the future for developments in pre-hospital care. Some key considerations included:



We are treating more patients over the phone or on scene and taking fewer to hospital



Our clinical workforce is growing and becoming more highly skilled



As health inequalities grow, we are seeing higher demand in deprived areas



Demand for urgent care through 111 has grown with people calling all day



London's growing and aging population



Our care is inextricably linked to availability of other services

# Developing our strategy - engagement

In developing our strategy, we engaged extensively both inside our organisation, with our partners and with our patients on how they would like to see us develop.

Engagement included:

- ✓ Heard via local Healthwatch organisations from representatives of patients and the public in **26 London boroughs**, together involving more than **2,100 people**.
  - ✓ **This included Healthwatch Tower Hamlets, Hackney, Newham, City of London, Havering, Redbridge, Barking & Dagenham, and Waltham Forest**
- ✓ Engaged externally with **300 leaders in 60 health and care partner organisations**, including ICBs, borough councils and the Greater London Authority. We also reviewed each ICS strategy to ensure our ambitions aligned.
- ✓ Conducted over **500 face-to-face interviews with LAS staff**, reaching all parts of our organisation, in particular those working on the frontline.
- ✓ Debated priorities with **360 LAS leaders** in dedicated leadership sessions across the organisation.
- ✓ Gathered ideas for change from an online crowdsourcing project in which **500 people** from across our organisation took part.

## Further reading

Reports on these important pieces of work are available on our website.

[www.londonambulance.nhs.uk/about-us/our-plans-for-the-future/](http://www.londonambulance.nhs.uk/about-us/our-plans-for-the-future/)

# Working in partnership

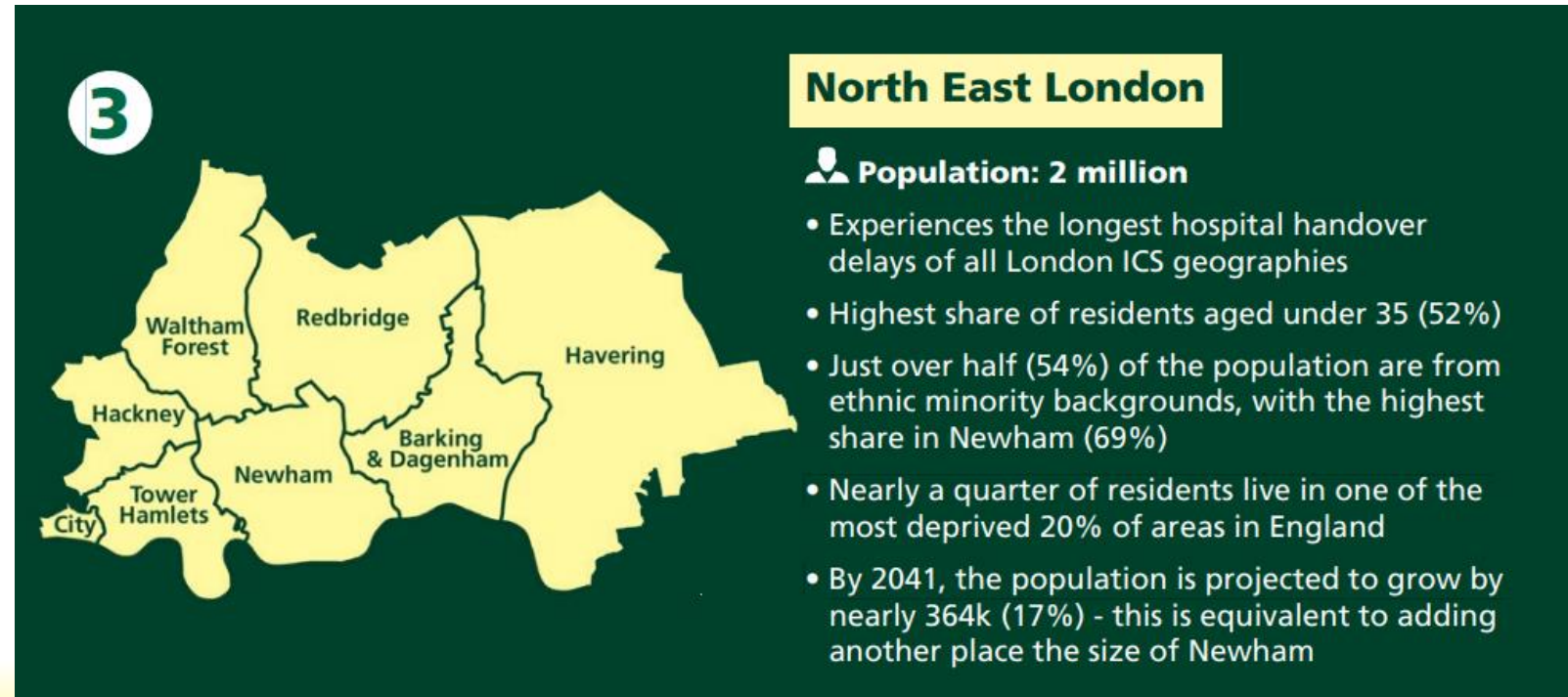
## Interim North East London Integrated Care Strategy

January 2023

Page 112

LAS covers the whole of the city, the only pan-London NHS trust. We are part of London's five integrated care systems, and know that we need to work as a system leader and partner in order to deliver our ambitions.

We analysed each ICS strategy to ensure our ambitions aligned with our system partners and that we developed three missions which reflect the changing needs of our populations.





# Our three missions 2023-28

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## Our care

# 1 Delivering outstanding emergency and urgent care whenever and wherever needed.

- Rapid and seamless care
- Individualised clinical responses
- Outstanding care and leadership of major incidents and events
- A learning and teaching organisation

# Our three missions 2023-28

## Our organisation

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**2** Being an increasingly inclusive, well-led and highly skilled organisation people are proud to work for.

- Inclusive and open culture
- Well-led across the organisation
- Improved infrastructure





# Our three missions 2023-28

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## Our London

**3** Using our unique pan-London position to contribute to improving the health of the capital.

- A system leader and partner
- Proactive on making London healthier
- Green and sustainable for the future

# Implementation plans



## LAUNCH EVENT



## ENGAGEMENT



## IMPLEMENTATION

### Launch event

- **Strategy launched 26 Sept** - we saw nearly 300 members of staff and external stakeholders attend our launch event in Westminster.
- **Influential speakers at our launch event** - LAS Executive Team presented, alongside:
  - **1) Deputy Mayor Baroness Fiona Twycross**
  - **2) NHS London Medical Director and CCIO Dr Chris Streather**
  - **3) Chair of NWL ICB Dr Penny Dash.**

### Engagement

- **Published in accessible formats**, including an Easy Read version, a fully accessible PDF version, a short summary video, and offer alternative formats on our webpage.
- We will **build upon the extensive engagement we conducted in the development stage of the strategy.**
- We will **engage extensively with staff** to promote our strategy, and garner feedback and support for implementing the ambitions.

### Implementation

- The key means of accountability will be through the **business plans for each** year of the strategy implementation – they will include clear measurable outcomes to show progress against the strategy.
- We have **created a Transformation Board** who will enable the delivery of the strategy, and ensure that the feedback from patients and the public is integral to the way we approach transformation.



# Implementation – case study

Strategic commitment: Be a leading UK ambulance service in providing our clinical staff with outcome data for all patients they treat, linking ambulance and hospital data for a joined-up integrated care system.

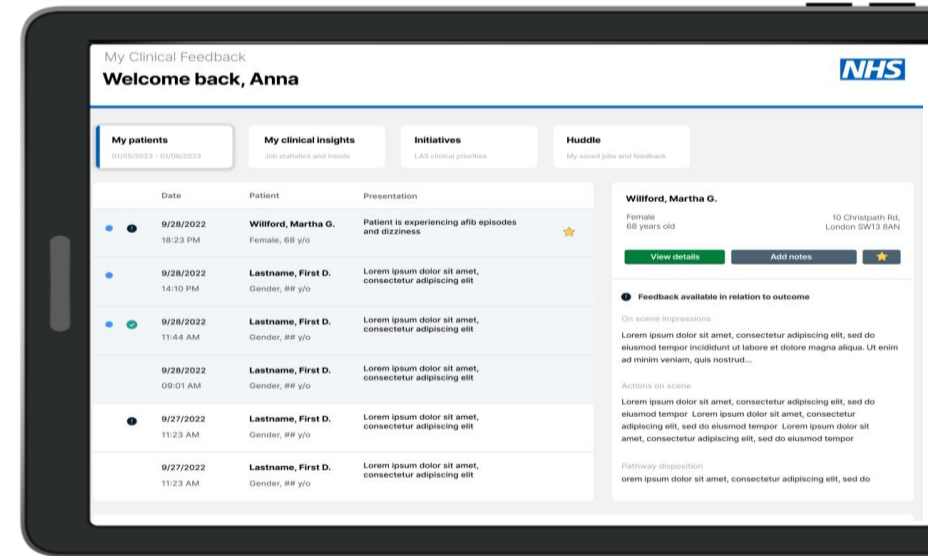


## My Clinical Feedback

### Progress update:

During our engagement with staff in the development phase of the strategy, we heard that they would benefit from outcome data from the patients they see.

- My Clinical Feedback application enables ambulance clinicians to follow up on patients that they have attended, reflecting on the outcomes of these patients and learning about the implications of their on-scene and pathway choices.
- Paramedics and frontline ambulance clinicians are the only clinicians in the UK who receive no routine feedback on the decisions they take for their patients. My Clinical Feedback intends to change this.
- The pilot has started in North West London, and we are hoping to make this available to all ambulance crews in the London Ambulance Service.
- The application has been designed for – and with - LAS clinicians, working closely with over 30 colleagues during design and development.



*We need to switch to a meaningful, feedback positive culture where we can learn from experience and be happier.*

*-- Clinical Team Manager*

# Implementation – case study

**Strategic commitment:** Train 100,000 Londoners collaboratively in basic live-saving skills (CPR) including a generation of secondary school children, as well as reaching all secondary schools with targeted public education initiatives (eg. knife crime) and educating patients and other public services on when to use 999 and 111 and what to expect if they call, running information campaigns to address this.

## Progress update:

- The LAS London Lifesavers (LLS) project is dedicated to improving out of hospital cardiac arrest survival rates across the capital, to make London a safer place to live, work and enjoy. We know that the biggest factor in improving survival rates is increasing bystander CPR.
- We want to address health inequalities in the incidence of cardiac arrest, bystander CPR and distribution of PADs.
- LLS delivers basic life-saving CPR skills and how to use a defibrillator to:
  - Secondary schools across the Capital (in a waved roll-out plan)
  - Pop-up events (at train stations, shopping centres, sporting venues etc)
  - Businesses and not for profit organisations.
- In October, we launched our schools campaign as part of re-start a heart day at City Hall, with 5 schools attending and multiple media publicity (inc BBC London evening News, BBC news press, Evening Standard, socials, local press).
- We launched a joint CPR video with Transport for London and the Mayor of London.
- We have run a series of training pop ups, including at train stations, park runs, Houses of Parliament and London Fire Brigade Open days. We estimate that approximately over 1,000 members attended pop-ups.
- Building our work with businesses, we have had discussions held with 4 Major Banks to run London LifeSavers training. 1st training session held at Barclays Canary Wharf.



# Questions





**London Ambulance Service**  
NHS Trust



## **LAS Performance Report North East London**



**Ben Evans, Associate Director of Operations for North East London**

# LAS in North East London

- North East London ICB covers Barking & Dagenham, City of London, Hackney, Havering, Newham, Redbridge, Tower Hamlets and Waltham Forest.
- Five ambulance groups: Homerton, Newham, Romford, Whipps Cross and Ilford

We are the only  
pan-London NHS  
Trust



**Ilford Ambulance Station**  
North East Sector HQ



**178,784 face-to-face responses** across the sector in 2023 so far (Jan-Nov)



**853 LAS team members** working in North East London



A range of ambulance crew members from clinicians to support staff

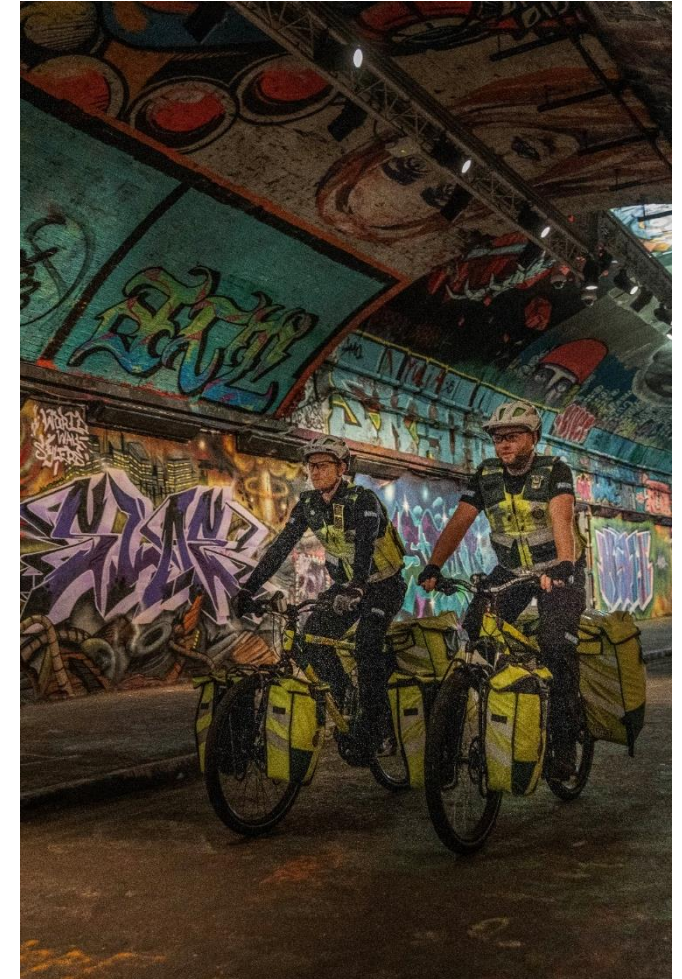


**7 mins 47 secs**  
Average response time to our most seriously unwell patients (Cat 1 calls) across the sector (Jan-Nov 2023)



# North East London – our estate

- North East London is a home to a number of hugely important LAS sites:
  - We have **10 operational ambulance stations** across the sector.
  - Our **Hazardous Area Response Team** has its East Base in Newham.
  - Building1000 Dockside in Newham is home to both our **Dockside Education Centre** and state-of-art **Emergency Operations Centre**, which handles half of the 999 calls that come into the Service.
  - **NHS 111/ Integrated Urgent Care Barking** handles half of the 111 calls across the capital, providing urgent care and GP out-of-hours services.



# North East London – our patients

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- North East London experiences the longest hospital handover delays of all London ICS geographies.
- North East London has the **highest proportion of residents aged under 35** of any sector (52%).
- Just over half (54%) of the population are from **ethnic minority backgrounds**, with the highest share in Newham (69%).
- Nearly a quarter of residents live in one of the most deprived areas in England.
- By 2041, the population is **projected to grow by nearly 364,000** (17%), equivalent to the borough of Newham.



# North East London – hospital handovers

- We continue to work with our NHS partners in North East London to reduce delays and safely release ambulance crews from hospitals and this is making a big difference for our medics and patients, freeing up our clinicians to attend to those who need the most urgent care.



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# Our performance across London in November

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Category of call	LAS mean response time	NEL mean response time	National mean	National target
CAT 1	00:07:35	00:07:40	00:08:32	7 minutes
CAT 2	00:41:19	00:43:07	00:38:30	18 minutes
CAT 3	01:24:26	01:25:54	02:16:47	2 hours
CAT 4	02:24:58	02:31:34	02:36:40	3 hours

Source: NHS England data on performance – November 2023



# Support our work: London Lifesavers

- London Ambulance Service is aiming to make London a city of lifesavers, by organising **life-saving CPR and defibrillator training** for communities, organisations and schools.
- The **London Lifesavers schools programme** – launched in September 2023 – will see our paramedics teach life-saving skills to Year 8 children in every borough over the course of the campaign.
- Support the campaign:
  - Encourage local community groups, businesses and not-for-profit organisations to **sign up for training with our experts**.
  - Promote London Lifesavers to your local **secondary schools**, encouraging them to express an interest on our website.



# London Lifesavers in North East London

- We are using cardiac arrest and demographic indicators to prioritise London boroughs for CPR and defibrillator training over five waves.
- Boroughs with higher cardiac arrest incidence, lower rates of bystander CPR, lower survival rates, fewer defibrillators, greater deprivation and larger shares of ethnic minority residents are being prioritised.
- All secondary schools in wave one and two have been offered training to their Year 8 pupils.
- 23 schools in North East London have expressed an interest in receiving training for pupils and 15 have training dates arranged.

NE London borough	Wave number	Training dates	Number of schools who have expressed an interest in training	Total number of schools*
Barking & Dagenham	Wave 1	Nov 23' – Jan 24'	4	20
Newham	Wave 1		6	30
Redbridge	Wave 1		6	32
Waltham Forest	Wave 2	Feb 24' – Apr 24'	3	26
Tower Hamlets	Wave 2		1	32
Havering	Wave 2		3	26
Hackney	Wave 2		0	48
City of London	Wave 5		0	3

\* Includes state, independent and special educational needs schools.



# Questions





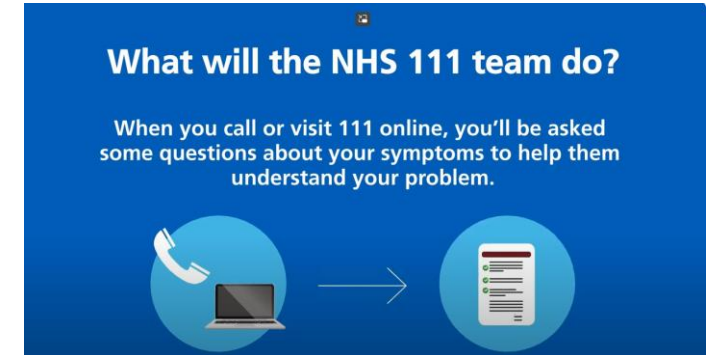
## Integrated Urgent Care (IUC)



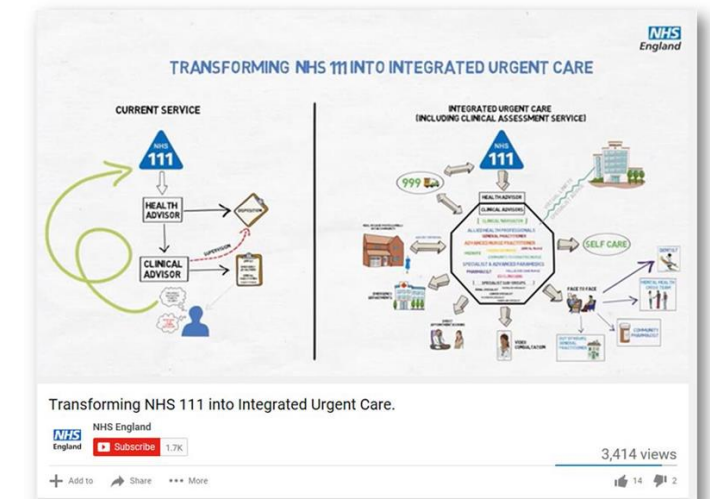
**Jacqui Niner, Director of Integrated Urgent & Emergency Care**

# What is Integrated Urgent Care (IUC)?

- **2011** – Transition from NHS Direct (Signposting) to 111 (facilitates referral)
- **2017** – **IUC Launched across UK** – Transition of telephone triage in GP Out Of Hours (GP OOH) to 111 (Clinical Assessment Service)
- **Provision of integrated 24/7 urgent care access, clinical advice and treatment**
  - Incorporates **NHS-111 call-handling**
  - **Clinical Assessment Service (UCAS)** (formerly GP OOH triage)
    - **Face to face** assessment (downstream provider)
- **IUC has since developed**, particularly the CAS to provide:
  - **111 Cat 3&4 ambulance outcome validation**
  - **111 ED outcome validation**
  - **Access to clinical support** for ambulance crews (\*5) , care homes (\*6) and community HCPs (\*7)



[\(55\) Think NHS 111 first - YouTube](#)



<https://www.youtube.com/watch?v=FIZZu4R6yEU&t=3s>



# London IUC Landscape


## Five London Integrated Care Boards

### 23/24 forecast

- c2.6m 111 calls
- c541k CAS calls

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Pan London



(111 \*5 Answering and clinical assessment)


Cat 3&4 validation

North West London




Lead Contractor

(111 Call Answering 40%)




(111 Call Answering 40%)  
(CAS 38%)




(111 Call Answering 20%)  
(CAS 38%)

South West London




(111 Call Answering 80%)  
(CAS)




(111 Call Answering 20%)

North Central London




(111 Call Answering - overnight)

Lead Contractor




(111 Call Answering)  
(CAS / OOH F2F & HV)

South East London





(111 & CAS)

North East London



(111 & CAS)



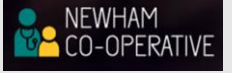
London Ambulance Service NHS Trust

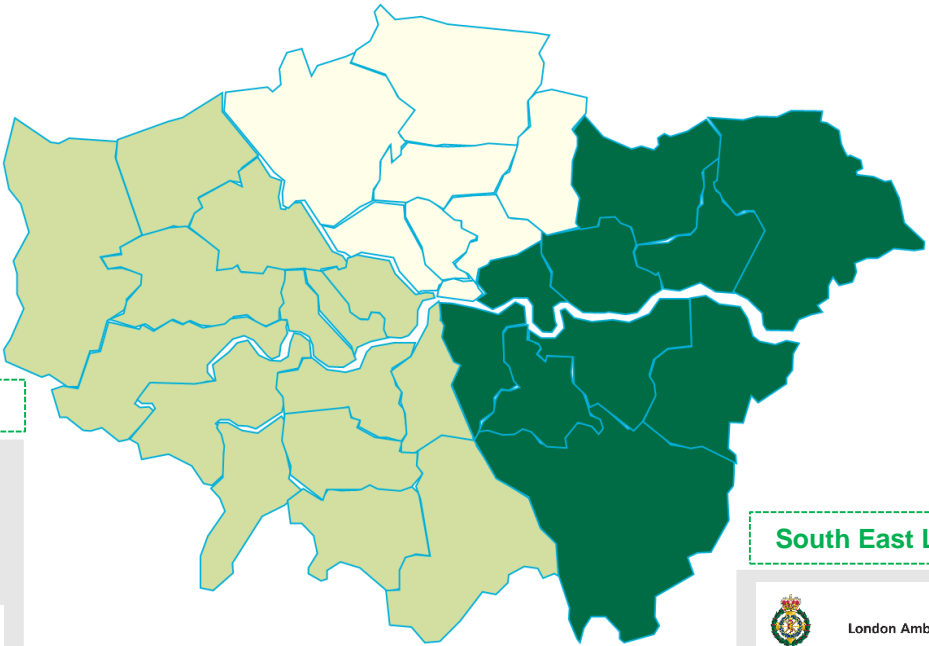
LAS 111 Call Answering is delivered from Croydon & Barking sites via a combined call answering model

Network Partners









# Clinical Assessment Service (CAS)

- Responsible for protecting the system.
- Ensuring ONLY where there is clinical need are patients referred for a face-to-face (F2F) consultation.
- Ensure any referral is made to the appropriate service, utilising all alternative and agreed care pathways.
- Confirm on Directory of Services (DoS) type of referral (F2F or Telephone).
- Wider system options i.e. Same day emergency care (SDEC).

## Face to Face - Attendance/ Centre

Pharmacy/ General Practice/ Extended Access  
Hubs  
Walk-in Centre/ Urgent Treatment Centre/  
Emergency Department

## Face to Face – Visiting

Community Nursing/ GP Visiting/ Rapid Response/  
Ambulance



# IUC operational team roles

- **Service Advisors** – Call answering
- **Health Advisors** – Call answering
- **Clinical Advisors** – Clinical assessment
- **Advanced Nurse Practitioners / GPs / Pharmacists** – Clinical assessment
- **Clinical Navigators** – Clinical queue management

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[https://youtu.be/8puU\\_cKp3xM?si=DFsH10b4XHjsmOEj](https://youtu.be/8puU_cKp3xM?si=DFsH10b4XHjsmOEj)

# IUC operational team roles

## Service Advisor – Non-Clinician

- Trained on Pathways Lite
- Mainly manage asymptomatic patients
- Provide Service Location information
- Administer the star line Health Care Professional – HCP (\*5, 6, 7, 8)
- Repeat Prescription Administration – referral to Community Pharmacist Consultation Service (CPCS)
- Shortened Dental Pathway – referral to smile dental (pan London commissioned dental nurse triage service); they also administer transfer of calls from 999-111

## Health Advisor – Non-Clinician

- Manage symptomatic patients using NHS Pathways
- Highly trained and very good at telephone triage and picking up cues

## Clinical Advisor – Clinician (Nurse/Paramedic)

- Use NHS Pathways to further assess patients and validate health advisor assessment
- Will deal with a specific criteria of patients

## Advanced Practitioners

- Autonomous Clinician using own clinical skills or cleric to support decision making.
- Range of specialities (nurse, paramedic, pharmacist)

## General Practitioner

- Autonomous Clinician, using knowledge and experience to support whole team in the safe management of patient care.

## Clinical Navigator

- Will maintain oversight of clinical queue and responsibility for safe management of the clinical workload. Will move calls between skillsets if required and provide a floor-walking function and immediate access to clinical advice 24/7

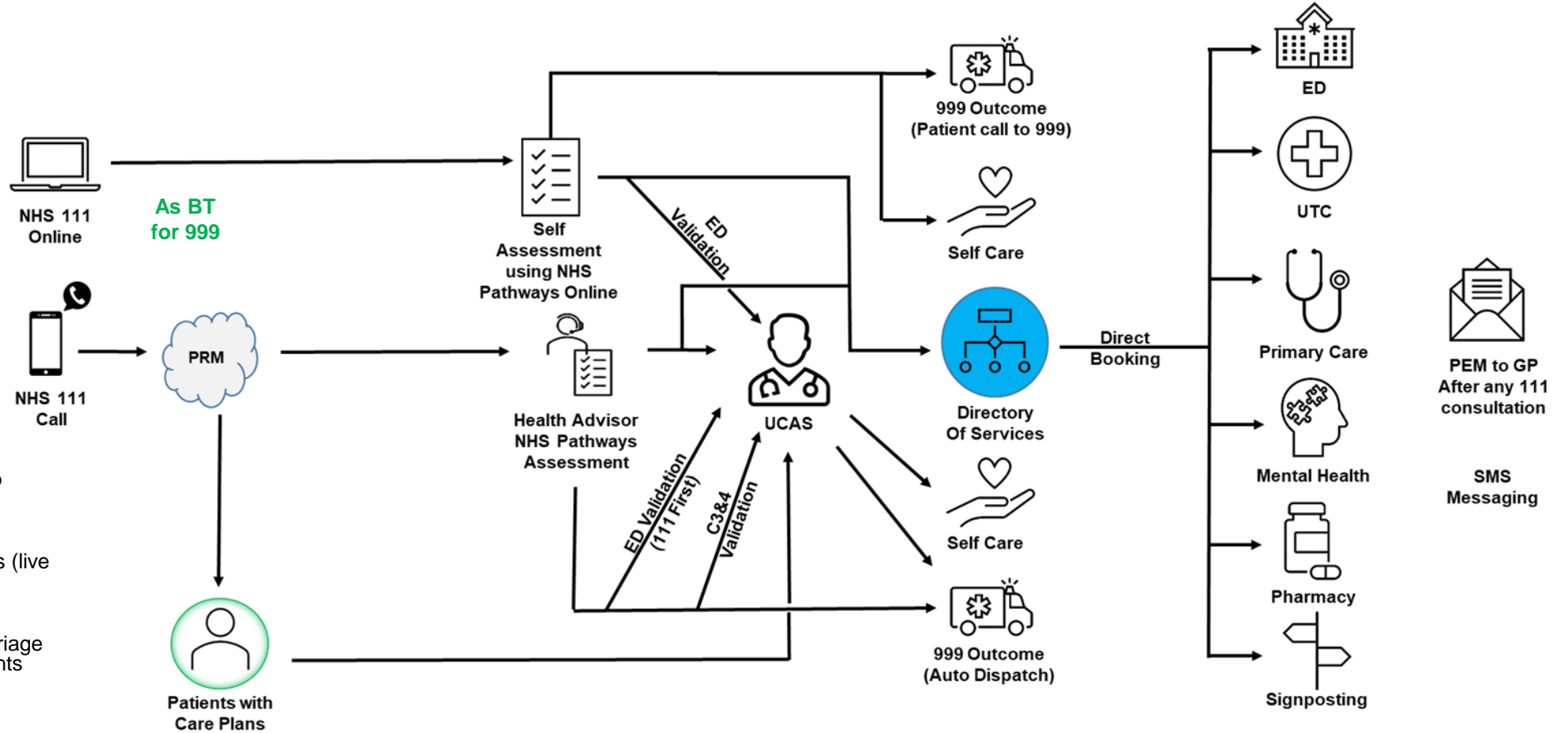
## Duty Supervisor

- Responsible manager for overall service delivery and workforce.

## Deputy General Managers (DGMs)

- Senior on site management team.

# Patient journey through IUC



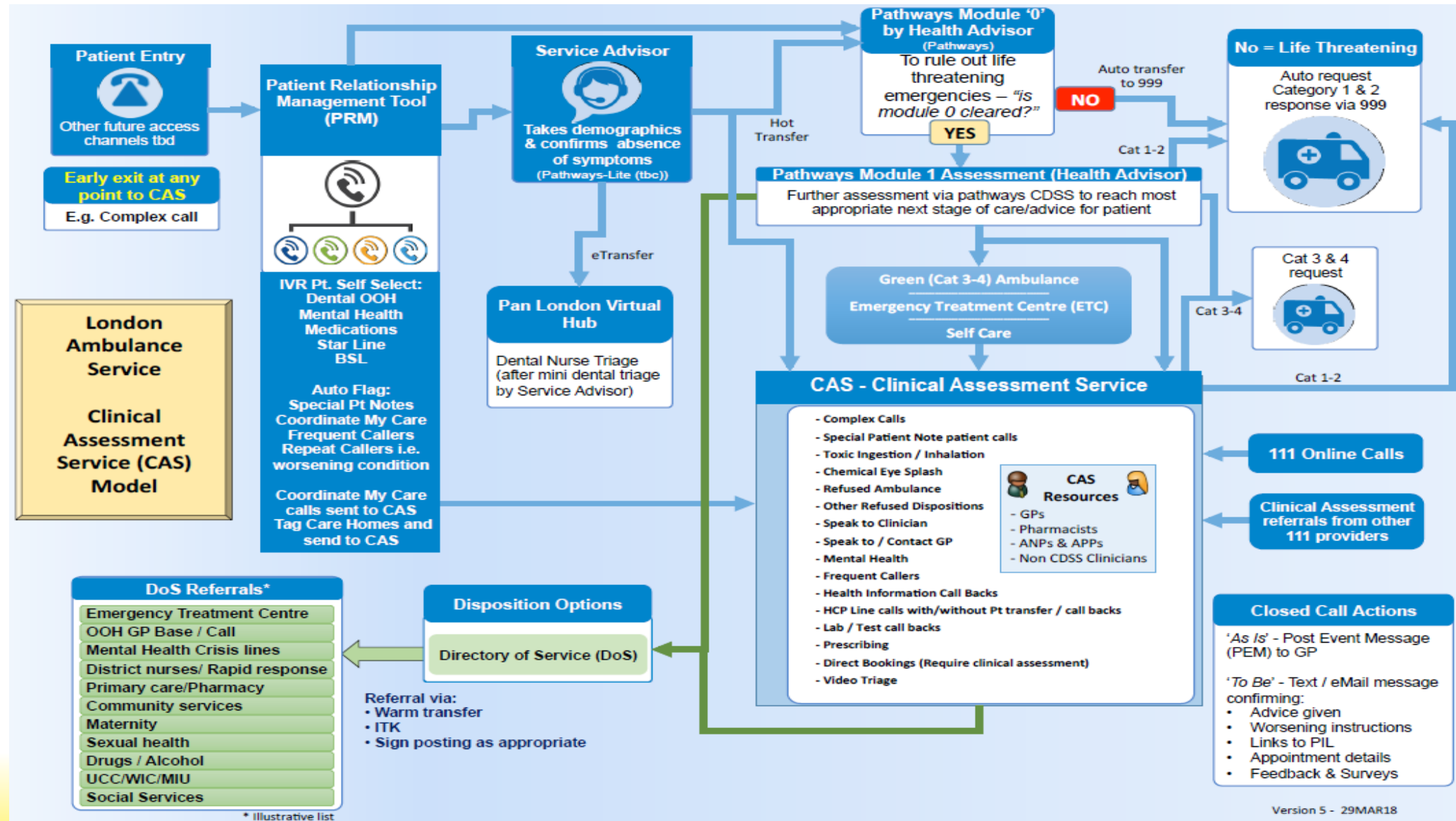
- **PRM** – Patient Relationship Manager (London 111 call routing)
- **DoS** – Directory of Services (live database of all NHS commissioned services)
- **NHS Pathways** – Clinical triage tool used in 111 assessments (AMPDS for 111)

Further information on IUC / 111:

<https://www.england.nhs.uk/urgent-emergency-care/nhs-111/>

# IUC patient flow

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# National Directory of Services (DoS)

- Each has different referral methods, which are detailed within the information that is returned.
- Once triage is complete, the DoS populates appropriate referral pathways based on:
  - Patient's location
  - Presenting Complaint (symptom group)
  - Disposition
  - Clinical need/capabilities of service
  - Inclusion/Exclusion Criteria



# Dispositions

- *Internal*
- Speak to a clinician from our Service Immediately (P1)
- Speak to a clinician from our Service within 30 minutes (P2)
- Speak to a clinician from our service within 1 hour (P3)
- Speak to a clinician from our service for Health Information/Medication Enquiry (P4)
- ETC validation 4 hours (P5)
- Speak to a clinician from our service for home management advice (P6)

## Priority & KPI

**P1 - 20 minutes**

**P2 - 40 Minutes**

**P3 - 60 minutes**

**P4 - 90 minutes**

**P5 – 180 minutes**

**P6 - 240 minutes**



# IUC Key Performance Indicators (KPIs)

KPI Title	Standard	RAG Thresholds		
		Red	Amber	Green
1 Proportion of calls abandoned	≤ 3%	x > 5	3 < x ≤ 5	x ≤ 3
2 Average speed to answer calls	≤ 20 seconds	x > 30	20 < x ≤ 30	x ≤ 20
3 95th centile call answer time	≤ 120 seconds	x > 180	120 < x ≤ 180	x ≤ 120
4 Proportion of calls assessed by a clinician or Clinical Advisor	≥ 50%	x < 45	45 ≤ x < 50	x ≥ 50
5a Proportion of call backs assessed by a clinician in agreed timeframe	≥ 90%	x < 80	80 ≤ x < 90	x ≥ 90
6 Proportion of callers recommended self-care at the end of clinical input	≥ 15%	x < 10	10 ≤ x < 15	x ≥ 15
7 Proportion of calls initially given a category 3 or 4 ambulance disposition that receive remote clinical intervention	≥ 75%	x < 70	70 ≤ x < 75	x ≥ 75
8 Proportion of calls initially given an ETC disposition that receive remote clinical intervention	≥ 50%	x < 45	45 ≤ x < 50	x ≥ 50
9 Proportion of callers allocated the first service type offered by Directory of Services	≥ 80%	x < 75	75 ≤ x < 80	x ≥ 80
10 Proportion of calls where the caller was booked into a GP practice or GP access hub	≥ 75%	x < 70	70 ≤ x < 75	x ≥ 75
11 Proportion of calls where the caller was booked into an IUC treatment Service or home residence	≥ 70%	x < 65	65 ≤ x < 70	x ≥ 70
12 Proportion of calls where the caller was booked into a UTC	≥ 70%	x < 65	65 ≤ x < 70	x ≥ 70
13 Proportion of calls where caller given a booked time slot with a time 1 or 2 Emergency Department	≥ 70%	x < 65	65 ≤ x < 70	x ≥ 70
14 Proportion of calls where the caller was booked into a Same Day Emergency Care (SDEC) service	N/A	N/A	N/A	N/A

## Performance challenges:

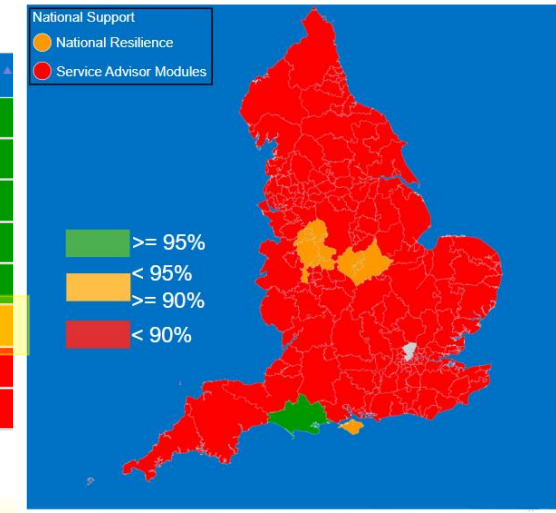
- Increased volume against contract
- Demand profile of calls, i.e. am rush when GPs are busiest
- Staff sickness
- Staff downtime

## Current (Jul-23) LAS Performance

- Abandoned - 8%
- ASA – c40 seconds

Show 10 entries

Region Name	Off	Ans	Abn (%)
<a href="#">National Support</a>	799	721	0.63
<a href="#">North East and Yorkshire</a>	1229	947	1.06
<a href="#">Midlands</a>	2954	2875	1.86
<a href="#">South West</a>	1447	1334	2
<a href="#">East of England</a>	1946	1689	2.16
<a href="#">London</a>	1708	1505	6.97
<a href="#">North West</a>	1989	1299	15.23
<a href="#">South East</a>	2617	2028	15.67

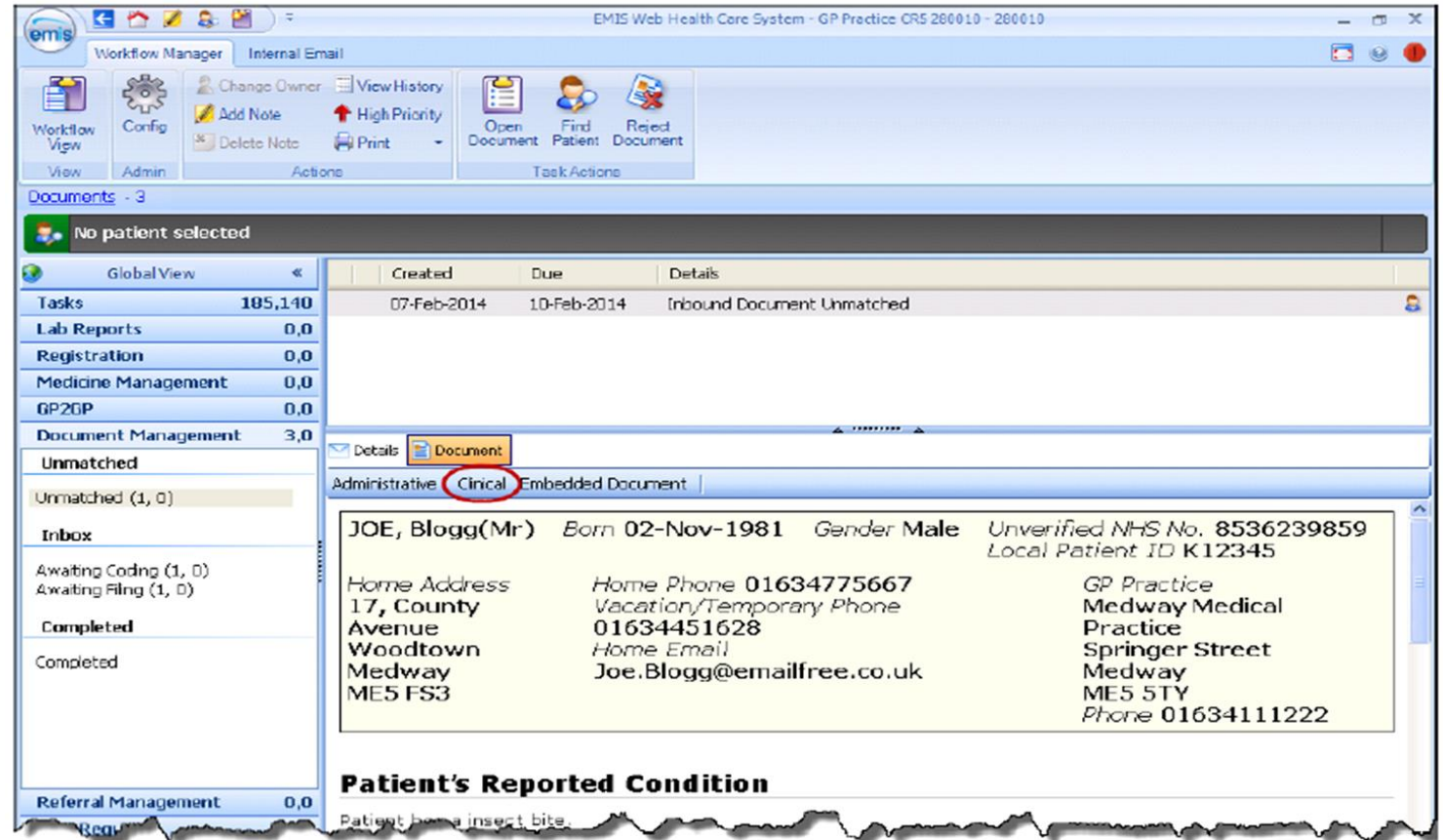


Clinical Commissioning Groups (April 2019) Full Clipped Boundaries in England.



# NHS 111 Post Event Message (PEM)

- Real time report of patient's interaction with 111 sent **into Own GP clinical system**
- Provides information about the whole case.
- This is your communication with Own GP & is what goes on the patients medical record.



Workflow Manager screen with the Clinical option circled in red

# Ambulance Response Programme

LAS provide an integrated approach to managing Urgent and Emergency care.

Working to ensure all patients get the most appropriate response irrelevant of what number they call.

Providing a Pan London validation service across all 111 contracts and supporting crews on scene to support hospital avoidance.

Category	Types of calls	Response standard	Likely % of workload	Response details
<b>Category 1</b> (Life-threatening event)	Previous Red 1 calls and some Red 2s, including: <ul style="list-style-type: none"> <li>Cardiac arrests</li> <li>Choking?</li> <li>Unconscious</li> <li>Continuous fitting</li> <li>Not alert after a fall or trauma</li> <li>Allergic reaction with breathing problems</li> </ul>	7 minutes mean response time  15 minutes 90 <sup>th</sup> centile response time	Approx. 250 incidents a day (8% of total workload)	<ul style="list-style-type: none"> <li>Response time measured with arrival of first emergency responder</li> <li>Will be attended by single responders and ambulance crews</li> <li>The only category that rest breaks will be interrupted to attend</li> </ul>
<b>Category 2</b> (Emergency – potentially serious incident)	Previous Red 2 calls and some previous C1s, including: <ul style="list-style-type: none"> <li>Stroke patients</li> <li>Fainting – not alert</li> <li>Chest pain</li> <li>RTCs</li> <li>Major burns</li> <li>Sepsis</li> </ul>	18 minutes mean response time  40 minutes 90 <sup>th</sup> centile response time	48%	<ul style="list-style-type: none"> <li>Response time measured with arrival of transporting vehicle (or first emergency responder if patient does not need to be conveyed)</li> <li>Some Category 2 calls will be attended by single responder if an ambulance is not available for dispatch within eight minutes of call being received</li> </ul>
<b>Category 3</b> (Urgent problem)	<ul style="list-style-type: none"> <li>Falls</li> <li>Fainting – now alert</li> <li>Diabetic problems</li> <li>Isolated limb fractures</li> <li>Abdominal pain</li> </ul>	Maximum of 120 minutes  (120 minutes 90 <sup>th</sup> centile response time)	34%	<ul style="list-style-type: none"> <li>Response time measured with arrival of transporting vehicle</li> </ul>
<b>Category 4</b> (Less urgent problem)	<ul style="list-style-type: none"> <li>Diarrhoea</li> <li>Vomiting</li> <li>Non-traumatic back pain</li> <li>HCP admission</li> </ul>	Maximum of 180 minutes  (180 minutes 90 <sup>th</sup> centile response time)	10%	<ul style="list-style-type: none"> <li>Maybe managed through hear and treat</li> <li>Response time measured with arrival of transporting vehicle</li> </ul>

# Partnership Working



System Wide Engagement - breaking barriers to allow improved patient journey



Local provider partnerships – improved resilience and shared workforce



General Practice Support Service – integrating Urgent & Primary care to deliver Fuller



Future Procurement – working with commissioners to innovate future service model

# Questions



# Resources and useful contacts



- **Monthly newsletters to stakeholders** – Get the latest news from LAS each month. Contact [londamb.StakeholderEngagement@nhs.net](mailto:londamb.StakeholderEngagement@nhs.net) to receive these updates.
  - **London Lifesavers campaign** – Sign up for training with our experts and promote the campaign to your community and secondary schools. Contact [londamb.londonlifesaver@nhs.net](mailto:londamb.londonlifesaver@nhs.net) or visit our website for more information.
- Read our new **LAS Strategy 2023-28** on our [website](#) and share with communities.
- Hear more from our teams in your local stations and sector. Contact [londamb.StakeholderEngagement@nhs.net](mailto:londamb.StakeholderEngagement@nhs.net).
- Work, volunteer or study with us. Contact [londamb.999recruitment@nhs.net](mailto:londamb.999recruitment@nhs.net) or [londamb.graduaterecruitment@nhs.net](mailto:londamb.graduaterecruitment@nhs.net) to contact our recruitment department.

# London Ambulance Charity



- The London Ambulance Charity is the official NHS charity of LAS.
- We advance the services provided by London Ambulance Service through the following:
  - Enhancing staff and volunteers' physical and mental wellbeing
  - Increasing community resilience through CPR training and community access defibrillators
  - Promote innovation, transformation and efficient new ways of working
- Donations to the London Ambulance Charity have been used to fund things like Wellbeing Support Vehicles, outdoor gardens and rest areas at ambulance stations, and a staff hardship fund
- Your compassionate support funds these important initiatives. You can give online (<https://www.justgiving.com/londonambulanceservice>) or text **GIVEFIVE** to **70460** to donate £5.

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## OUTER NORTH EAST LONDON JOINT HEALTH OVERVIEW AND SCRUTINY COMMITTEE, 9 JANUARY 2024

**Subject Heading:**

Collaboration Update

**Report Author:**

Anthony Clements, Committee Services  
Manager, London Borough of Havering

**Policy context:**

Details will be given of collaborative work  
between the local Acute Trusts.

**Financial summary:**

No financial implications of the covering  
report itself.

### SUMMARY

An update will be given on current and planned work of the London Acute Provider Collaborative.

### RECOMMENDATIONS

1. That the Joint Committee scrutinises the information presented and makes any recommendations or takes any other action it considers appropriate.

**REPORT DETAIL**

Work is in progress to establish greater collaboration between BHRUT and Barts Health NHS Trusts in a number of areas of acute services. These initiatives are summarised in the attached presentation and officers will provide further details to the Joint Committee at the meeting.

**IMPLICATIONS AND RISKS**

**Financial implications and risks:** None of this covering report.

**Legal implications and risks:** None of this covering report.

**Human Resources implications and risks:** None of this covering report.

**Equalities implications and risks:** None of this covering report.

**BACKGROUND PAPERS**

None.

# Collaboration Update

January 2024  
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# Introduction

- Barts Health and BHRUT have been working together along with Homerton Healthcare as the North East London Acute Provider Collaborative (APC) since July 2022 (building on the previous acute alliance).
- The APC supports the population health goals of the NEL Integrated Care System by providing strategic leadership for the transformation of acute clinical services in defined areas, including planned care, cancer and critical care.
- Within the APC, Barts Health and BHRUT has already established a 'closer collaboration' in October 2021 intended to focus together on the enablers of more effective and rapid local delivery of APC clinical strategy. Key enablers include leadership, workforce, informatics and corporate services.
- This paper outlines progress made to date within the APC and the 'closer collaboration' and outlines how these will continue to develop into 2024/25 and beyond.

# Why Collaborate?

*Because by doing so we can deliver better services to our Patients*

- NHS England expects all trusts providing acute and mental health services to be part of one or more provider collaboratives.
- Their stated purpose is to:-
  - Reduce unwarranted variation and inequality in health outcomes, access to services and experience
  - Improve resilience by, for example, providing mutual aid
  - Ensure that specialisation and consolidation occur where this will provide better outcomes and value

*In north-east London we believe that collaboration will provide the platform to deliver world class healthcare to our local populations while reducing health inequalities*

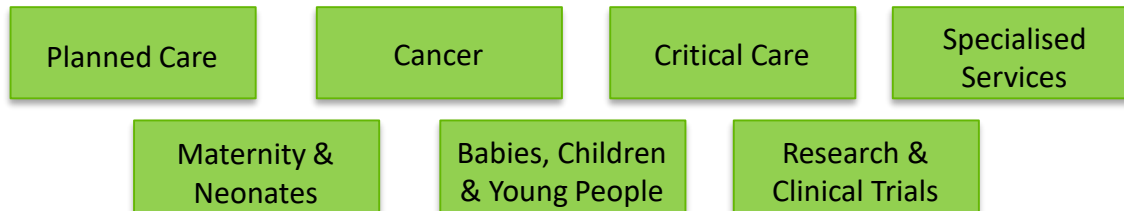


## Acute Provider Collaboration (APC)

- We will shape clinical strategy at an APC level, and have established a **Clinical Strategy group**, led by the Homerton Healthcare CEO to lead this



- The APC will provide strategic leadership for the transformation of acute clinical services in defined areas, including:



### Benefits achieved to date include:

- Planned care backlog reduction through mutual aid across NEL
- Extension of the successful NEL critical care retrieval service to cover the London region
- NEL cancer performance is consistently strong compared with other ICS

# Barts Health & BHRUT – Closer Collaboration

Between us we have a significant asset base



6 acute/specialist hospitals  
1 community hospital across  
a footprint of six London  
Boroughs and City of London



c30,000 staff half of  
whom are from Black  
and ethnic  
communities  
Many of our staff live  
in the boroughs our  
organisations serve



5 Emergency Departments seeing  
over 800,000 people in the last  
year



c3000 inpatient beds



4 maternity units and 2  
freestanding birth centres  
delivering over 20,000 babies in  
the last year



£3bn spend on  
healthcare



Barts Life Sciences will transform  
the future of healthcare, locally  
as well as globally, from a new  
life sciences campus in  
Whitechapel



The rich diversity of the communities we serve and our partnerships at Place with Local  
Authorities, Voluntary Community and Faith organisations and with Primary Care



# Barts Health & BHRUT – Closer Collaboration



- Our closer collaboration was founded on an extensive well-received engagement process in summer 2021, which examined the case for closer collaborative working between the two Trusts.
- Our organisations face **similar performance challenges** in ever-more constrained economic circumstances.
- We want to **attract and retain talented leaders** to sustain improvement in the longer term.
- We can **draw on our joint assets** - including successful experience of collaboration across the Barts Health group of hospitals, and a strong quality improvement methodologies in both organisations.
- We want to learn from each other, **sharing skills and knowledge** across our Trusts
- We think that by working more closely together on targeted programmes **we can accelerate improvement**

## Closer collaboration

How Barking, Havering and Redbridge University Hospitals and Barts Health are working together to improve services for their patients



# Barts Health & BHRUT – Closer Collaboration

There are a number of focussed areas where we believe will provide benefit to patients, staff and the communities we serve

## Clinical – creating the conditions that enable clinicians to collaborate more easily and effectively

- We believe we can achieve even more for patients if we embed collaboration more broadly and deeply in the way we work. We want to create the conditions in which our clinicians collaborate more easily and our hospitals routinely work together, for the benefit of our patients.
- Our aim is that wherever they live, our patients have fair access to the best possible care, through strong local hospitals with links to specialist facilities

## Digital – creating a digital infrastructure that improves clinical decision-making leading to better health outcomes, engages patients and makes work easier for our staff

- We have secured £44m funding for BHRUT to procure an electronic patient record (EPR) for the first time.
- This will enable patients' health records to be viewed by NHS clinicians anywhere in North East London and will provide a platform for greater clinical collaboration and developed shared pathways of care.
- The BHRUT EPR implementation will maximise the learning from Barts own experiences and the expertise of a shared Chief Information Officer
- Work is underway to procure and implement a maternity digital solution across both organisations

## Workforce – redesigning our workforce and improving the working lives of our staff which will positively impact the wider community

- Greater opportunity to develop a flexible staffing model rather than compete for staff, particularly in more specialised areas (both clinical and corporate)
- Harmonising medical and bank rates to reduce inequity, reduce reliance on agency and create more sustainable, high performing teams

## Corporate Services – greater effectiveness and efficiency through being able to operate corporate services and purchase at scale

- Streamline corporate services more rapidly enabling those services that need to operate at scale to do so, whilst retaining relationship-based services locally where needed
- Implementing shared systems to increase efficiencies
- We have already shared our non-emergency patient transport service

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